view from
Weymouth
www.viewfromonline.co.uk PICK UP YOUR FREE COPY Issue 235 Wednesday, January 22nd, 2014

Man left injured in unprovoked attack

OFFICERS in Weymouth are appealing for witnesses and anyone with information to come forward after a man was assaulted in the town.

The incident happened at approximately 7pm on Monday, January 13th outside the shower block on the harbour at Westway Road.

A 59-year-old local man was standing alone while speaking on his mobile phone when he was attacked by two men who had come from the direction of Trinity Road. The offenders punched and kicked him before leaving by an alleyway in the direction of Asda.

The victim sustained a minor facial injury.

Police Constable Dave Thorne, of Weymouth police, said: "This is believed to be an unprovoked attack by two men who appeared to have been drinking.

"It is fortunate that the victim was not more seriously injured.

"It is possible there were other people around in the area at the time who may have witnessed this incident – I urge them to come forward."

The offenders are both described as white, in their mid-twenties, approximately five feet ten inches tall and speaking with local accents.

One man is of stocky build with short, dark untidy hair. He was wearing dark coloured trousers, a beige waist length jacket and a beige baseball cap.

The other man is of medium build. He was wearing dark coloured trousers and a dark coloured jacket.

PC Thorne continued: "I am interested to speak to anyone who may have information that may be able to assist with the investigation. I would ask them to call Dorset Police in confidence as soon as possible."

Witnesses and anyone with information should call Dorset Police in confidence on 101, quoting incident number 13:365. Alternatively, call the free and anonymous Crimestoppers line on 0800 555 111 where mobile phone tariffs may apply.

Officers in Weymouth are also appealing for witnesses to come forward after two assaults in the Melcombe Regis area of the town.

The incidents happened at approximately 10.55pm on Wednesday January 8th at the bus

TURN to page 3

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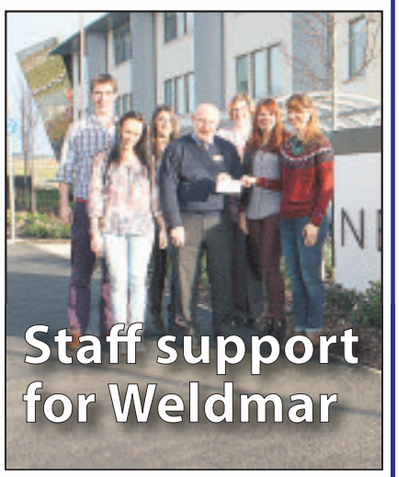

NEW Look staff in Weymouth have pledged their support for te Weldmar Hospiscare charity.

See page 5 for full story

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WATER SURVIVAL BOX - see page 16 for an update to the *View From's* charity appeal

View People

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www.viewfromonline.co.uk

To find out more about our charity campaign or to donate to Water Survival Box phone James Coles on 01297 446155

MIKE Kelly, planning consultant, was born in Barnet and went to school in Muswell Hill.

He worked in an insurance company but hated it and went to work at County Hall, London, before coming to Weymouth in 1977.

He is president of Weymouth and Portland Access Group.

● WHY do you live in Weymouth?
Because it is a wonderful place. When I retired from Weymouth and Portland Borough Council my wife and I thought about moving to Ross-on-Wye, but we discovered that Weymouth had too big a hold on us and we stayed.

● WHERE do you go for your holidays?
The last one was in Scotland, but Portugal and Spain are our favourites because of the sun.

● WHAT is your favourite time of the year?
Spring because the year is coming to life and everything is growing.

● WHAT is your favourite film?
Far From the Madding Crowd. I knew one of the extras who appeared in several scenes and it is a film which has always fascinated me.

● WHAT is the scariest thing that has ever happened to you?
In 1967 I was mountain climbing in Norway and I lost my grip on a rock face. I only saved myself by grabbing a sapling otherwise it would have been bad. It was an awful long way down.

● IF you could live your life again what would you be?
I did used to wonder about teaching, but I am not sure that I could handle 30 children!

● WHICH three people would you invite to your dream dinner party?
Mo Farah because his story from war-torn and poverty-stricken Somalia to run for us in the Olympic Games must be a remarkable one, Jo Brand because she is such a good comedienne and Ray Davies from the pop group, The Kinks, because he went to the school next to mine and our pupils used to fight their pupils!

● WHAT would you do if you won the Lottery?

Travel a lot more of the world and I would also help two brilliant schemes – The MEMO Project and Jurassica – which will put Portland firmly on the map.

● WHAT do you hope the future holds?
I hope that I have good health and that Weymouth gets the appreciation it deserves.

60 SECOND INTERVIEW

If you would like to be a 60 Second Interviewee phone 01297 446154 or email francesca @pemedia.co.uk

Info at a glance ...

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Weymouth Community Hospital ..... (01305) 251150
Portland Community Hospital ..... (01305) 820341

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The Lyme Practice ..... (01297) 442195
Kent House Medical Practice ..... (01297) 443399
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Police conduct extra patrols following malicious car fires

OFFICERS in Weymouth are appealing for witnesses and anyone with information to come forward after malicious fires in the Littlemoor area of the town.

The incident, in which two cars were set alight, happened at around 2.20am on Wednesday, January15th in a car park near to Nuthatch Close.

Detective Sergeant Nicky Baker, of Weymouth CID, said: "This is a very upsetting incident for the victims and local residents in the area.

"It appears that these vehicles, which were parked next to each other, were set on fire deliberately. This behaviour is highly irresponsible and extremely dangerous – it was fortunate no one was injured.

"I urge anyone who saw any suspicious activity in the area at the time to come forward.

"Any witnesses or anyone with information are should contact the police as soon as possible.

"All calls are treated in the strictest confidence."

Inspector Neil Wood, of Weymouth police said: "I would like to reassure residents in Littlemoor that extra patrols are out in the area in response to this incident.

"Dorset Police has been working hard with our partner agencies to tackle crime and anti-social behaviour on the estate in the last 12 months and these issues will not be tolerated."

No one has been arrested. Witnesses and anyone with information should call Dorset Police in confidence on 101 quoting incident number 15:16. Alternatively, call the free and anonymous Crimestoppers line on 0800 555 111 where mobile phone tariffs may apply.

Police appeal for assault witnesses to come forward

FROM page 1

stop outside The Rock & Fudge Shop along The Esplanade.

One of the victims, an 18-year-old local man, was waiting at the bus stop when he was approached by another man and punched in the face causing a cut to his eye.

Police Constable Jamie Heath, of Weymouth police, said: "I believe the offender had already assaulted a man on a bicycle just before this incident.

"It would appear that this man was taking out his frustration and anger on two innocent members of the public, which has resulted in visible injuries and a degree of shock."

The offender has been described as about six feet five inches tall and of chubby build. He was wearing a grey top.

PC Heath continued: "A number of people were at the bus station and would have witnessed what happened. I urge them and anyone with information to call Dorset Police in confidence as soon as possible.

"I am also interested to hear from the man who was assaulted on the pushbike."

Witnesses and anyone with information should call Dorset Police in confidence on 101, quoting incident number 09:256. Alternatively, call the free and anonymous Crimestoppers line on 0800 555 111 where mobile phone tariffs may apply.

Local MP visits Weymouth College job club

WEYMOUTH College Principal Liz Myles was pleased to welcome Richard Drax MP to the College-run Weymouth and Portland Job Club last week.

The job club provides unemployed people across Weymouth and Portland with personal and professional advice and support, in order to help job-seekers back in to work as quickly as possible. Job club attendees can use the on-site IT facilities to search and apply for work and can access guidance on CV writing, help with drafting letters of application, interview preparation and much more.

Weymouth College provides these services free-of-charge to job club attendees. In addition, job club staff can assess attendees' suitability for and refer them to relevant courses and qualifications offered by the college that may assist in improving their employability.

During his visit, Mr Drax met with some of the job-seekers attending the club this week and was given a tour of the facilities by Weymouth College Principal Liz Myles and Preparation for Work Co-ordinator, Julie Ellis, who oversees the job club's operation.

Mr Drax said: "I am very impressed with the college's job club, which, judging by the number of attendees, is very much needed.

"I congratulate Weymouth College and the staff here for doing all they can to help those who want to work.

"Equally, I must congratulate those who attend because they want to work, which must be the way forward."

Weymouth and Portland Job Club is held every Thursday at Weymouth College's Town Centre Campus, at 106 St Mary's Street, Weymouth.

MP Richard Drax visits the Weymouth and Portland Job Club

Driver fails to stop

POLICE in Weymouth are appealing for witnesses and anyone with information to come forward after a fail to stop road traffic collision in the town.

At approximately 8.40am on Tuesday, January 14th an incident occurred between a black Hyundai car and a white lorry on Radipole Park Drive .

The wing mirror and driver's side window of the Hyundai was smashed as a result of the collision.

The driver of the lorry failed to stop at the scene. It is described as a white cabbed vehicle and had a cage on the rear.

Police Constable Andy Dickinson, of Weymouth police, said:"I am appealing for anyone with information about this incident to contact Dorset Police urgently.

"I also urge the driver involved in this collision to do the right thing and speak with the police.

"All calls will be treated in the strictest of confidence."

Witnesses and anyone with information should call Dorset Police in confidence on 101 quoting incident number 14:97. Alternatively, call the free and anonymous Crimestoppers line on 0800 555 111 where mobile phone tariffs may apply.

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QUINN, DECLAN & ELOISE
ON 15TH JANUARY - IN HOUSTON USA
BABIES AND MOTHER ALL WELL
Grandparents and family send their love

21 — HAPPY 21ST SPUD
FOR 24/01/14
Lots of love Mum, Pops, Aydan & Marley

Katherine Cooke
IS SIXTEEN
Happy Birthday
Love from Mum & Charlotte

JENNA-MARIE KING
HAPPY 11TH BIRTHDAY
LOTS OF LOVE MUM, RYAN, ALL YOUR NANA'S, GRANDAD'S, AUNTIES, UNCLES, COUSINS & MAX

40 — HAPPY 40TH DEB DEB
Have a fantastic weekend
All my love Rod x x x

18 — HAPPY 18TH BIRTHDAY EMILY RICE
Lots of love & hugs from Mum, Ade, Tom, Abi, Wallace & Jack x x x

HAPPY BIRTHDAY MY BEAUTIFUL FIANCÉ
JADE WAKELY
HOPE YOU HAVE A GOOD DAY
Lots of love Justin

40 — HAPPY 40TH MUM
ON 24TH JANUARY
Enjoy your weekend at Woolly!
Lots of love from Kiran & Carly x x x

HAPPY BIRTHDAY KATHERINE COOKE
16 ON 21ST JANUARY
Lots of love from Grandma & Grandad

PAGE-SMITH
CONGRATULATIONS TO KEVIN & SIANNE
ON THE BIRTH OF YOUR BEAUTIFUL BABY SON LEWIS
ON 10/01/14 - LOVE FROM ALL THE FAMILY

70 — HAPPY 70TH BIRTHDAY TO "BRIAN RENDALL ABOUT IT"
With lots of love & best wishes
Pete & Tom x x x

3 — HOLLIE BECKETT
HAPPY 3RD BIRTHDAY
ON 27TH JANUARY 2014
Love Gran & Grandad Beckett

40 — DEB DEB IS 40!
HAVE A LOVELY BIRTHDAY
Lots of love from Nicky, Tom, Abbie & Hollie

TO JAKE
HAPPY BIRTHDAY AT 21
Love & best wishes from Mum, Zoe, Gran & Grandad

50 — TERRY STOODLEY
HAPPY 50TH BIRTHDAY
Love from all at Bridport Community Hospital
SATURDAY 25TH JANUARY

SPECIAL BIRTHDAY WISHES TO
ZOE BRAUNTON-TURNER
Love you lots James x x x
ON 21ST JANUARY

TO OUR LOVELY COSIN
KATHERINE
NOW SIXTEEN
From Alex, Pia, Nicky, Jenny & Auntie Angie x x x

40 — HAPPY 40TH DEBBIE
WHERE HAS THE TIME GONE?
Love from Mum & Dad x x x

18 — Happy 18th Birthday Emily
Love Grandma & Grandad
Have a great day!

FREE FAMILY ANNOUNCEMENT FORM

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PLEASE NOTE: We cannot accept announcements without a signature, adress and telephone no.

All announcements must be in by 12 noon on Friday for the following weeks publication.

Has Dorset got talent?

WELDMAR Hospicecare has launched a brand new talent competition, exclusive to the residents of Dorset, and is looking for people of all ages to register and showcase their talent.

Auditions will be open in various venues throughout the county in February and March:

- Saturday, February 1st at Weymouth College
- Saturday, February 8th at Charlton Down Village Hall
- Saturday, February 22nd at Blandford Corn Exchange
- Saturday, March 1st at Gryphon School in Sherborne
- Saturday, March 8th at Freshwater Beach Holiday Park at Burton Bradstock.

Anyone of any age, with any talent, is encouraged to register for their chance to win two top prizes. The winner will receive £500 cash, kindly donated by the Hive Beach Café, and a family holiday at Freshwater Beach Holiday Park.

It has also been confirmed that talent scouts are attending the final, which will be held on Saturday, March 15th at Freshwater Beach Holiday Park.

If applicants are successful in their audition, they will be invited back to perform that evening in one of the five semi-final events. Two acts from each semi-final will be brought through to the grand final on March 15th.

The audience at the semi-final performances will vote for their favourite act with the one with the most votes automatically going through to the final. The judging panel will then decide out of the next top two acts, which one is through to the final.

Any talent, no matter how big or small is welcome.

Singers, dancers, illusionists, animal agility acts, magicians and musicians, all acts are encouraged to enter. People can register their talent and secure an audition slot by visiting www.weld-hospice.org.uk/talent.

Public warned to take care on the coast

THE risk of landslides and rock falls has increased following severe weather and sea conditions across Dorset.

Residents and visitors to the county are encouraged to follow safety advice along the coastline as landslides and rock falls can occur quickly and without warning.

Tides have also re-shaped and stripped beaches around the coast meaning it is easier to get cut off by the incoming tide.

The coast path will be very muddy and slippery in places. Keep to official routes and follow warning signs at all times.

More information about landslides and rock falls can be found at www.dorsetforyou.com/410768.

Councillor Robert Gould, Leader of West Dorset District Council, said: "The Jurassic Coast is a fantastic place to enjoy, but we remind anyone visiting the area that they should explore with common sense and caution.

"Please remember to pay attention to any messages and signs around the coast and not to take any unnecessary risks."

Councillor Ian Roebuck, Brief Holder for Environment and Sustainability at Weymouth & Portland Borough Council, said: "We advise people to stay away from the cliff tops and the base of cliffs as cliff falls can happen at any time.

"Do not walk or climb over landslide or cliff fall debris, especially during and after wet weather as it is easy to get stuck in mud and quicksand."

Drivers should only go through flood or surface water if necessary. Always check the water is not too deep and drive slowly through it.

Local authorities and agencies can help residents in emergency situations but it is the property owner's responsibility to protect themselves in the first instance.

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New Look support for Weldmar Hospice

DURING 2013 high street fashion retailer New Look, has supported a number of charities across the country – including Weldmar Hospicecare Trust.

Each of the stores and support centres have partnered with a charity. New Look's Weymouth Support Centre chose to support Weldmar.

In December 2013, the Weymouth Sports and Social team held a Christmas raffle and quiz and recently presented a cheque for £1458.66 to Jon Panton, Weldmar's Business Fundraising Manager.

Jon said: "New Look was founded in Dorset. Although they have had national and international success, we are grateful that they still support a local charity. The support we receive from businesses in Dorset helps Weldmar to offer our services to patients free of charge."

Rebecca Wren, Internal Communications Manager for New Look, said: "We're delighted to have partnered with Weldmar Hospicecare Trust. It's a fantastic local charity and dear to many of our members of staff, friends and families hearts. We look forward to working with Weldmar in 2014, supporting them with their fundraising events and volunteering."

NEW Look members of staff with Jon Panton from Weldmar. From left to right: Robert Moger, Kerry Coe, Jo McCourt, Jon Panton, Carla Brown, Jemima Leach and Rebecca Wren

Top marks awarded to home care service

A DORSET organisation is celebrating the new year in style after receiving top marks for its care services.

East Dorset Housing Trust's domiciliary care and support service was described as "outstanding" following a Care Quality Commission (CQC) inspection.

The company provides services to people in their own homes throughout Dorset including schemes in Weymouth, Portland, Dorchester and Bridport within the community.

Last year alone it delivered more than 94,000 hours of care to the sheltered elderly, adults with learning disabilities and other vulnerable client groups.

The unannounced inspection focused on customer choice, welfare and safety and how the organisation supports staff and assesses the quality of service.

Inspectors looked at client records and interviewed customers, families and staff members. The findings of the inspection concluded that East Boro met and exceeded all standards.

The results will now lead to a jobs boost with East Boro looking to expand its services across the county.

Mary Stepin, East Boro's director of housing care and support said: "East Boro prides itself on providing quality Person Centred Care and Support; we strive to ensure our service is delivered to the highest quality and standards everyday of the week, and the CQC Inspector report validates our ethos and the way in which we provide our services.

"It gives our customers confidence to know that East Boro Care and Support team have been inspected by CQC, the Independent regulator of all health and adult social care, and that the service complies with Government requirements.

"This outstanding report now means we can push ahead with our recruitment drive as we endeavour to meet an increased demand for service provision across Dorset.

"We are actively looking to recruit a large number of day and night support and care workers to work with a variety of client groups and are delighted to be in the position to offer local jobs to local people."

Business course for young people

YOUTH charity The Prince's Trust is calling on aspiring young entrepreneurs to take part in a course to learn about setting up their own business.

The Prince's Trust Enterprise programme gives unemployed young people the skills and confidence to start their own business or find work.

As part of the course, young people will take part in a four-day workshop in Weymouth which will teach them the basics about running a business.

The course will be taking place in Weymouth between Monday, February 10th and Thursday, February 13th.

The Enterprise programme is open to unemployed people aged 18-30.

For more information on how to book onto this course please contact The Prince's Trust on 0800 842 842.

Foxglove planting

THE Friends of Lodmoor Country Park are holding a mass planting of hundreds of native foxglove plants.

The friends raised the plants from seed during the last six months to enhance the natural beauty of the park.

A spokesperson for the group said: "Of course we can't do this without the sterling help of the lads from the parks department who will be getting their hands dirty on our behalf.

"Volunteers will be asked to bring their own trowels."

The planting event will take place in the park on Tuesday, February 21st, meeting at the Children's Play Area at 10.30am.

Got a story? Email hdswalton@yahoo.co.uk

LYME BAY AUCTIONS

Next Auction

Monday 27th January

10.00am

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Saturday 25th / Sunday 26th January
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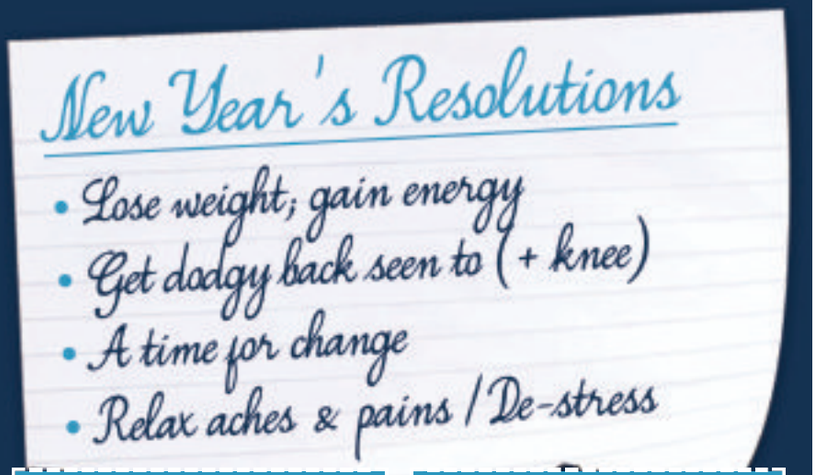

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Hospice fundraising plans

THE Weymouth and Portland Friends of Julia's House children's hospice are heading into the New Year with busy fundraising plans.

Fundraising kicked off with a donation raised from audiences at Weymouth Pavilion's pantomime. Donations were made during four performances and Julia's House fundraisers were grateful for all donations made.

Events planned for February include an open day at Julia's House on February 19th and Portland Rotary Club will be holding a table-top sale in aid of the charity on Saturday, February 8th.

Sounds of the music hall

MUSIC Hall star Marie Lloyd will be celebrated during a fundraising evening for the Friends of Greenhill Gardens.

Singing the songs of 'queen of the Music Halls' will be iImpersonator and singer Rita Barrington celebrating some fantastic Music Hall favourites at The Lodmoor Pub, Preston Beach Road, Weymouth.

The evening will take place on Friday, January 24th 7.30pm. Tickets cost £8.50 and includes a jacket potato supper.

Tickets are available from Barbara Dubben 01305 782419.

Valentine's singles night

THE Pavilion theatre is throwing open its doors to Weymouth's lonely hearts next month.

While the venue will be hosting a Valentine's Ball on the day itself (Friday, February 14th), it will also be hosting a singles nights the following evening.

Organiser Catherine Steel said: "The pavilion is holding a Valentine's Ball on Valentine's day itself aimed at the couples crowd but we decided there was a need for an event for those who unfortunately don't have a significant other in their lives."

The event will also raise money for the British Heart Foundation, with £2 from every ticket sold going to the charity.

The evening starts at 8pm on Saturday, February 15th and tickets are £8 available in advance from Weymouth Pavilion.

For more information phone 07944357609.

Weymouth tops swimming league table

PEOPLE in Weymouth swim more regularly than almost anywhere else in England, according to a new league table published today by Diabetes UK.

According to the league table, based on Sport England data, 10.4 per cent of adults in Weymouth say they swim once a week.

This puts them at number four in the league table for the places with the most regular swimmers, behind South Lakeland (11.5 per cent), Mid Sussex (11 per cent) and Richmond upon Thames (10.7 per cent).

Cheltenham (10.4 per cent), North Kesteven (9.89 per cent), Crawley (9.72 per cent), West Oxfordshire (9.7 per cent), Islington (9.69 per cent) and Charnwood (9.65 per cent) have also made it into the top ten.

Surprisingly, Channel swim start point Dover came in last place in the league table, at 221st.

Diabetes UK has published the league table to launch its Swim 22 challenge. This is Diabetes UK's channel swim pool challenge where participants swim 22 miles (the distance across the English Channel) at their local pool. The challenge will take place between February 22nd and May 22nd and Diabetes UK hopes it will encourage more people to take up swimming as well as raise funds.

Paul Amadi, Director of Fundraising for Diabetes UK, said: "Swimming is a great way to keep physically active, which is really important for preventing Type 2 diabetes and or helping to manage diabetes if you already have it.

"Clearly, people in Weymouth are already taking this message to heart and it is great to see that so many of them are swimming already. Whether this is because they have beautiful swimming locations such as the Jurassic Coast on their doorstep or if they are just doing it at their local pool like the rest of us, swimming is a great way of getting your regular physical activity. And because many people find it so enjoyable, it is something they may be more likely to stick to in the long run.

"This is why Swim 22 is such a great way to support Diabetes UK. As well as raising money to help us continue with our vital work in supporting people with diabetes and those at risk of developing Type 2 diabetes, Swim22 can also be the spur you need to take swimming up and to challenge yourself to get fitter. Also, because you can do the 22 miles over three months, you can gradually build up your fitness and hopefully make swimming regularly a habit you end up sticking to."

To sign up visit www.diabetes.org.uk/swim22.

Nothe offers evacuee experience this half term

MRS Mop in the wartime kitchen

THE Nothe Fort in Weymouth will be hosting special family days offering an evacuee experience during the February half term school holidays.

This activity is normally only available for school and community groups, however on this occasion it is open to all. At fort you can experience a 1940s school room supervised by a very strict headmaster complete with cane, an air raid shelter drill, see the Weymouth at War exhibition, Mr Arkwright's shop and rationing and Mrs Mop doing the washing at home.

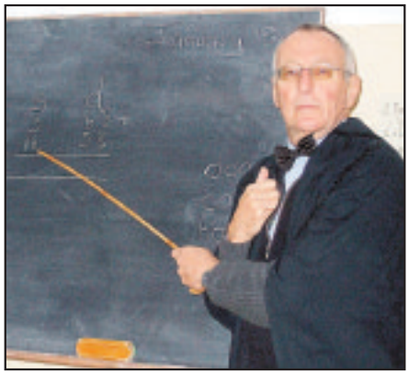
Attendance is by ticket only and numbers will be restricted, so book early to guarantee your place.

All children must be accompanied by an adult.

The evacuee experience will be open on Monday, February 17th, Wednesday, February 19th and Friday, February 21st.

Doors open at 9.30am for prompt start at 10am.

All tickets are £8 per person, to include a wartime lunch, and can be purchased online www.nothefort.org.uk.



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If you qualify, call 01308 440071

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Top award for care specialists

CARE specialists Regard, who run residential care homes across the country, including two in Weymouth, have been presented with a prestigious award by industry assessors.

Regard has achieved an "Investors in People" silver award in recognition of the way it has transformed its business performance through the support and motivation of its team.

Sandie Foxall-Smith, who was appointed chief executive officer of the company in June 2012, said the accreditation was in recognition of the hard work of care managers and their staff.

"We are delighted to have received such a positive report which is a true reflection of the dedication and effort from all the staff within Regard. The silver award is a credit to all involved in the business," she said.

The report praised Regard, for being "genuinely committed to the ethos of continuous improvement" and the "enormous amount of dedication, hard work and real concern for the welfare and happiness of the residents".

It also said: "Your employees feel genuine passion for, and commitment to, their work with service users and fully appreciate the skills and knowledge given to them through focussed learning and development."

John Telfer, managing director of Investors in People South, said: "Being presented with the silver award is a well-deserved achievement and demonstrates the high value Regard places on staff development.

"I hope organisations are encouraged by this example to work towards the Investors in People Standard, which can help to enhance competitiveness, boost turnover and increase staff retention."

The Investors in People assessor visited services in Caterham, London, Cardiff, Weymouth, Havant and Ferndown.

The silver award has been awarded to fewer than 600 organisations in the country, which is just 2.82 per cent of all organisations awarded the Investors in People standard.

The standard is a framework of best practice, awarded to well-run organisations that meet set criteria such as learning and development, leadership skills, and recognition and award of staff.

Regard, which was founded in 1994, employs more than 1400 direct care staff to support service users with learning disabilities, mental health needs or acquired brain injuries.

'Investors in People' is a business improvement tool administered by UK Commission for Employment and Skills and supported by the Department for Business, Innovation and Skills.

REGARD CEO, Sandie Foxall-Smith

Donate unwanted gifts to a good cause

AUTISM Wessex, the regional charity providing services for anyone affected by autism and other developmental disorders, is calling for the local community to donate any unwanted Christmas presents to the charity this January.

Holding fundraising events throughout the year, the charity is always looking for quality raffle prizes and auction lots to help raise vital funds for the charity, which has been supporting people affected by autism for more than 45 years throughout the region.

Paul Reade, Community and Events Fundraiser said: "We all receive gifts which, although given with the best of intentions, aren't always suitable for us as gifts for one reason or another. We are urging the local community to generously donate any unwanted items, whether it be a bottle of wine, a toiletries gift set, unwanted books, DVDs, vouchers, unwanted chocolate boxes or biscuits etc to drop them into our Christchurch or Dorchester office for our raffle collection. We do ask the items are in perfect condition and we will use the items at events we will be holding throughout the year to help raise vital funds. Please don't let items gather dust when they could help us make a real difference."

Autism Wessex is the regional charity providing high quality specialist services for people affected by autism including specialist education, social care and advocacy services to anyone who may need it.

Children with autism become adults with autism. Autism is a lifelong condition. While there is no cure, Autism Wessex believe that with appropriate education, support or care and by making the world an easier place to understand, the impact of autism can be reduced and people with autism can be active citizens enjoying maximum independence and a good quality of life.

The next event will be a Spring Bike Ride Challenge with competitors given the opportunity to compete on either a 30 or 60 mile course.

All entries to be submitted via the British Cycling Website at www.britishcycling.org.uk.

To phone the fundraising team call 01202 703597.

Home from Home service launched for Dementia sufferers

A PIONEERING service to help people with dementia and memory loss has been launched in South and West Dorset.

East Boro Housing Trust is offering home from home respite for sufferers and carers.

The organisation is recruiting people to host small daily social groups in their own homes.

This gives sufferers a unique opportunity to meet and socialise with like-minded people in a safe and stimulating environment.

The service, which is called Home from Home, was initially developed by East Boro on behalf of Bournemouth Borough Council and the Borough of Poole. However, it has proved so successful that the Wimborne-based organisation is now rolling it out across South and West Dorset.

Sam Way, East Boro's Home from Home co-ordinator, explained: "Dementia and memory loss can be extremely distressing and isolating. Our Home from Home service gives people the opportunity to chat, make new friends and enjoy activities in a supportive and caring environment.

"At Home from Home we treat people as people, not as sufferers, and at all times we encourage them to be as independent as possible.

"The service is also great for carers as it gives them a break and opportunity to do the things they need to do, safe in the knowledge the person they care for is being supported by a host."

Hosts will welcome up to four people aged 55 and over into their homes between 9am and 3pm on week days. There they provide a range of person-centred activities, as well as a two-course lunch and refreshments.

"If you like working with older people, you are fairly creative and want to work from home, being a host is an ideal vocation", added Miss Way. "It would also suit anyone who already works in a social care or health setting or who is a carer for a friend or relative already. However, this is not essential because full training will be given.

"It's both enjoyable and rewarding and it's something that is proving vital in terms of offering support and respite for those who need it.

"One in three people over 65 will suffer with dementia or memory loss. With the right support people can live well with the condition – that's what this service is all about."

Hosts, who can earn up to £100 a day, are now required across the region. Anyone interested in the service can contact Miss Way on 01202 883503.

New shop will look Twice as Nice!

A GROUP of kind-hearted tradespeople from property maintenance business Aster Property helped colleagues at sister company Synergy Housing give their new household goods re-use store in Weymouth a "Changing Rooms" makeover.

The operatives were joined by other skilled volunteers from local charity Weymouth Community Volunteers (WCV) to spruce up the new "Twice as Nice" store in Albany Road ahead of its planned opening in February.

Twice as Nice is a furniture, electrical goods and paint re-use social enterprise run by Synergy, part of the Aster Group.

The scheme comes to Dorset after being successfully launched in Hampshire in 2006, and in Somerset last year.

The Weymouth store is being funded through Synergy's Neighbourhood fund, set up to help sustain communities. It will also be the new home of WCV, which will be working in partnership with Synergy to help run Twice as Nice day-to-day.

■ **VOLUNTEERS donned their DIY and decorating gear to give the new Twice as Nice store in Weymouth a makeover before it opens its doors to the public**

To get the shop ready for its opening, the tradespeople and volunteers helped to create two new offices, built a partition wall, and fitted a new kitchen and utility room.

Angela Gould, Synergy Housing community development officer, said: "We're very grateful to everyone who came along on the day to help us get the new shop ready. It was lots of fun and has really helped us ensure it's in tip-top condition when our first customers come through the door.

"Twice as Nice will be open to anyone who lives in the county, whether you're looking for a piece of high-quality second-hand furniture, electrical goods, or paint at reduced prices. We'll also be looking for donations, so if anyone has any items they no longer need but are still in good working order, we'd love to hear from them.

"Twice as Nice has been extremely popular with customers in Hampshire and Somerset and we're confident it will be just as successful here."

Sue Follan, WCV manager, said: "We are looking forward to this new, exciting project. It will enable us to give lots of new opportunities to our volunteers to either maintain or learn new skills that will enhance employment opportunities."

For more information about Twice as Nice in Dorset, please telephone 01305 759557.

More details about the opening, including the date, will be confirmed soon on the Synergy Housing website: www.synergyhousing.co.uk.

Outrage over controversial shark cull plans

OUTRAGED staff at Weymouth Sea Life Adventure Park are appealing for help to prevent the slaughter of endangered sharks on the other side of the world.

The Government of Western Australia has announced a multi-million dollar plan to cull sharks, including Great Whites, in a bid to improve safety for bathers.

The plan to set baited hooks off beaches around Perth is a response to seven fatal shark attacks in three years, but it has sparked outrage around the world.

Not least at Weymouth Sea Life Adventure Park where shark expert Fiona Smith described it as "outrageous" and "completely irrational".

"Quite apart from the fact that many shark species are already on the brink of extinction due to overfishing and decades of persecution, the proposed solution to Perth's shark-attack problem is more likely to exacerbate than to solve it," Fiona said.

"They want to attach lines and baited hooks to drums a mile off-shore and pay commercial fishermen to patrol them and kill any captured shark over three metres long.

"That could include Great Whites, which are a protected species and in sharp decline, as well as species like Tiger and Bull sharks."

Far from removing dangerous sharks, Fiona argues that anything hooked is likely to attract larger predators and potentially bring more sharks closer to shore than were there in the first place.

The plans have prompted massive protest within Australia, including on the affected beaches themselves, and Sea Life Melbourne and Sydney attractions have been at the forefront.

"Even among the families whose loved ones were the victims of shark attacks the majority are opposed to this planned slaughter," said Fiona.

"This is a step back to the kind of hysteria prompted by the film *Jaws*, which even *Jaws* author Peter Benchley devoted much of the rest of his life trying to combat.

ONE of the sharks at the Sealife Centre Weymouth

"Shark attacks on humans are generally rare and usually the result of mistaken identity, with human bathers mistaken for seals or turtles.

"Sharks are the apex predators and essential to maintaining healthy ocean eco-systems.

"Conservationists already face an uphill struggle trying to end the slaughter of an estimated 70 million sharks per annum so that their fins can be turned into soup," she added.

"This outrageous proposal by the Western Australian Government clearly illustrates how little some people have learned."

Fiona and her colleagues are asking anyone who shares their views on the proposed cull to register their opposition on this online petition at www.change.org/en-AU/petitions/the-western-australian-government-call-off-plan-to-cull-sharks-near-wa-beaches.

Age UK offer free computer support

AGE UK, supported by Synergy Housing, are offering free Computer access at the shop in Fortuneswell, Portland every Friday.

Anyone can drop in between 10:30-2:30pm and chat about their computer needs.

The office is also offering the use of computers to check your emails, surf the web or book tickets.

Both Windows 7 and Windows 8 laptops are available as well as an iPad.

Experts will be able to talk about broadband and what sort of laptop people may need.

For further information phone Jane Askew on 01305 269444, or just drop in and visit on Fridays. No appointment necessary.

The Christian Column

AS I SEE IT ...
by Geoff Treleaven

Checking our direction

THIS is a good time of year to consider which way we are heading. Are we clear about our desired destination and, having established it, are we moving towards it?

The amazing thing about the slightest deviation is just how far off course we end over a long period of time.

With the many distractions of this life it is only too easy to overlook the scriptural injunction to: "Let your eyes look straight ahead, fix your gaze directly before you" (Proverbs 4:25).

Billy Graham, who has preached in various ways to millions of people over his lifetime, wrote a very personal book a few years ago entitled "Nearing Home", sub-headed "Life, Faith, and Finishing Well." With all the frailty that ageing brings, he is still active in God's service in so far as he is able. In fact, just a few weeks before his 95th birthday last November, he has released a new book – his 32nd. This one is called: "The Reason for my hope: Salvation".

Clearly, he has no doubts about his ultimate destination and whether we have ever heard him preach or not, he has and is setting a good example for us all to follow.

If you have a news story for Weymouth or Portland email hdswalton@yahoo.co.uk

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Weymouth Matters

A personal View by HARRY WALTON

We're lucky it's only raining!

ONE of the most staggering recent statistics has to be that 30,000 people died from the cold in this country last winter.

Weymouth and Portland has a very mild climate and so perhaps fares better than most areas of the country during winter, but the risk factor is still high enough for the authorities to pepper the populace with warnings about insulation, advice for pensioners on how to stay warm and encouragement for neighbours to keep an eye on vulnerable people living near them.

But it is difficult to maintain the illusion of winter in a place where I have only seen snow deeper than a couple if inches twice in the last 33 years.

Oh we've had some cold snaps but nothing like Eastern USA and Canada had to cope with less than three weeks ago when they were paralysed by two feet of snow and severe sub-zero temperatures.

Our speciality is rain and Weymouthians are more likely to get trenchfoot rather than frostbite.

So as we moan about yet more rain, be grateful that winter rarely sinks its true fangs into us.

Scrap metal prices are sky high

NEW laws brought in locally are being hailed as a tighter control of scrap metal dealings.

Prices are sky high and thieves have apparently been stealing almost anything metal because of the high returns they get.

In our area this has included everything from copper piping to manhole covers, posing stunningly obvious dangers to any motorist unlucky enough to come driving along shortly after these criminals have struck.

By contrast, it brings into focus all those offers to haul your old banger away free of charge.

No wife and mother-in-law jokes please!

Nature always wins in the end

IT is amazing how topography can mock human efforts.

It matters not how developers lay out their schemes and build their roads because nature will always find a way to do what it wants.

Two roads in question — Dorchester Road and Quibo Lane – reveal this perfectly since both have been around for a long time….and so have the leaks seeping through their surfaces.

The first is - or was - the major route in to Weymouth, yet you only have to drive down it to see water pushing its way up through pavements and road surfaces to pour away down the gutter.

There is a similar problem in Quibo Lane where its lower end is constantly wet from leaks pushing through the road surface, both roads posing quite a hazard when sub-zero temperatures turn water in to ice.

It begs the question, why build roads over areas where springs are known or there is the likelihood of problems with water drainage?

Well the answer has probably gone to the grave with those who first build these roads more than 75 years ago, but the situation is not confined to being an ancient problem, particularly with the modern pressures to build more and more homes.

It will be interesting to see what happens on areas such as Markham and Little Francis in Weymouth if developers win permission to build hundreds of new homes there because such sites are known watercourse and spring areas.

I'm sure any planning permission will include drainage conditions. It is merely whether the land will play the game the way humans want it to.

Bureaucracy is alive and well and not just in Weymouth

THIS gem has been sent to me by a friend keen to sound a warning that official lunacy and petty-fogging bureaucracy is alive and well not just in Weymouth and Portland but on a national scale.

The incident in question involved a simple trip to a local post office where an attempt was made to send off various parcels for the festive season.

The poster in question was a bit taken aback to be faced by a steely-eyed employee who had no intention of touching the parcels, far less sending them on their way with a stamp of approval.

Oh no! He wanted to ask some serious and pertinent questions first under new rules which apparently ban certain substances such as nail varnish from parcels because they might explode in the hold of an aircraft!

So he refused to accept the parcels without knowing the contents….which was a bit of a problem for our poster as his wife had packed them and he had missed what went inside.

What to do, but the post office magnanimously allowed him to ring home and ask, much to the consternation of his wife who wanted to know if the post office thought he was a terrorist.

Fortunately few terrorists send parcels filled with soap and toiletries – which turned out to be the contents of the parcels – and after a mind numbing period of time while these mail items were checked, measured and stamped, they were allowed to go on their way.

The sender, too, went on his way, muttering about an "over bureaucratic Post Office which makes such silly rules". Oh yes, Happy New Year!

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Sheek Kebab Minced lamb skewered and cooked in tandoori oven	£3.45
Shami Kebab Minced lamb deep fried	£3.45
Nargis Kebab Minced lamb deep fried with boiled egg	£3.50
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Lamb Tikka	£3.50
Chicken Tikka	£3.25
Chicken Chat Sliced chicken cooked in lemon juice with chat mossolla	£3.25
Tandoori Chicken On the bone	£3.10
Tandoori Garlic Chilli Chicken Marinated in yoghurt with garlic and fresh green chilli	£3.50
Tandoori Grill Onion bhajee, chicken tikka, lamb tikka and sheek kebab	£4.25
Chicken Tikka Roll Chicken tikka with nan and green salad	£3.95
Spring Roll Chicken Chopped Chicken Tikka with red onions and fresh coriander rolled in pastry	£2.95
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Tandoori Chicken Half ~ on the bone	£5.95
Tandoori Garlic Chilli Chicken Marinated in yoghurt with garlic and fresh green chilli, on the bone	£6.95
Chicken Tikka	£6.25
Lamb Tikka	£6.95
Tandoori King Prawn	£10.50
Tandoori Mix Grill Tandoori chicken, chicken tikka, lamb tikka, sheek Kebab	£9.25
Chicken Shashlick Marinated chicken, cooked In a tandoori oven with green peppers, onion and tomatoes	£7.25

Balti Dishes
Balti dishes are prepared freshly, blending tomatoes, onions, green pepper and fresh coriander

Chicken or Prawn	£6.25
Lamb	£6.95
King Prawn	£9.50
Chicken Tikka	£6,95
Lamb Tikka	£7.50
Balti Raj A combination of chicken tikka, lamb tikka and prawn	£7.95
Mixed Vegetables	£5.25

Chef's Specialities
Rice not included

Shahi Akbari Chicken Barbecued diced chicken cooked with delicious exotic sweet and sour sauce	£6.95
Chicken Rongbaz *(N)* Chicken, onions, tomatoes and green peppers cooked in tandoori oven first, then cooked in mossolla sauce	£7.50
Chana Chicken Chicken and chick peas cooked with onions, tomatoes, green peppers with medium spices	£6.95
Achari Chicken	£6.95
Achari Lamb Barbecued chicken or lamb cooked with onions, tomatoes and green peppers with a touch of chilli pickle, garlic and ginger	£7.50
Raja Mossolla *(N)* Chicken tikka and minced meat cooked in yoghurt, fresh cream with almonds, sultanas and coconut, very mild	£7.95
Chicken Fallguni	£7.25
Lamb Fallguni Chicken tikka or lamb tikka cooked with a combination of spices which gives a sweet, hot and sour taste with chopped onions, tomatoes, coriander, lentils and yoghurt sauce	£7.50
Chicken Poonir	£6.95
Lamb Poonir Chicken tikka or lamb tikka cooked in a medium to hot sauce with onions, green pepper and tomatoes with cheese	£7.50

Biryani
Biryani dishes cooked with basmati rice in spices with sultanas, almond and served with a vegetable curry

Chicken *(N)*	£7.50
Lamb *(N)*	£7.95
Chicken Tikka *(N)*	£8.25
Lamb Tikka *(N)*	£8.95
Prawn *(N)*	£7.50
King Prawn *(N)*	£9.50
Vegetable *(N)*	£6.95
House Special *(N)* Chicken and King Prawn	£9.50
Mixed Biryani *(N)* Chicken Tikka, Lamb Tikka and Prawn	£8.95

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Chicken Tikka Tokmishti	£7.75
Lamb Tikka Tokmishti A sweet and sour dish cooked in a tamarind based mild sauce with fresh cream and bits of onion and cucumber. Very tasty and mild	£7.95
Chicken Tikka Zaalmishti	£7.75
Lamb Tikka Zaalmishti This authentic dish is cooked with chopped onions, tomatoes and sweet chilli sauce to give a hot but sweet taste	£7.95
Mixed Special A medium to hot dish cooked with chicken tikka, lamb tikka and prawn with onions, fresh tomatoes, fresh coriander, herbs, sweet chilli sauce and fenugreek	£7.95
Raj Special A combination of chicken tikka, lamb tikka and king prawn cooked in a medium sauce with cubes of onion, mixed peppers, yoghurt, fenugreek and fresh coriander	£8.95
House Special Curry A combination ol chicken and king prawn cooked in a bhuna sauce with a boiled egg	£8.95
Mishti Badam *(N)* Tender breast of grilled chicken in a rich creamy almond based sauce. Full of flavour with roasted peanuts, a touch of honey and mango pulp. Recommended for beginners	£7.95

Traditional Curry Dishes
Rice is not included

Basic Curry	Medium hot
Korma (N)	Very very mild with coconut, sultanas, fresh cream and ground almonds
Madras	Fairly hot with lemon juice
Vindaloo	Very hot dish
Dopiaza	Medium hot dish with onion and green peppers
Bhuna	Medium hot with finely chopped onions and tomatoes
Rogan Josh	Medium hot with finely chopped onions and tomatoes with yoghurt sauce
Malaya or Kashmiri	Medium to mild - Malaya wlth pineapple Kashmiri wath banana
Pathia	Hot sweet sour with onions garlic tomatoes lemon juice and fresh coriander
Dansak	Hot sweet and sour with lentils
Locknu *(N)* NEW	Very mild dish, cooked with coconut, almond, fresh cream and sultanas with mushroom
Pindy NEW	A fairly hot dish with a thick sauce and a boiled egg
Sathkhora NEW	This unique dish is cooked with a thick medium sauce with a very different kind of Indian lemon which gives a very unique kind of flavour
Mr Naga NEW	A hot dish cooked with onions, tomatoes, fresh coriander and fenugreek. With naga chilli pickle, hot but very tasty

The above dishes may be ordered as:

Chicken	£5.20	Lamb Tikka	£6.50
Meat	£5.95	King Prawn	£8.95
Prawn	£5.20	Vegetables	£4.95
Chicken Tikka	£5.95		

All-Time Favourites

Tikka Mossala *(N)*	Ever popular, mild creamy yoghurt base sauce
Tikka Pasanda *(N)*	Mild almond based sauce
Tikka Khori	Chunky peppers and onion finely mlxed with glnger and herbs, fresh tomatoes and coriander
Tikka Garlic Chill	A spicy garlic flavoured dish with fresh herbs, coriander and green chilli
Tikka Jalfrezi	A hot spicy dish with ginger, onions, fresh tomatoes and herbs
Tikka Sagwala	Cooked with fresh spinach, garlic and coriander
Tikka Makoni	A mild creamy dish cooked with butter, fresh cream and lots of garlic

The above dishes may be ordered as:

Chicken Tikka	£6.95	King Prawn	£9.95
Lamb Tikka	£7.50	Vegetables	£5.25

Vegetable Side Dishes

Vegetable Curry	£2.40
Vegetable Bhajee	£2.40
Bombay Potatoes	£2.40
Aloo Ghobi Cauliflower and Potato	£2.40
Sag Aloo Spinich and Potato	£2.40
Cauliflower Bhajee	£2.40
Bendi Bhajee	£2.40
Dall Samber Lentils, spinach and vegetables	£2.40
Sag Bhajee	£2.40
Aubergine Bhajee	£2.40
Mushroom Bhajee	£2.40
Chana Bhajee	£2.40
Tarka Dall Lentils	£2.40
Sag Ponir	£2.40
Aloo Ponir	£2.40

Rice

Boiled Rice	£1.95
Pilau Rice	£2.25
Vegetable Fried Rice	£2.45
Mushroom Fried Rice	£2.45
Egg Fried Rice	£2.45
Keema Rice	£2.45
Special Fried Rice	£2.45
Onion Fried Rice	£2.45
Lemon Rice	£2.45
Coconut Rice	£2.45
Chilli Rice	£2.45

Indian Bread

Plain Naan	£1.75
Tikka Naan	£2.10
Garlic Naan	£2.10
Keema Naan	£2.10
Peshwari Naan *(N)*	£2.10
Cheese & Onion Naan	£2.20
Chilli Naan	£2.20
Stuffed Naan	£2.10
Chapati	£0.80
Parata	£1.75
Stuffed Parata	£2.25

Extras

Pappadum Plain or spicy	£0.60
Chips	£1.75
Raitha Cucumber or Onion	£1.25
Chutney or Pickle	£0.50

Sauces

Red Sauce	£0.50
Any Traditional Curry Sauce Eg. Madras, Vindaloo, Bhuna, Pathla, Dansak etc	£2.40
Any All-Time Favourites Sauce Eg. Mossala, Pasanda, Makoni etc	£2.95

English Dishes

Omelette and Chips Chicken or Prawn	£6.50
Batter Chicken and Chips Deep fried chlcken covered in batter and breadcrumbs	£7.25

Kids Meal Deal

Chicken & Chips 5 pieces	£3.50
Chicken Tikka & Chips 5 pieces	£3.95
Half Chicken Tikka Mossala	£3.95
Half Chicken Korma	£3.50

Meal A for One
TANDOOR MIXED

Starters
Tandoori Chicken, Lamb Tikka, Chicken Tikka, Sheek Kebab, Nan and Green Salad with Pappadum

Main Course:
Chicken or Lamb Bhuna

Side Dish:
Vegetable Curry, Pilau Rice and Sweet (fruit)

£16.95

Meal B for One

Starters
Onion Bhajee, 1 Pappadum, Mint Sauce, Onion Salad

Main Course:
Any curry from the Traditional Curry Dish. Chicken Tikka/Lamb Tikka

Side Dish:
Bombay Potato, Pilau Rice and Naan Bread

£11.95

Set Meal for Two

Starters	*Main Course:*	*Side Dish:*
2 Pappadums, Mint Sauce, Onion Salad	Any two Traditional Curry Dishes	1 Bombay Potato, 2 Pilau Rice and 1 Naan

Choice One: Plain Chicken or Lamb or Prawn	£16.95
Choice Two: Tikka Chicken or Tikka Lamb	£18.50
Choice Three: King Prawn	£22.50

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Early Learning & Further Education

Charmouth Primary School

WITH lots of new and exciting changes at Charmouth Primary School and a clear vision for our future, our aim is to ensure that all our children reach their maximum potential in all areas of the curriculum.

We have recently recruited several outstanding teachers, making us very fortunate to have an exceptional and dynamic team to start 2014. The main focus is on raising standards but education isn't just about tests and results. The school has recently installed a new trim trail and adventure playground and will be working towards a 'beach school' accreditation where the curriculum is extended beyond the classroom.

We are particularly privileged to be located so close to the sea. With the proven positive outcomes that outdoor learning provides, it is especially important that our children can learn about their natural environment and encompass it across the curriculum. As part of this initiative, we will be working closely with a qualified Beach School Leader from the Heritage Centre and every class will have the wonderful opportunity of learning on the beach. We are also developing a Forest School area on the school field to further enrich the school's current curriculum.

In addition to our music curriculum being delivered by specialist music teachers, we have been invited to become involved in the immensely successful 'B Sharp' music project run by Pete Wild, an extremely talented and enthusiastic musician. During March, we are also lucky to have professional artist, Darrell Wakelam, visiting us again. Having been involved in projects nationwide, Darrell has built up a strong reputation as an innovative and highly skilled arts educator. The children were inspired to create a fantastic portfolio of work during his recent visit, which is displayed outside our Year 2 Jellyfish classroom.

The partnership between school, home and the local community is strongly valued at Charmouth Primary School and we are extremely fortunate to have such tremendous support, enthusiasm and dedication from our all our staff, parents and the wider community.

Lyme Boat Builiding Academy

Launch your future career at the Boat Building Academy in Lyme Regis

THE Boat Building Academy teaches the widest range of hands-on boat building courses in the world, specialising in composite, modern and traditional wooden construction, restoration and repair.

Graduates of the Academy's flagship 38 week course, incorporating the Level 3 City & Guilds qualification, work at traditional and modern boat yards for companies including Spirit Yachts, Cockwells, Stampfli Racing Boats, Ice Marine (an Academy graduate worked on the boat David Beckham took up the Thames for the Olympic Opening Ceremony), Sunseeker, Fairlie Restoration and T Nielsen and Company (the Works Foreman on the Victory learned boat building at the Academy). Graduates have also set up their own businesses building and restoring boats and some have gone on to work in areas like classic car restoration and the woodworking and allied industries. Younger graduates take advantage of their skills to travel, working on super and classic yachts all over the world.

If boat building is not the career people are looking for the Academy runs woodworking and furniture making courses. The 12 week 'Woodworking Skills incorporating Furniture Design and Making' course involves students, some of whom have never used a chisel before, designing and making a piece of furniture. As part of the course students can also opt to take a Level 3 diploma that is exclusive to the Boat Building Academy.

For people who can't dedicate months to training the Academy offers a programme of 2 to 5 day short courses in woodworking, boat building and restoration and sail making. People join the courses from all over the world, some because of their jobs, some as a taster before joining a longer course and some because they want a breath of sea air doing something interesting on the beautiful Dorset coast.

For more information please contact Rebecca Joseph on 01297 445545 or office@boatbuildingacademy.com

Charmouth Primary School

We offer an extensive and motivating curriculum from our Reception class through to our Year 6 class. Prospective parents are encouraged to visit us to have a first hand opportunity to experience our challenging and exciting learning opportunities, from art to science and PE to music.

During your visit you will see and hear all about our:

- Bright modern learning environment with inspiring learning displays
- Rich and vibrant curriculum including expert music provision
- Specialist qualified sports coaches including the 'Ammonite Gym'
- Safe and stimulating Reception classroom with its own outdoor play area
- Barnacles Pre-school that ensures a smooth transition from home to school
- Wide range of after school clubs to cater for all interests
- Welcoming Breakfast Club with weekly cooking sessions
- Stunning beach location providing an invaluable resource for all our learning

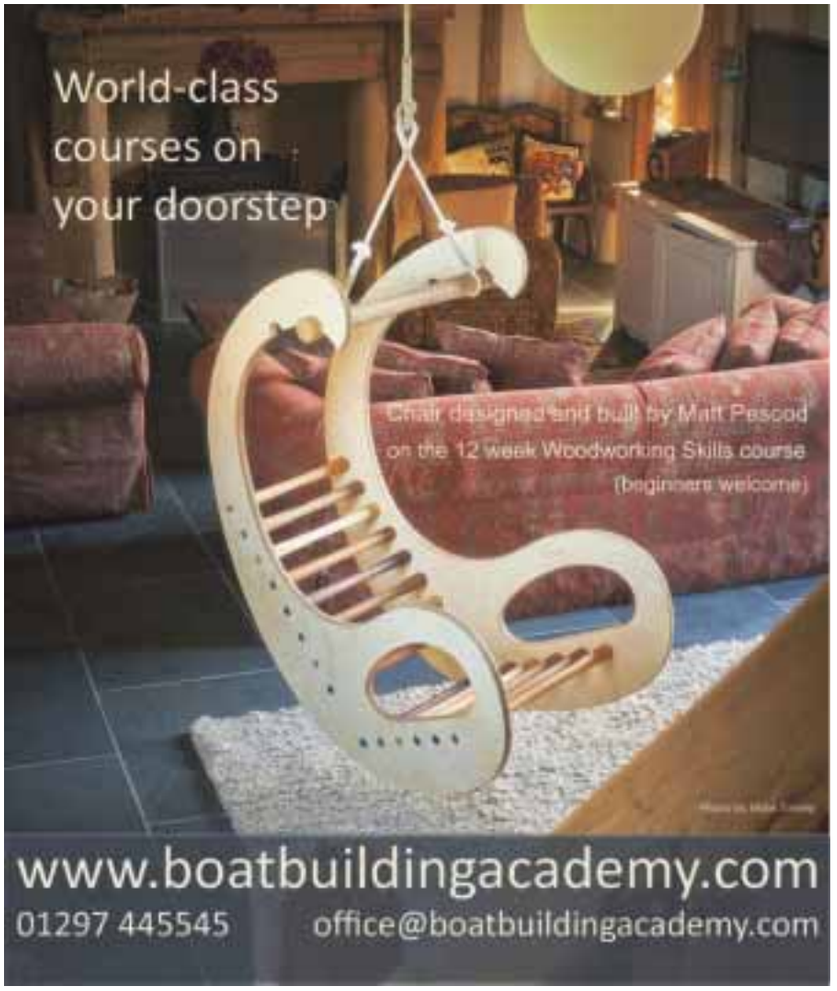
Charmouth Primary School is a feeder school for Woodroffe Secondary School

Please contact us for an appointment.

Our friendly team looks forward to welcoming you.

Head teacher:
Mrs. Gillian Morris

Tel: 01297 560591
Website: www.charmouth.dorset.sch.uk



Early Learning & Further Education

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  Wed 26th February

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  Presented by Martin Pick
  Wed 5th March

ENGLISH
- English writers and their depths of moral depravity
  Presented by Saira Sawtell
  Wed 12th March

HISTORY
- The power of nightmares
  Presented by Baron Miles
  Wed 19th March

MATHS
- Does Maths factor in your daily make-up routine?
  Presented by Amy Harris
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Stepping Stones

STEPPING Stones is the longest established Pre-School in Bridport. They offer a welcoming and secure environment, where young children have the opportunity to acquire a range of skills, both indoors and out, and where they can grow in confidence before starting school.

▲ Children planting bulbs for outdoor nature area

The experienced and caring team of staff provide a broad range of activities that are tailored to meet the needs of individual children.

Ofsted registered, and consistently rated as "Good" for the past ten years, Stepping Stones is located to the rear of the United Church, a central position in East Street, Bridport. They offer sessions Mon - Fri from 9.15 - 12.15 in term time. They currently have a small number of spaces available, and applications are now being accepted for the School year Sept 2014 - July 2015.

Viewing visits are most welcome - please ring for an appointment on 0777 351 6481 / 01308 458972.

Stepping Stones PRE-SCHOOL

Bridport United Church.
East St. Bridport.
For Children aged
2 years plus to 5 years.
Sessions Mon - Fri
9.15 - 12.15 in term time
0777 351 6481

St.Michael's Primary and Pre-School

St Michael's Pre-School

St. Michael's Pre-school is fully integrated into St. Michael's school. We are a governor managed pre-school where the children are known well by a wide team of staff with experience to support their needs.

If you are interested in bringing your child to the pre-school please contact the school office. Come for a tour of the whole school and then spend time in Pre-school to experience the gentle and caring atmosphere.

Growing, Cooking and Eating are central to our weeks at pre-school. For example, the children prepare their snack daily and wash their dishes and also enjoy the chicks which are reared each year.

We have easy access to a wide range of outdoor spaces for bikes, growing, climbing, wet play, making dens. There are multiple opportunities for children to gain confidence in preparation for school through using the school's facilities such as the hall for Dance and Gym, the Library for quiet story time and Christmas Nativity Production in the hall.

Children benefit from activities with older children – shared playtimes, shared reading, assemblies, Easter Egg Hunts.

Our children benefit from planning which uses the community – Monday Walks, making the town's Guy Fawkes, visiting the fire station, meeting the local police, and working in projects with BSharp. We even have a new link with a pre-school in Barfleur, France! With the Children's Centre building as our hub, support for families is always easily accessed.

We are open during term times and have a rolling start to the day from 8.50 and children go home at 12 Monday to Friday. We welcome children from the term before their 3rd Birthday and charge £3.50 per hour for those children. From the term in which children are three – they are entitled to 15 hours of free funding.

An Early Start? Come and join us for Breakfast!

Children registered with in the school and pre-school can come to Breakfast Club from 8.00am in the school Hall and will then be taken to Pre-school or Classes by our Breakfast Club leaders.

St Michael's Primary School

At St. Michael's School, we look forward to working with parents as partners in providing a caring, happy environment in which your child can learn to learn, be excited by their learning and be proud of their achievements and community. We currently have 134 children in the main school with children travelling from Seaton, Axminster and Bridport to join our friendly school.

We have high expectations for every child; our team of teachers and support staff know each child as an individual. Together with our active governors and parents, we work hard to ensure that our children build confidence in their strengths and learn to develop areas that they may find more challenging. We always make time to talk to parents who we see a significant part of the learning process. The ethos of the school is one a mutual respect and a love of learning.

Our highly professional and skilled team work closely together to ensure that children have an exciting curriculum which builds on their core skills, continually extending their experience.

The friendly, welcoming school is always active within the town. Jurassic Class' learning engages all on their Weekly Wednesday Wellie Walk. The older children support the community with their independently organised stalls for the Church Bazaar or by taking over the running of our local museum as Pyrite Class guides for the day, developing their history and literacy skills.

The school is situated within the community, 10 minutes from all activities. We value and benefit from being both the town's school and a church school and actively work with the Woodroffe School and the Jurassic Coast Teaching Schools Alliance in developing our children for their future.

Head Teacher: Miss Annabelle Grose
King's Way, Lyme Regis, Dorset DT7 3DY
Tel & Fax:
01297 442623
Website: www.stmichaelslyme.dorset.sch.uk
e-mail: office@stmichaelslyme.dorset.sch.uk

Early Learning & Further Education

Lyme Net

'Get That Job' funding

WITH lots of new and exciting changes at Charmouth Primary School and a clear vision for our future, our aim is to ensure that all our children reach their maximum potential in all areas of the curriculum.

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View newspapers

■ VIEW From Newspapers' financial controller Anita Routley, deputy editor James Coles and sub-editor Lisa Bright promote our Water Survival Box campaign at Bridport Potato Day. Next month, Anita is embarking on a fundraiser of her own, by attempting to visit every station on the London Underground network in just one weekend! To sponsor her, please call 01297 446149

Spudtacular!

WE were recently invited to the annual Bridport Potato Day to collect donations for our Water Survival Box campaign. Greenfingered visitors generously gave a total of £151.51 on the door, with a further £100 coming from profits the cafe made on the day.

More than 60 varieties of seed potatoes were on offer at the event, organised by local permaculture group 'plan b', which was held at Bridport's United Church Hall on Saturday, January 11th.

Pennard Plants Nursery of Somerset, who specialise in heritage and heirloom flower, herb and vegetable seeds, brought along their pop-up allotment shop and were kept busy by keen gardeners all day.

A big thank you to the organisers and everyone who donated on the day.

Providing water for life

WATER SURVIVAL BOX

View

Supported by Pulman's View View From Newspapers and The Weekender Series

◆ **IN A bid to raise £10,000 over two years for Water Survival Box, we are encouraging our readers and local organisations in East Devon, South Somerset and West Dorset – where we distribute in excess of 40,000 papers every week – to organise a fundraising event for the charity.**

This Water Survival Box is crammed with all you need to stay alive after you have lost everything – cooking and eating utensils, basic means of shelter and other essential kit – but most importantly a water-purification pump that will make clean water from dirty water and provide a family of four with clean water every day for a year.

If you would like to organise an event, telephone James Coles on 01297 446155 and we will promote it in our columns.

To make a donation, send a cheque payable to 'Water Survival Box - View account' to: James Coles, Water Survival Box campaign, View From Newspapers, Unit 3, St Michael's Business Centre, Lyme Regis, Dorset DT7 3DB.

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Christmas draw raises nearly £700

■ FROM left are View From's office manager Alison King and deputy editor James Coles, with MD Philip Evans being presented with the cheque by Scott Rowe's Richard Lewis and Kevin Bull

VIEW From's Water Survival Box campaign has enjoyed a boost of almost £700 thanks to Scott Rowe Solicitors.

A cheque for £691.73 was presented to View From's managing director Philip Evans at the solicitors' Axminster branch on Friday, January 10th.

Most of the money was raised through the company's Christmas draw, and Kevin Bull of Scott Rowe said: "We would like to thank everyone who supported the event."

Scott Rowe Solicitors is a long-established company with branches in Axminster, Chard and Lyme Regis.

You can now follow our campaign on Twitter.....@ViewSurvivalBox

Commissioner backs cyber crime campaign

DORSET Police and Crime Commissioner Martyn Underhill is urging residents and businesses to stay vigilant to avoid becoming a victim of cyber crime.

It coincides with the launch of a £4million Government "Cyber Streetwise" campaign which encourages people to take safety precautions while shopping, banking or socialising online. The campaign includes a new website and online videos.

PCC Martyn Underhill has already pledged to help tackle online crime in Dorset in 2014. His precept proposals would help fund a new cyber-crime initiative to raise awareness of the crime and better inform residents and businesses on how to protect themselves from online threats.

The launch of the government campaign is part of the National Cyber Security Programme and comes at a time as an increasing number of people use the web on laptops, tablets and smartphones. Findings from the government's most recent National Cyber Security Consumer Tracker suggest more than half the population are not taking simple actions to protect themselves online.

Martyn Underhill said: "I welcome this new government initiative. Cyber-crime is a growing threat in Dorset and people need to be better informed against the risks of using their computer or smartphone.

"I would urge businesses and residents to visit www.cyberstreetwise.com and take note of the advice."

There are five steps people can take to protect themselves and others from cyber crime:

1. Use strong, memorable passwords
2. Install anti-virus software on new devices
3. Check privacy settings on social media
4. Shop safely online – always check online retail sites are secure
5. Download software and application patches when prompted.

For further information on the campaign visit www.cyberstreetwise.com.

Magna Careline wins council contract

THE out of hours call service for both Weymouth and Portland and West Dorset councils has again been won by Dorchester-based Magna Careline.

The contract means the company will answer the councils' emergency calls outside normal office hours and at weekends, talking to customers and taking the appropriate action.

Magna Careline general manager Tanya Grant said: "We are very pleased to be working with Weymouth and Portland and West Dorset once again.

"Our monitoring centre is open all day and night, every day of the year to facilitate our hugely successful alarm monitoring service, and we also handle provide out-of-hours monitoring service for many organisations across the UK."

Magna Careline worked with both councils for some years until 2010 when the two authorities merged and took their out-of-hours service in-house.

The new contract was awarded to Magna Careline after a review of services.

Magna Careline Limited operates across the UK monitoring corporate and personal alarms and takes out-of-hours calls for a variety of organisations.

It also offers disaster recovery and business continuity solutions.

Green Party candidates announced

WEST and South Dorset Green Party has chosen its candidates for the next general election for the South Dorset and West Dorset constituencies.

They are Jane Burnet (South Dorset) and Peter Barton (West Dorset).

Jane Burnet has lived locally for more than 30 years, was a lecturer at Weymouth College for ten years and is now a teacher in a local secondary school.

Before entering teaching Jane founded the environmental group War on Waste and worked for the development charity, ActionAid.

Peter Barton has lived in Frampton for more than 20 years and is a parish councillor. Now retired, he worked for many years for Dorset County Council's schools' support services before going on to work for the United Nations Children's Fund (UNICEF).

In a joint press release, both candidates stated: "As Green Party candidates, we will be offering the people of South and West Dorset the chance to vote for policies which are fundamentally different from those of the other parties: policies based on a belief in the value of 'the common good', ensuring the well-being of all members of society as well as safeguarding our planet for future generations.

"Our so-called democracy is not working. People want to feel much closer to power and decision-making. We are both local people with roots in the local community. We are both involved in politics to promote and defend things that we are passionate about, not to become career politicians in line with the bankrupt Westminster model.

"We reject the level to which market forces are being used increasingly as the means for organising our economic activities and meeting our welfare needs and we oppose the steady privatisation of our public services.

"We will stand for a publicly owned, publicly run National Health Service and the return to public ownership of both the railways and the supply of our energy needs. We will stand for a much fairer, more equal society by proposing policies which place higher taxes on the most wealthy, introduce a land value tax and crack down on corporate tax evasion."

PETER Barton, West Dorset Green Party candidate

JANET Burnet, South Dorset Green Party candidate

Advertisers Announcement

WEYMOUTH'S newest Auction House, Brewers Quay Auction House, opened it's doors on 5th July 2013 and has established itself as a real alternative to costly auction houses.

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Any customer entering twenty or more lots will have the normal lotting fee removed.

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Meeting to explore local plan

A SHOW-down with a Government Inspector over future plans for West Dorset and Weymouth and Portland is being held in Dorchester today, January 22nd.

He is questioning how local councillors have come up with the figures they have for housing need, employment, and measures to protect the environment in the area – set out in the draft local plan. The plan is supposed to shape planning decisions until 2031.

Inspector Paul Crysell raised concerns with the document and will be holding what is described as an "exploratory" meeting with council officers at South Walks House, Dorchester today at 10am.

West Dorset council leader councillor Robert Gould has described the delay as "frustrating".

"We have followed the process properly in a professional manner. We have taken the views of local people into account and changed the plan accordingly.

"The message we appear to be getting is that the plan is not ambitious enough in terms of housing development."

Eye services to be reviewd

OPHTHALMOLOGY services are being reviewed in Dorset.

The service is provided for patients with glaucoma, age related macular degeneration, cataracts and other causes of sight problems.

Local people are being asked for their thoughts on the service and what they would like to see in the future.

Those with an interest in the service are asked to contact the NHS Dorset Clinical Commissioning Group which is based at Vespasian House in Bridport Road, Dorchester, either by telephone on 01305 368057 or e-mail Laura.Webster@dorsetccg.nhs.uk by Friday, January 31st.

Dorset men gather for county dinner

OSCAR winner and West Stafford playwright Julian Fellowes praised the Society of Dorset Men at their county dinner.

The Downton Abbey creator said the organisation upholds the best traditions of Dorset in promoting love of the county. Lord Fellowes has been the society's president since 2011.

"Lady Fellowes and I always enjoy being here in Dorset, we are glad to call this great county our home. I'm really delighted to see so many members at this annual highlight - our county dinner - and thank your officers for the excellent job they do to keep The Society of Dorset Men so successful."

The Queen honoured the Society of Dorset Men with a message to 220 members and their wives, attending the annual county dinner at the George Albert Hotel on Wardon Hill.

Secretary Hayne Russell read their greetings sent to The Queen.

Lord Fellowes of West Stafford DL read the reply from Buckingham Palace.

"The Queen appreciates your thoughtful message and sends her best wishes to all those who are present at your county dinner for a most enjoyable evening." The society has received a message from The Queen at every county dinner since 1954.

Stuart Adam, Chairman of The Society of Dorset Men, welcomed the president's guests, including Valerie Pitt-Rivers, the Lord Lieutenant of Dorset; Catriona Payne, the High Sheriff and Colonel Matt Fensom, Commander of the Blandford Army Garrison.

His Honour Judge Beashel spoke of his many years as a barrister and then as a Circuit Judge, including appearing at the Court of Appeal.

Guest speaker Colonel John Blashford-Snell OBE talked of Operations Drake and Raleigh, which had both been instigated by HRH the Prince of Wales and explained how he had trained and selected the young people involved.

"We need many more caring leaders in the troubled world in which we live," the explorer told members, recalling the example of Chief Scout Bear Grylls, who had grown-up in Dorset at Winterborne Zelston, near Wimborne.

Members stood and applauded the ceremony of welcoming the Dorset Blue Vinny cheese.

As Peter Ashdown introduced the cheese in Dorset dialect, toastmaster Colin Fry led chef Luke Harvey into the Dining Room to present a wedge of Dorset Blue Vinny for Lord Fellowes to taste. The Dorset cheese, made near Sturminster Newton, is the traditional fourth course of the county dinner, always served with Dorset Knobs and Dorset watercress.

THE President welcomes his guests to the County Dinner of The Society of Dorset Men. Judge John Beashel; John Payne; Colonel Matt Fensom, Commander of the Blandford Army Garrison; Lord Fellowes of West Stafford, President of The Society of Dorset Men; Colonel John Blashford-Snell Stuart Adam, Chairman of The Society of Dorset Men. Seated are Kay Beashel; Catriona Payne, HM High Sheriff of Dorset; Valerie Pitt-Rivers, Lord Lieutenant of Dorset; Lady Emma Fellowes; Judith Blashford-Snell; Dr. Karola Steidl.

Photograph by Michel Hooper-Immins.

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In the early days, local Marine businesses hired me and I learnt some basics at Portland Boat Workshop. In 2011, I attended a course at the Boat Building Academy about wooden boat restoration and in 2012 I gained a City and Guilds in Hand Laminating and Fibreglass repair at Southampton Marine Skills Centre. I also cleaned the Super Yachts for Sunseekers in Poole for a couple of months, but found it too far to keep driving.

Many of my customers keep their boats in Portland or Weymouth where I wash them fortnightly and valet the interiors or polish the fibreglass.

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We specialise in looking after holiday lets and also offer laundry service.

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Business was good last year and we would like to thank all our customers for their work passed on to us.

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Waytown, Bridport, Dorset

Dorset among first councils to sign mental health pledge

DORSET County Council is set to become one of the first local authorities to sign a pledge to tackle the stigma surrounding mental health.

The "Time to Change" ceremony will take place at the Dorford Centre in Dorchester tomorrow (Thursday, January 23rd), when council officials will pledge their support to end discrimination and challenge the stigma faced by people who experience mental health problems.

The pledge is part of a national campaign led by mental health charities Mind and Rethink, and the event will help put the spotlight on mental health issues in Dorset.

John Wilson, chairman of Dorset County Council, the champion member for mental health, Michael Bevan and Catherine Driscoll, director for adult and community services will sign the ledge in front of an audience of more than 100 representatives from a wide range of organisations.

It will be witnessed by Sue Baker, National director for "Time to Change"/Rethink.

The county council is committed to developing work that will help break the silence around mental health and was the first local authority in England to appoint a Member champion for mental health, Councillor Michael Bevan.

Councillor Bevan, said: "At any one time one worker in six will be experiencing depression, anxiety or a problem relating to stress and the cost to the economy is £26billion each year.

"Mental health has a lot of stigma attached to it and we want to encourage an open discussion and improve outcomes for people experiencing mental health problems.

"Protecting vulnerable people is at the heart of what we do, and we will continue to invest in a supportive environment that enhances mental well-being for both our staff and the public we serve."

"Local authorities have a key role in developing thriving communities, so we are pleased to be one of the first county councils in the country to sign the pledge."

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County council to welcome new director for children's services

A NEW director for children's services has joined Dorset County Council.

Sara Tough comes to the county from Swindon Borough Council where she has worked for the last five years as service director for children, families and community health.

Sara, 54, began her career as a social worker with Shropshire County Council after completing a degree in sociology at Goldsmith's London and gaining her social work qualification at Swansea University.

She became a team manager, then service manager at Shropshire before moving into the private sector as a director working with very traumatised children and managing a residential care setting.

At Swindon she has set up a new integrated children's service, which includes social care, education, youth support and community health.

Sara said: "I have a real passion for making sure the whole system works well together in the interests of the children we support.

"For me it's about closing the gaps to help children with the challenges they face in their lives and helping families build their resilience to become more self-reliant.

"Practitioners working with children have a very unique and special set of skills which need to be used across the whole range of services to benefit children and young people.

"I'm absolutely delighted and really excited to be coming to Dorset. I feel that I will fit well with the way the council needs to develop in future, particularly in light of the financial challenges."

Sara Tough - the new director for children's services at Dorset County Council

She will replace Jackie Last, who retired at the end of October.

Fears badger cull could impact on police services

DORSET'S Police and Crime Commissioner believes a badger cull in Dorset is looking increasingly likely.

The county has been a "reserve site" since culling started in Gloucestershire and Somerset.

PCC Martyn Underhill says his concern is the potential additional cost for the police to provide security for those carrying out the cull. In the two counties where the cull has already been carried out the policing bill is said to be £2.5million.

Mr Underhill says he fears there could be moves to hold a badger cull in Dorset in the coming year. Many Dorset farmers have been lobbying for the move to take place.

Dorset already has an opposition group to culling and opponents of the method include the Dorset Wildlife Trust. A meeting opposing the culls filled Dorchester Corn Exchange last year.

But a Defra spokesperson said: "Ministers have always been clear that no decision will be made on the future roll out of badger cull licences before the independent panel of experts have submitted their report on the pilots."

Mr Underhill told the BBC that the subject was controversial and said he believed a cull in Dorset would be "unsettling" to the community.

"Even without going into whether it's right or wrong, it does fracture communities," Mr Underhill said.

"It's a big thing on my radar. It's a big thing on my chief constable's radar. When the cull does arrive we will be all over it.

"We need to make sure that the law is complied with but that people still feel in their communities that they're safe and this doesn't impact too much on the fear of crime."

Both culls already carried out failed to meet their target of killing 70 per cent of the badger population.

View 2

The ultimate leisure guide for Dorset

The Chatty Man comes to Dorset!

Tickets on sale this week for Alan Carr's Lyme Regis and Bridport shows

See page 26

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the gigs

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8pm.
~~~

Saturday 25th Jan
Marine Theatre, LYME REGIS
Papa Le Gal
Doors 7.45pm. £7.50
Crown Inn, BRIDPORT
Tripod *9.30pm*
Nag's Head, LYME REGIS
Rocket Science
Electric Palace, LYME REGIS
Hi Life Club Night: Hip Hop Special
Bar open 9am-2pm. £5.
~~~

Sunday 26th Jan
Crown Inn, BRIDPORT
Will Johns *4-6pm*
~~~

Friday 31st Jan
Arts Centre, BRIDPORT
Flamenco Guitar Café
8pm. £8
~~~

Saturday 1st Feb
Arts Centre, DORCHESTER
Gerard and the Watchmen
Doors 7.30pm.
£8/£6 members & concessions
Crown Inn, BRIDPORT
Storm *9.30pm*
Nag's Head, LYME REGIS
Grouve Cat
~~~

Sunday 2nd Feb
Crown Inn, BRIDPORT
Jamming at the Crown
4-6pm
~~~

Tuesday 4th Feb
Arts Centre, BRIDPORT
Elizabeth Hornby
1.30pm. Free admission.
~~~

Friday 7th Feb
Arts Centre, BRIDPORT
Songbird: Steve Jones & Chloe Evans-Lepett
8.30pm
~~~

Saturday 8th Feb
Arts Centre, DORCHESTER
DA Blues: Spikedrivers
Doors 7.30pm.
£13/£6.50 adv / £14/£7 door.
Senior citizens £11 adv / £12 door
Crown Inn, BRIDPORT
AW House Band *9.30pm*
Nag's Head, LYME REGIS
Design
Arts Centre, BRIDPORT
Sculpture Music
8.00pm. £8/£7/£5
~~~

Sunday 9th Feb
Arts Centre, DORCHESTER
John Mills and Cobie Smit: Fandango to Tango
Doors 2.30pm. £12/£10
Crown Inn, BRIDPORT
Lauren & Phil Rosenberg *4-6pm*

WILL JOHNS TO PLAY AT THE CROWN INN

THE Crown Inn welcomes a very special guest this Sunday, January 26th, when blues-rock guitarist Will Johns heads to the Bridport venue.

The son of actress/model Paula Boyd, and L.A. record producer Andy Johns, Will is a self taught guitarist, who was encouraged by then-uncle Eric Clapton to pick up a six-string.

A nominee at the 2012 and 2013 British Blues Awards, Will released his latest album '*Hooks & Lines*' at the end of 2012 (seeing '*Kissing You*' nominated for 'Best Original Blues Song'), and he also formed 'Sons of Cream' in 2013 with Malcolm Bruce and Kofi Baker.

Don't miss this very special opportunity to see Will Johns play at The Crown Inn, Bridport from 4-6pm this Sunday.

WILL JOHNS
The guitarist was inspired by then-uncle Eric Clapton
Photo by Kato Ninja Zulu

HIP HOP AT THE HI-LIFE CLUB NIGHT

Contraband Breaks Ensemble will headline the Electric Palace event

THIS month's 'Hip Hop' theme promises to satisfy those looking for a party night of classic MC beats and scratch as part of the monthly Hi-Life club nights, returning to Bridport's Electric Palace this Saturday, January 25th.

'Contraband Breaks Ensemble' are a top-drawer high energy band, who with two MC's, promise to create a party atmosphere at the Electric Palace this Saturday night.

Their continuous medley of golden era hip hop (see Public Enemy & LL Cool J) has been likened to bands such as Breakestra and J5'. Since supporting Arrested Development in 2011, the band have been in great demand, not least for their rotation of high quality MC's from Bristol's club scene. Line up includes Drums, bass, keys, guitar, scratch DJ and 2 MCs.

This well-seasoned crew have more than mastered the tricky art of live hip-hop, combining MCs, decks and real-time musicianship into something fresh and highly danceable. With an ever-changing line-up and who-knows-who guesting, a party night for hip-hop fans is assured.

Live music starts at 11 pm, followed by DJ sets by local boys 'DJ LA', 'Lewis Ahmet' and 'The Napkins'. £5 on the door.

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the venues

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ROCKET SCIENCE
Saturday 1st February
GROUVE CAT
Wednesday 5th February
QUIZ IN AID OF CHRISTMAS LIGHTS
www.nagsheadlymeregis.co.uk
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Bridport Pantomime Players to perform *Sleeping Beauty*

THIS year sees the Bridport Pantomime Players return with their 49th Pantomime 'Sleeping Beauty'.

The traditional fairy tale, popularised by Disney, will transport the audience to a medieval time period, and begins with the immortal Good Fairy Lilac, played by the enchanting Teresa Grinter, who tries to keep the villainous Bad Witch Hazel, played by Amy Wheatley, from casting her evil across the kingdom.

The four glittering Rainbow fairies are played by Amber Palfreyman, Tilly Boulay, Tara Grinter and Sarah Williams assist Good Fairy Lilac. King Cactus played by the talented Roy Bowskill, and the decorous Queen Marigold, played by Jess Ives, are delighted at the birth of their daughter Princess Rose, played by Emily Deer, but Bad Witch Hazel has her own designs on the destiny of the innocent Princess involving the infamous spinning wheel, and it seems her evil is too powerful to stop.

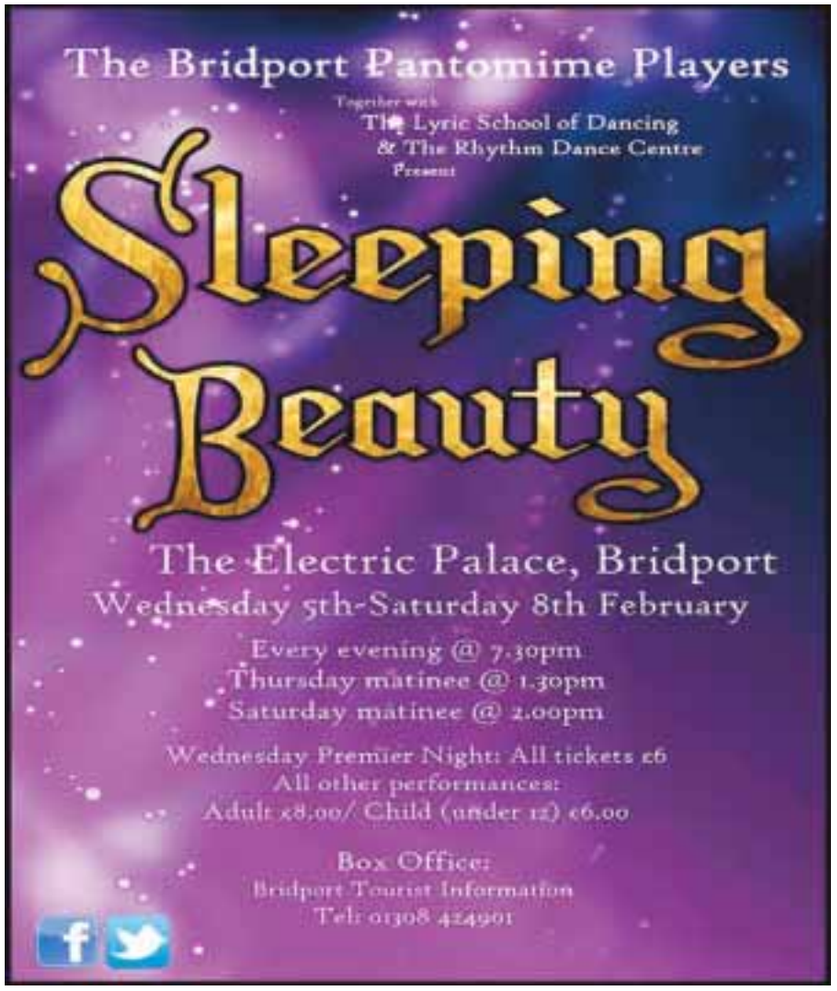
Nursemaid to the Princess, Nurse Dottie Dettol, played by an enthusiastic Anthony Steventon, does her best to protect Rose whilst still finding the time to interact and joke with the audience as only a Dame can.

Muddles, the clumsy Palace Handyman, played by Ziggy Gray, is the 'Simple Simon' of the piece and alongside Fetch, played by experienced Sue Farrant, and Carrie, played by comical Tracy Caden, the Palace messengers, will keep the audience on their toes with a barrage of jokes, comedy and laughter.

The hero of the piece, dashing Prince Alexis played by Amy Day, who also plays his own great grandson, Prince Alexander after the court has been asleep for 100 years, breaks Bad Witch Hazels spell and Princess Rose awakens restoring joy to the kingdom.

The chorus are kept busy appearing as villagers, courtiers and school children and provide vibrant songs and routines choreographed by Teresa Grinter, assisted by Amy Wheatley. The production is supported with dance numbers from Teresa Grinter's 'The Lyric School of Dancing' and Becky Mather's 'The Rhythm Dance Centre' both of which provide dynamic, zesty and animated routines.

'Sleeping Beauty' will be performed Wednesday February 5th – Saturday 8th at 7.30pm, with a Thursday matinee at 1.30pm and a Saturday matinee at 2pm at the Electric Palace. Already, local schools Symondsbury, St Mary's and Loders have booked their place for the eagerly awaited production and many local children have entered this years programme cover competition, winner to be soon announced! Tickets are now on sale at Bridport Tourist Information, Adults £8/Child (under 12) £6, all tickets £6 on Premier night (Wednesday) Tel: 01308 424901.



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GOOD MUSIC FOR EVERYONE!

B SHARP is launching two new music projects for ages 13 upwards. B Sharp Voices - is for keen singers who want to commit to a longer-term project with lots of opportunity to write and perform and The B Sharp Collective, which is a five-day creative project for young musicians and vocalists. Everyone is welcome regardless of your musical taste, experience and background.

The new ensembles will be will be based in both Bridport and Lyme Regis, making access easier for young musicians and singers from Beaminster, Bridport, Lyme, Axminster, Seaton and the surrounding areas.

A dynamic B Sharp team with principal music leader and composer John K Miles, along with a team of young music leaders are visiting Beaminster, Woodroffe & Colfox Secondary Schools this week offering a series tasters for keen singers from across West Dorset & East Devon, giving them the opportunity to try it first before booking a place. On Sunday 26th January, there is also a taster session in Bridport at the Bridport WI Hall, North Street, DT6 3JQ from 10.00 am - 1.00 pm and in the afternoon in Lyme Regis at the Woodmead Halls, Hill Road, DT7 3BS from 2.00 - 5.00 pm.

The message is If you are over 13 and under 25 and enjoy singing then go along. Demand is expected to be high as the track record of this organisation is remarkable with notable and recent large-scale events such as The Big Mix music festival and Coastal Voices where 220 young singers sang for the Olympics.

Fran Williams Director of B Sharp says: 'There are so many young musicians and families waiting for an opportunity like this. Our message is: if you're interested in making good music, playing, singing, writing, recording and performance - whatever your experience or interest - there is something for you. Just come along and check it out for yourself'. If you are passionate about making music and having a good time then sign up now'.

'What makes B Sharp special is its ability to bring young people together, to share ideas and create amazing music and events which have the power to change lives.'

B Sharp is leading the way in implementing the National Music Plan in the region. 'Our music projects support young people to develop their creative and social skills, make positive contributions to their community and live happy, successful lives' B Sharp has a brilliant team of inspiring music leaders, musicians and young trainees who work closely with partners to improve the music-making in the region. The range of opportunities is extensive across the wider B Sharp programme. It's more than just music and Youth Music, the National Lottery through Arts Council England, Soundstorm, Bournemouth & Poole Music Education Hub and West Dorset District and Lyme Regis Town Councils.

To book a place or find out more contact franwilliams@bsharp.uk.com. Text/call 07968 177 663. www.bsharp.uk.com

The Chatty Man comes to town

UNDENIABLY classed as one of Britain's funniest and treasured comedians, the hugely successful, Bafta Award-Winner, Alan Carr is coming to the Marine Theatre, Lyme Regis with his new Work in Progress tour (plus support) on Friday, March 7th.

With huge acclaim for television appearances such as his hit series Alan Carr: Chatty Man, Comic Relief and The Royal Variety Show, Alan is also known for bringing lively and uproarious stand-up theatre across the UK. It is his sharp wit and clever quips that have resulted in awards ranging from Baftas to National Television Awards and Comedy Awards to the 'Funniest Tweeter of 2013' (Heat Magazine).

The Marine Theatre in Lyme Regis is renowned for being a local venue with a national reputation and is thrilled to announce this must-see event, on sale now.

Alan Carr – Work In Progress (plus support) is on at the Marine Theatre, Lyme Regis on Friday, March 7th at 8pm (Doors open at 7.30pm).

All Tickets £13.00 (plus £1.30 booking fee) and are on sale this Thursday. A TheatreFriends discount is available. For tickets, contact 01297 442138 or visit www.marinetheatre.com

◆ **The tour heads to Bridport Arts Centre on Monday, March 10th at 8pm. Tickets are on general sale from 10am on Thursday, January 23rd.**

BOOK YOUR PLACE WITH

B Sharp Voices

bsharpvoices

A new project with John K Miles for keen singers 13 - 19 years living in West Dorset/East Devon

All levels of experience welcome

Project runs Sundays from 6 April - 30 November in Bridport and Lyme Regis

FREE TASTER SESSIONS in January Beaminster School on 21st, Woodroffe School on 22nd Colfox School on 24th and **out of school** in Bridport (morning) and Lyme Regis (afternoon) on **Sunday 26th**.

For more information: www.bsharp.uk.com
Text/call franwilliams@bsharp.uk.com 07968 177 663

BOOK YOUR PLACE WITH THE

B Sharp Collective

A new project with John K Miles

For musicians and singers aged between 13 & 19 years living in West Dorset/East Devon

All instruments and voices welcome

Project runs for 5 days from 2 - 19 February in Bridport

For more information: www.bsharp.uk.com
Text/call franwilliams@bsharp.uk.com 07968 177 663

Make it yourself...

Butternut Squash, Cheddar and Sage Sausage

We love these sausages at Tierra Kitchen. They now seem to be a permanent fixture on our brunch and children's menus. A combination of roasting the butternut squash and toasting the pumpkin seeds in soy sauce gives the sausage mix a great depth of flavour. Including roasting the squash the recipe takes about 50 minutes to make, the mix is best left in the fridge to cool and set a little before rolling.

Makes about ten fat sausages

Equipment needed;
A food processor

Ingredients;
200gm Butternut squash, peeled, deseeded and cut into one centimetre cubes
3 Dessert spoons olive oil, and a good pinch salt, and ground pepper to roast the squash
200gm Pumpkin seeds
2 Dessert spoons soy sauce (preferably tamari, as lighter and a more refined flavour)
1 Large onion, peeled and finely diced
2 Cloves garlic, finely chopped
8 Sage leaves, finely chopped
170gm Fine breadcrumbs (preferably panko, as lighter and more refined)
120gm Good mature Cheddar cheese, grated
Olive oil for frying the sausages once prepared

Method
Pre heat oven to 180 Degrees C

Place the prepared squash in a baking dish, baste with the olive oil and season with salt and pepper. Roast in a pre heated oven for 30 minutes until just cooked through and taking colour. Allow to cool for 10 minutes.

Meanwhile "dry fry" the pumpkin seeds; Place a medium sized saucepan on a low to medium heat, add the pumpkin seeds and warm them through while stiring with a wooden spoon to prevent burning. When hot, evenly splash on the soy sauce, stir hard to coat the seeds in the sauce. Continue to move the seeds so all the liquid is absorbed and the seeds are fully coated. Allow to cool for 10 minutes. Blitz in a food processor until the seeds have the texture of rough breadcrumbs.

Now fry the onion in a little olive oil on a gentle heat for three minutes, add the garlic and fry for a further two minutes until the onion becomes translucent .

Finally, in a large bowl, mix all the ingredients together thoroughly. Breaking the squash up by hand into the other ingredients creates a better texture, this is a job loved by children.

Allow the mix to stand in the fridge before rolling and pan frying. To roll take "small tennis ball" amounts of mix, roll into a firm ball first before rolling into sausages on a clean surface.TO cook pan fry gently for about 4 minutes. NB these sausages need a gentle heat and constant turning as they take colour very easily

Better Children's Menus

with Tierra Kitchen's award-winning chef Mark Evans

IT always surprises me that in good restaurants, the ingredients, ideas, and fine wines are readily enjoyed by adults, yet while tucking into seared scallops and a glass of New Zealand sauvignon blanc, the children are given nuggets, sausages and chips.

It is a challenge to get children to eat healthily. As really young children it was a struggle with my two to get them to eat anything green, or anything too processed. Simplicity seems to be the key.

Once again, I am not pushing the idea of a hundred percent vegetarian diet. However, taking the vegetarian option some of the time will have health benefits, and help open children's minds to new things. Vegetarian cooking, unlike meat cookery has to start from scratch; lots of ingredients are used to produce a completed dish. This can be great fun to make with children as they see the whole process of the meal before eating it, rather than working with a large protein content (meat) and adding to it. The simple sausage recipe opposite is a good recipe to try, they are very healthy and beat all the supermarket ones for flavour too!

There have been numerous campaigns to promote better children's meals, most famously Jamie Oliver's brilliant School Dinner initiative. However, we are a long way behind countries like Italy and France when it comes to our children eating out with us. Here it is normal for the children to eat the same dishes as the adults from start to finish, as opposed to a no brainer fast food option which is quick and easy.

I have recently discovered a new initiative called "Better Children's Menus" , the organisation encourages restaurants, cafes and pubs to improve the standard and choice of meals that they make available for children. They then list the establishments for us public to choose.

For more veggie ideas to make at home check out the Vegetarian societies web site at www.vegsoc.org/. For the even more health conscious, check the food for life initiative; www.soilassociation.org/ . For gluten free ideas and recipes which are low in carbohydrates check Gwyneth Paltrow's family cookbook "It's all good".

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View 2 Diary Dates

WEDNESDAY JANUARY 22ND

EYPE: West Dorset Decorative and Fine Arts Society meeting. 'Art and the Russian Revolution' talk by Mr Jethro Lyne at Highlands End Leisure Centre from 2.30pm. For more details call 01297 443615.
UPLYME: Talk: 'Secrets of Victorian Walled Garden' by Chris Smith of Pennard Plants. Chelsea Gold Medallist. At Uplyme Village Hall, 7.30pm. Organised by Uplyme and Lyme Regis Horticultural Society. Members free, non-members £3. For more details call 444034.
BEER: Jurassic Folk & Acoustic re-opens at a new venue, The Dolphin Hotel, Beer. At 7.30pm. Free admission and everybody welcome. For more details call 01297 20064 or visit www.eastdevonfolk.org
BRIDPORT: Bridport Community Orchard AGM in the Town Hall. 7 for 7.30pm. All welcome. Short business meeting (appx 30 mins).

THURSDAY JANUARY 23RD

CHIDEOCK: Whist at the village hall, from 7.30pm.

SATURDAY JANUARY 25TH

LYME REGIS: Burns Supper and Ceilidh at Woodmead Halls from 7pm. 3 course meal, whisky and ceilidh, with the Silver and Gold Dance Band. Tickets £19.50, fundraising for Lyme Regis Gig Club and BSharp. Meat and veggie haggis available. Tartan theme. For more details call 07811 264507.

SATURDAY JANUARY 26TH

BRIDPORT/WEYMOUTH/DORCHESTER: Local Singles Walking Group. Do you like walking? Are you single? Aged between 45-65? Local walking group meet every Sunday and walk about 8 miles looking for new members. For more details please call 07901 862588 or e-mail owls-walking@hotmail.co.uk.
WHITCHURCH CANONICORUM: The 14th Annual Farmhouse Breakfast where full english breakfast is available using local produce for breakfast, brunch or lunch. Lots of choices of fruit, yogurts, Dorset cereals, tea/coffee and toast, as much as you can manage. At the village hall. Adults £7.50 and children under 10 £5.00. Proceeds to Village Hall, and donation from raffle to Macmillian Cancer Support. More details 01297 489375.

MONDAY JANUARY 27TH

BRIDPORT: Biodanza at Othona. 7.15 for 7.30pm. Monthly drop-in class (2nd and 4th Monday each month). Cost £7 (Concessions available - just ask) Free for Biodanza newbies! For more details call 01308 897 130 or visit www.biodanza-bridport.co.uk
BRIDPORT: Would you like to have the opportunity to use a range of art materials in a supportive environment? No experience necessary. Come to: 'The Front Room', 5, Downes St, DT6 3JR every other Monday 10am until 12noon. £3 per session if you bring your own paints/materials, £5 if you use materials available (includes cup of coffee or tea). For further details and to book a place, please ring: Angela 07932563147 or email: angela.mj@talk21.com
BRIDPORT: Bridport Folk Dance Club at 7.30-9.30 pm in the WI Hall, North Street. No partner or previous experience required. Admission £2. Contact Jane on 01308 898 002 or Monty on 01308 423 442.
BRIDPORT: 'The Jurassic Coast – An Ever Eroding Coast' a talk by Sam Scriven, Earth Science Advisor, Jurassic Coast World Heritage Team. At Bridport United Church Hall, East St. from 2.30pm. Presented by the Golden Cap Centre of the National Trust. Non-members welcome. Admission £3. Includes tea or coffee and biscuits. For further information 01308 863577

THURSDAY JANUARY 30TH

BRIDPORT: West Bay Community Forum open meeting at Haddon House Hotel, West bay, starting 7.30pm. An update of the latest events and a chance to discuss upcoming items for inclusion.
Come and help make West Bay even better!

FRIDAY JANUARY 31ST

LYME REGIS: Lyme Bay Photographic Club, Tony Burges presentation 'Hidden Extras'. At Woodmead Halls, Hill Road from 7.30-10pm. For more details call 01297 444733 or go to the website www.lymebayphotographicclub.org

SATURDAY FEBRUARY 1ST

UPLYME: Jumble Sale at Uplyme Village Hall, raising funds for Lyme's Gig Rowing Club. At 2pm.
BRIDPORT: Bridport Ceilidhs featuring Somerset duo 'Mitchell & Vincent' with Eileen Nightingale calling at Church House (St Mary's) Hall, South Street, DT6 3NW. Soft drinks provided; bring a bottle, bring finger food snacks to share, bring a friend – bring two! – and dance 'for the fun of it!' Doors open 7.15 for 7.30 - 11.00pm dance. Tickets £8.50 on the door or £7.50 in advance from Bridport Music Shop, South Street and Jaxsons Delicatessen, West Street, or call organiser. A limited number of complimentary tickets are being made available to first-timers – contact Monty on 01308 423442. See www.bridport-ceilidhs.wordpress.com

SATURDAY FEBRUARY 2ND

BRIDPORT/WEYMOUTH/DORCHESTER: Local Singles Walking Group. Do you like walking? Are you single? Aged between 45-65? Local walking group meet every Sunday and walk about 8 miles looking for new members. For more details please call 07901 862588 or e-mail owls-walking@hotmail.co.uk.

MONDAY FEBRUARY 3RD

BRIDPORT: Bridport Folk Dance Club at 7.30-9.30 pm in the WI Hall, North Street. No partner or previous experience required. Admission £2. Contact Jane on 01308 898 002 or Monty on 01308 423 442.

TUESDAY FEBRUARY 4TH

LYME REGIS: Lyme Regis Art Society. Meeting 2-4pm at Woodmead Halls. Our Honorary President, Terry Whitworth, will show us how to be more selective with Still Life, in acrylics. All are welcome. Non-members admittance is £5. Contact Sheila on 01297 445464 for further information.

WEDNESDAY FEBRUARY 5TH

BEER: Jurassic Jam, the NEW folk jam session, all acoustic instruments very welcome, free admission. The Dolphin Hotel, Beer, 8pm More info 01297 23291 or 01404 46451 or www.eastdevonfolk.org

THURSDAY FEBRUARY 6TH

BRIDPORT: Bridport Electronic Organ Club Concert with Richard Monks. At United Church Hall, East Street. Doors 7pm, concerts 7.30pm. Membership £4 per year. Concert admission: members £7, visitors £8.
CHIDEOCK: Bingo at the village hall. Eyes down 7.30pm.
WEYMOUTH: Broadwey Upwey and District Horticultural Society. A talk by Mark Read on "Vegetable Growing". St Nicholas Primary School, Dorchester Road, Broadwey. For more details call 01305 814887.

FRIDAY FEBRUARY 7TH

BEAMINSTER: 'Blues & Jazz at the Pavilion' with Julie Dunn and Guests, with Blue Zoo. At Beaminster Pavilion. Doors open 7.30pm, music 8-10pm. Tickets £7.50 by calling 01308 861746.

SATURDAY FEBRUARY 8TH

BRIDPORT: The New Elizabethan Singers will perform Karl Jenkins' 'The Armed Man; a Mass for Peace' at St Mary's Church, South Street. Tickets (£12 but under 16's free) will be available from Bridport Music and Goadsby Ltd, both in South Street. For further information, please contact 07528 105977"
LODERS, NR BRIDPORT: Quiz Night at Loders Village Hall, 7pm. Teams of 6. Book your table by calling 01308 456958. Fund raising for Loders Young Players

SATURDAY FEBRUARY 9TH

BRIDPORT/WEYMOUTH/DORCHESTER: Local Singles Walking Group. Do you like walking? Are you single? Aged between 45-65? Local walking group meet every Sunday and walk about 8 miles looking for new members. For more details please call 07901 862588 or e-mail owls-walking@hotmail.co.uk.
BRIDPORT: Bridport Community Orchard to lay fruiting hedge in the orchard, from 10am. Tools and materials are provided, any volunteers welcomed.

MONDAY FEBRUARY 10TH

BRIDPORT: Biodanza at Othona. 7.15 for 7.30pm. Monthly drop-in class (2nd and 4th Monday each month). Cost £7 (Concessions available - just ask) Free for Biodanza newbies! For more details call 01308 897 130 or visit www.biodanza-bridport.co.uk
LYME REGIS: Lyme Regis Art Society. Workshop 10am-1pm at Lyme Regis Football Club, Charmouth Road. Terry Whitworth will tutor a workshop on Still Life. Free on site parking. All are welcome. Please contact Sue Wells on 01297 444289 to register and for more information including suggested list of materials.
BEAMINSTER: Dorset Moviola proudly present 'About Time' (cert 12A). At Beaminster Public Hall. Doors 7pm, film 7.30pm. Titckets £5 (advance) or £5.50 (door). To booki call 01308 862796.
DORCHESTER: WDHS Retirement Fellowship - The West Dorset Health Service Retirement Fellowship will meet at 2.30pm in the Lecture Theatre, Dorset County Hospital. Mike Crankshaw will give a talk on being a Member of the Crew on the Royal Yacht Britannia. All retired members of the Health Service are welcome to join.

THURSDAY FEBRUARY 13TH

CHIDEOCK: Whist at the village hall, from 7.30pm.

FRIDAY FEBRUARY 14TH

LYME REGIS: Lyme Bay Photographic Club, Competition 'Stormy Weather; / Optional Competition, Judge John Tilsley. At Woodmead Halls, Hill Road from 7.30-10pm. For more details call 01297 444733 or go to the website www.lymebayphotographicclub.org
UPLYME: Uplyme and Lyme Regis Horticultural Society fundraiser. Curry Night and Ferret Racing at the village hall, doors open 7pm for 7.30pm start. Kingston Maurward College's ferrets will run five races; betting is £1 a go, with cash prizes of £25, £10 and £5 for each race. Entry for the evening is £8.50 including a Spice'n'Rice curry (either meat or vegetarian). Tea, coffee and soft drinks will be on sale or bring your own alcohol. It is essential to book your tickets in advance: please ring 01297 444034 or 01297 442378, also available from Uplyme Post Office.

Gerard and The Watchmen to play Dorchester Arts Centre

"Really Impressed, knocked out, and wonderful on stage by all accounts"
Bob Harris, BBC Radio 2

MUSIC to warm your heart on a winter's evening from one of the most widely praised acts on the UK's alternative folk scene, Gerard and The Watchmen. Expect stunningly beautiful and haunting songs from this trio as they flit from guitar to banjo, double bass to harp and mandolin to percussion. Dave Gerard's glorious voice is the ideal vehicle for his poetic, beguiling lyrics.

Gerard and The Watchmen perform at Dorchester Arts Centre on Saturday, February 1st at 8pm, with doors and bar open at 7.30pm. Tickets cost £8, or £6 for members and concessions, available online at www.dorchesterarts.org.uk or by calling 01305 266926.

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6.30-7.30pm **CIRCUITS**
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6.00-6.45pm **GROUP STUDIO CYCLING**
6.00-7.00pm **BFIT RUNNING CLUB**
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You may also consider making a Lasting Power of Attorney, to be used by people you nominate to run your affairs for you, should you become unable to. This can cover your financial future and your personal and welfare decisions whilst you are alive.

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Tips for eating well as you age

AS YOU age, your relationship to food may change along with your body. A decreased metabolism, changes in taste and smell, and slower digestion may affect your appetite, the foods you can eat, and how your body processes food. The key is to figure out how to adapt to your changing needs. Now, more than ever, healthy eating is important to maintain your energy and health.

. Load up on high-fiber fruits, vegetables, and whole grains. Your whole digestive system does slow as you age, so fiber is very important. Consume fiber-rich foods such as whole grains, fruit, and vegetables. They will help you feel more energetic and give you fuel to keep going.

. Put effort into making your food look and taste good. Your taste buds may not be as strong and your appetite may not be the same, but your nutritional needs are just as important as ever. If you don't enjoy eating like you used to, put a little more effort into your meals, including the way you flavor, prepare, and present your food.

. Watch out for dehydration. Because of physical changes, older adults are more prone to dehydration. So make sure you are drinking plenty of fluid, even if you don't feel thirsty. If you're not getting enough water, you're not going to be as sharp and your energy will suffer.

Make meals a social event. It's more enjoyable to eat with others than alone. If you live alone, invite other people over. It's a great way to stay in touch with friends and you can share cooking and cleanup duties.

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IN A tranquil setting within the conservation area of Colyford, Elmwood offers a private residential lifestyle in comfortable and elegant surroundings. A kindly and professional care team is always on hand to make sure that every day is pleasant, carefree and relaxed.

Built at the turn of the century, Elmwood was established in 1983 and has remained in the same hands since, with new management at the helm as from October 1997. Sympathetic additions and improvements have taken place over this period to provide private en-suite bathrooms throughout.

All accommodation is comfortably appointed and rooms are generally well above the average size. Whilst all rooms are arranged for single occupancy, some rooms are suitable for couples but special permission needs to be sought.

Although all rooms are furnished to a high standard, residents are welcome to bring their own furniture and possessions with them to feel more relaxed and at home.

www.elmwoodonline.co.uk

ELMWOOD
RESIDENTIAL HOME
Surpassing All Expectations

A home for discerning residents who like to be safe, secure and enjoy their time.
• Excellent Care • Free In-House Physiotherapy
• Delicious & Nutrious Food - Awarded Grade 5 (Excellent) by the Food Standards Agency
• Daily Activities • Three Bus Trips a Week
Respite Room & Day Care Services Available
Spend a day with us as our guest & judge for yourself.
Call us on 01297 552750 & ask to speak to Jo or Lynne.
En-Suite Rooms Available

Bridport Mobility

AT BRIDPORT Mobility, our aim is to offer advice and quality products at affordable prices to each of our customers. At Bridport Mobility we believe everybody should be entitled to independence and freedom in every aspect of their lives. We are proud to offer a vast range of products, all designed to make those living with disabilities feel capable and secure.

We are members of CED, the Community Equipment Dispenser Scheme.

Why not come and see our convenient and well stocked showroom in Bridport, Dorset? Our helpful and knowledgeable staff will be on hand to guide you through our wide range products, such as;
- Mobility Scooters
- Household Aids
- Wheelchairs
- Rise and Recline Chairs
- Powerchairs
- Bathing Aids
- Stairlifts
- Walking Frames
- Toileting Aids
- Services Spares & Repairs

Our professional team will be on hand to maintain and repair your mobility device for as long as you have it. We offer our customers a thorough and professional service on their vehicles once a year, our team are also available for when the unforeseen happens in between services. We offer support to our customers with our knowledgeable and honest team of advisors who will always be on hand to guide each customer through the many choices on offer.

Call us on 01308 42 42 66 or visit www.bridportmobility.co.uk

Clarondene

New Year at Clarondene

WELCOME to 2014 and all it has to offer. We are all well and enjoying our busy lives.

CB's craftwork is productive and he was given lots of Christmas gifts to help with his creations. CR is singing lots and busy with her word games. UH has moved from a dancing to a photo phase, and MS, having refused a TV in her room for 4 years, is now a JK addict! IH is a cheerful delight, and JR-W keeps us on our toes as she manages her loss of sight. ML is our miracle and VF still manages to know more about what goes on here than the rest of us.

If you're wondering what all the initials are for, ask no more, blame the COMMITTEE – Data Protection and all that!

Happy 2014 – pop in for tea when you are passing. *Alison*

Clarondene

WE CURRENTLY HAVE A SINGLE GROUND FLOOR ROOM AVAILABLE WITH VIEWS ACROSS LYME BAY

Clarondene Residential Care Home, View Road, Lyme Regis, Dorset DT7 3AA web: www.clarondenecarehome.co.uk

Telephone: 01297 442876

Horton Cross Nursing Home

Horton Cross Nursing Home - Caring for you!

HORTON Cross Nursing Home is privately owned providing general nursing care to the elderly; this includes Palliative and Respite Care.

Whilst always striving to achieve higher standards of care, we are proud of the service we offer and continually encourage staff to maintain their on- going training programme supported by the management of the home.

We strive to ensure the home is run with a 'home from home,' happy and relaxed atmosphere. At the same time we employ a good safe, secure and professional standard of nursing care.

A structured recreational programme is in operation involving all residents. This includes outings, entertainment and activities suitable for all residents.

We have a hairdresser and a registered chiropodist who visit regularly.

All other personal services including dentist, physiotherapy, newspapers and magazines, can be arranged. We also have an in-house shop which sells toiletries and confectionery items.

Doctors from local practices visit Horton Cross on a regular basis or by individual appointment.

Adequate parking facilities are available for all visitors and a warm welcome will always await them. We provide for the social service and privately funded clients. Fees and any other details supplied on application.

HORTON CROSS NURSING HOME

01460 52144

Pinhay House

"Your home from home by the sea"

WITH a fresh new start to 2014 under the direction of newly registered manager Janet Tolley, the established care at Pinhay has now taken on a new and enthusiastic feel. Janet's exciting approach has expanded and developed the activity team to ensure that seven days a week there is something for everyone, every day at Pinhay.

Janet's new "Local Carer Strategy" includes making Pinhay accessible to all those who need respite or a break from caring for someone in the community. Be it for the day, overnight or for a few weeks, it's worth talking to her to discuss how Pinhay can help.

Call Janet on 01297 445626 to find out more about what's happening at Pinhay and how we might be able to help with your care needs.

▲ View from the terrace at Pinhay

PINHAY HOUSE

✓ Residential Care
✓ Dementia Care
✓ Respite Care
✓ Day Care
✓ Advice & Support

"your home from home by the sea"

★ ★ ★ ★ ★

Lyme Regis, Dorset, DT7 3RQ. Tel: 01297 445626
Email: info@pinhayhouse.co.uk www.pinhayhouse.co.uk

The Manor House

THE Manor House is run as a small family home with the emphasis on the provision of quality individual care in a comfortable, safe and cheerful environment. The organisation and management of the home are the means to achieve that end.

Dr. S.H. and Mrs. S.E.C. Curry have owned, managed and resided at The Manor House since April 1996.

Dr. Curry is a chartered psychologist with many years experience dealing with the rehabilitation of brain-injured individuals, whilst Mrs. Curry is an RGN with many years of specialist practice. Her experiences as ward Sister have been invaluable training in the management of staff and resources.

The Manor Houses latest Care Quality Commission inspection report was rated as a 3 Star or Excellent Care Service. The Manor House is a private residential care home which strives to provide the highest standard of care and permanent accommodation for 15 elderly individuals.

At The Manor House it is their aim to provide individual care in a comfortable, safe and cheerful environment where residents' individuality, privacy, dignity and freedom are respected.

At any point in time The Manor House will have between 14 and 18 members of staff additional to the proprietors. The proprietors fully recognize the crucial role that staff play in the welfare of the residents and therefore have had a long-standing commitment to continuous staff development and training. This is evidenced by the high level of staff qualification.

Please visit our website, where you will find all the information you need to determine if our home would be suitable for you or your relative. However; if you feel you need any additional information about any aspect of life in our home, please feel free to contact us at any time.

If you are able, we would like you to visit so we can show you what our home has to offer you or your relative.

The Manor House

THE FIRST CHOICE - NOT THE LAST RESORT ...

Fore Street,
Seaton,
Devon
EX12 2AD

Telephone
01297 22433

Fax
01297 21175

www.manorhouseseaton.co.uk

The Priory

A Home from Home - The Priory

CHANGING Perceptions, changing lives - The aim at The Priory is to promise the individual, their families and the community the highest quality elderly and dementia care, enhancing each person's world through changing perceptions and changing lives. They also provide the same great services, in the comfort of your own home

The Priory is dedicated to the care of people who have decided they can no longer manage in their own home. Everyone who decides to join us is treated as an individual and carefully assessed so that an agreed plan of care can be worked out. Clearly some residents require more help than others but all receive the same quality of care delivered by our staff under the direction of the Manager, Gillian Kirkman.

The Priory is registered for elderly care, including Alzheimer's, dementia, elderly frailties and physical disabilities.

All our care staff are professionally trained to a minimum of NVQ2 and they receive on-going training in First Aid, Health and Safety, Food Hygiene, Lifting and Handling and Dementia Care.

We have an excellent team of bright and happy carers and ancillary staff dedicated to making The Priory a really nice place to live.

Each resident is allocated a key carer who has a special responsibility for ensuring their comfort and well-being, who is there to listen if problems arise and to act as a channel of communication in case of need.

Depending on the accommodation we have available at the time of an enquiry, we can offer full-time residential care, convalescent care and respite care. Day care is at the discretion of the Manager. Length of stay can vary from a few days to months or years. Enquiries should be addressed to the Manager, Telephone 01404 812939.

The Priory has a sister company called the Priory Home Care Service, bringing Care Services directly into peoples' homes.

We understand that many elderly people prefer to stay in the familiarity of their own home surroundings, for as long as possible, before entering The Priory for full 24 hour care and support.

And we know that it can be hard, and that sometimes you just need a little help.

Or sometimes, a lot of help. Or we can just come along for a chat, a cup of tea and a bit of company.

That's why we provide professionally trained Care Staff who can visit your home and help you with all kinds of things. A few of them being: Personal Care, Washing & Dressing, Getting up & Going to bed, Shopping, Companionship, Cooking, House hold chores, Medication, Socialising, Catheter Care and Light domestic duties.

When an extra pair of hands are needed, The Priory Home Care is just a telephone call away - Telephone: 01404 815511

Active Mobility

Motability from Active Mobility

ACTIVE Mobility is delighted to announce we have been accredited as an Approved Dealer for the Motability Powered Wheelchair and Scooter Scheme.

Motability

Under the Motability Scheme, people with disabilities can use their Disability Allowance or Personal Independence Payments to lease a new car, powered wheelchair or scooter. The Motability scooter and wheelchair scheme offers a three-year lease, which includes extra peace of mind with worry-free servicing, repairs and insurance.

The Active Mobility showrooms in Weymouth and Poundbury are the largest in the area and offer a number of advantages for people looking to find the right mobility products to meet their personal needs. Having a wide range of wheelchairs and scooters to see under one roof makes it easier to compare models and try things out first hand. We also have specialist mobility advisers on hand to help customers with all the information they need to find the right powered wheelchair or scooter. Alternatively, if it's more convenient, a home demonstration can be arranged.

Electric wheelchairs or mobility scooters can be leased on the scheme from as low as £14.00 per week with no service or repair costs during the agreement.

As well as powered wheelchairs and scooters, available through the Motability Scheme or to buy, the large Mobility showrooms also offers a wide range of mobility products, from rise and recliner chairs, stairlifts and adjustable beds and an extensive selection of daily living aids.

Offering More

Richard Binnie, store manager at Poundbury commented:

"We're delighted to have been accredited as a Motability dealer for Dorset, we have been in negotiations with Motability to secure the scheme for a number of years now and this is the result of a lot of hard work by all the staff enabling us to secure this prestigious dealership account."

Please phone 01305 77 44 22 or 01305 21 31 41 for more information or to take a test drive on the many scooters and chairs available on the scheme.

THE PRIORY

Home Care Service and Day Care Centre

CHANGING PERCEPTIONS
CHANGING LIVES

★ ★ RESPITE ROOM AVAILABLE ★ ★

Our aim is...

"to promise the individual, their family and the community the highest quality elderly and dementia care, enhancing each person's world through changing perceptions and changing lives"

Caring for someone? Living alone?
Need a little help or support?
We can provide all the help you need.

ADDRESS: THE PRIORY, 10 PATERNOSTER ROW
OTTERY ST MARY, DEVON, EX11 1DP
PROPRIETOR / MANAGER: MRS GILLIAN KIRKMAN
TELEPHONE: 01404 812939
E-MAIL: PRIORY_10@PRIORYHOMECARESERVICE.CO.UK
WEBSITE: WWW.EASTDEVONHOMECARE.CO.UK

Est. 1996

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For the independent lifestyle

18 Years of Serving Weymouth

Now Motability Accredited so you can now enjoy your independence with our worry free package.

Latest & Largest Range

- ✔ Scooters
- ✔ Wheelchairs
- ✔ Stairlifts
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Southill, Weymouth
Dorset DT4 9BB
01305 77 44 22

www.active-mobility.co.uk

Opening hours: Mon-Fri 9.00am-5.30pm Sat 10.00am-4.30pm

Tips for coping with change

FOCUS on the things you're grateful for. The longer you live, the more you lose. But as you lose people and things, life becomes even more precious. When you stop taking things for granted, you appreciate and enjoy what you have even more.

• Acknowledge and express your feelings. You may have a hard time showing emotions, perhaps feeling that such a display is inappropriate and weak. But burying your feelings can lead to anger, resentment, and depression. Don't deny what you're going through. Find healthy ways to process your feelings, perhaps by talking with a close friend or writing in a journal.

• Accept the things you can't change. Many things in life are beyond our control. Rather than stressing out over them, focus on the things you can control such as the way you choose to react to problems. Face your limitations with dignity and a healthy dose of humor.

• Look for the silver lining. As the saying goes, "What doesn't kill us makes us stronger." When facing major challenges, try to look at them as opportunities for personal growth. If your own poor choices contributed to a stressful situation, reflect on them and learn from your mistakes.

• Take daily action to deal with life's challenges. When a challenge seems too big to handle, sweeping it under the carpet often appears the easiest option. But ignoring the problem doesn't make it go away; it allows both the problem and your anxiety to build. Instead, take things one small step at a time. Even a small step can go a long way to boosting your confidence and reminding you that you are not powerless.

Shire House

SHIRE House Residential Care Home can be found in the world famous seaside town of Lyme Regis, Dorset. Overlooking Lyme Bay and the Jurassic Coast. We welcome respite care, day care and long term care. Socal Services funded residents are welcome.

The majority of our friendly staff and carers have NVQ in care who also provide excellent choice of meals.

It retains all the original character of an Edwardian building with picturesque gardens, and our residents are able to enjoy spacious accommodation with modern facilities.

Hazelwell Lodge

HAZELWELL Lodge is a 35 bed Care Home for the elderly situated in Parish town Ilminster in South West Somerset. Miss Edna Maxwin took over the running in 1987, for people with Old age and dementia. Her aim was to change people's perception of care homes and how people view their autumn years. We are now a 35 bed home specialising in care for those who suffer from dementia and associated behavioural issues that may cause challenges in an unsupervised setting. The operation of the home is designed to enable such residents to resume a more appropriate and desirable way of living that deals with their individual needs on a personal level. We provide safe environments that are adapted to the unique needs of the resident so that they can enjoy as much independence, mental and physical stimulation as possible. Miss Maxwin has now been joined in the ownership of the home by her son Chris Ochoa. With the support and interaction of local authorities, NHS and Healthcare professionals it is clear to see that Perceptions HAVE changed and Hazelwell Lodge holds an important and respected position in the local community.

Auntie Beryls
Working Locally for the past 20 years
DOMESTIC CLEANING SERVICE
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* We can now offer a Property Maintenance Service
Help is just a phone call away...
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SHIRE HOUSE
Residential Care Home

With a view to your future
Excellent Care Quality Commission Report
Sidmouth Road, Lyme Regis, Dorset DT7 3ES
Telephone 01297 442483

HAZELWELL LODGE
SPECIALIST RESIDENTIAL CARE
We focus on providing person centred care, in our 35 bedroomed home, specialising in Dementia, with our highly trained, dedicated team of staff.
2012 winners of the Somerset Care Focus Dignity in Care & Outstanding Manager Awards
For further information please contact:
Claire Kingdon on 01460 52760
claire@hazelwell.co.uk
Hazelwell Lodge, 67 Station Road, Ilminster
Somerset TA19 9BQ

www.wolfetonmanor.com
Wolfeton Manor
SHORT STAY & DAY CARE SERVICE
Owing to popular demand within the local community, Wolfeton Manor is pleased to continue offering a Short Stay and Day Care Service, called Respite Care.
This service is designed to provide anyone needing a short term or one day break to experience the excellent facilities Wolfeton Manor has to offer. As well as offering the client a holiday, it can sometimes help provide the mair carer with a much needed rest.

To find out how we can help you, please call Sam Hansford on
01305 262340
East Hill, Charminster, Dorchester, Dorset DT2 9QL

Care... when you want it, where you want it.
The Perfect Fit
Our forward-thinking Care Match options are designed for your future, so no matter how your care needs might change, you can simply switch to the most appropriate service for care that fits around you.
The Perfect Balance
Altogether Care is a family business established for 25 years and brings family values to life. Creating the ideal environment and support for individuals we deliver just the right balance between independent living and professional care.
Care Match available throughout Dorset and South Somerset. Care Homes located in Dorchester, Maiden Newton, Weymouth and Yeovil.
01305 300161
info@altogethercare.co.uk
www.altogethercare.co.uk
Altogether Care

CANNON CARE HOMES
Every life is worth living to the max!

At Cannon Care Homes it is all about our residents who are our heartbeat. We constantly strive to improve the quality of life for all our guests and our aim to give as independent and positive a life as possible.
We offer the very best quality dementia care employing highly trained staff who are passionate about care. Training our team to adapt to changes in health demands and legislation is an ongoing objective.
Our three homes offer five star facilities and service with quality cuisine throughout each day.
Come and see our vintage general store, our in-house pub "The Snug Inn" (where residents can enjoy a cheeky glass of wine), beautiful gardens and social areas.
Activities prompt better lives and we have a full events programme to stimulate the mind and encourage socialising. We offer fun days out, swimming, Tai Chi, snooker, gardening, crafts and much more.
For more information visit our website: www.cannoncarehomes.co.uk
The Check House
61 Beer Road, Seaton, Devon EX12 2PR
01297 21858
Silverleigh
Silver Street, Axminster, Devon EX13 5AF
01297 32611
Thornfield
87 Scalwell Lane, Seaton, Devon EX12 2ST
01297 20039

The Koppers

A RESIDENTIAL Care Home specialising in the care of people with Dementia set in one of the most beautiful East Devon villages.

The owners have a wealth of experience in the care of the elderly with complex care needs, long standing mental health problems and severe communication disabilities. They manage, lead and support a dedicated, well trained team of staff and provide a 24 hour person-centred care in a secure environment.

Our Gold Standards which cover all aspects of our work, are Choice, Dignity, Compassion, Respect, Relationships and Friendship.

The Home features a spacious Day Activity area, dining room, relaxation/quiet lounge and patio. Bedrooms are on the ground and first floor, which is accessible by chair lift. Single and double rooms are fitted with hand basins, en suite facilities, some with shower/wet room, television point and up to date 'On Call' system. Personal possessions are welcomed at the owners' discretion and health and Safety regulations.

Meals are offered from a balanced and varied menu, offering choice and delights. Special diets are catered for by excellent home cooking this is locally sourced. Soft drinks and snacks are readily available throughout the day and night.

The gardens and grounds are a delightful pleasure; residents can enjoy the lovely lawns, seasonal flower beds, shrubberies and terraces including Green Houses and Vegetable plots, tendered with loving care.

The amenities of Kilmington offer opportunities for day to day activities and social inclusion. A friendly community and annual fete and flower show, the local Shop/Post Office, Church, Village Hall, and Village Green with a bubbling stream running through makes for an idyllic and peaceful place.

Our activities organiser promotes and encourages a wide range of stimulating activities and outings relevant to the individual, and wherever possible, links with the local community for outings and social inclusion.

We also offer Respite Care.

For further details or to arrange a visit, please telephone The Koppers on 01297 32427. We look forward to meeting you.

West of England Laser Centre

Birthmarks, thread veins and other blemishes

BROWN birthmarks are caused by an excess of melanin, the skin's naural tanning pigment, causing, for example, 'cafe-au-lait' birthmarks. Exposure to the sun's ultra-violet rays can also result in similar changes such as freckles and sun/age/liver spots.

Red birthmarks, such as 'port-wine stains' are caused by an excess of blood vessels near the skin surface, varying from pale pink to purple. Other blood vessel problems sometimes occur in the form of unsightly 'thread/'spider' veins and 'blood spots' (haemangiomas).

The West of England Laser Centre at Nuffield Health Taunton Hospital undertakes treatment with advanced laser technology. A variety of lasers using different types, colours and intensities of laser light are used to treat different skin conditions. The laser energy either destroys the vessels by heat or breaks down pigment into tiny particles which are then dispersed naturally by the body. The darker the pigmented area to be treated, the more treatments required.

Also available: laser removal of other skin conditions such as excess hair, moles, warts, verrucas and tattoos plus surgery for baggy eyelids (blepharoplasty). For further information please contact us on 01823-331773 or visit our website at www.welc.co.uk

The Koppers

A Home From Home

Quality Care with Dignity & Respect

The Street, Kilmington, Axminster, Devon EX13 7RJ

Tel: 01297 32427 www.the-koppers.co.uk

Proprietors Mr & Mrs Baksh

Dignity at the Heart of Everything We Do

Regency Care & Mobility

For quality Scooters, Chairs and Beds come and see Regency Care & Mobility

REGENCY Care and Mobility are happy to announce that they are now selling British made rise and recline chairs and beds. The chairs and beds can be made to order to any size. We pride ourselves on giving honest, trustworthy and no pressure to buy advice. Our large stock ranges from small aids to scooters, beds , rise and recline chairs and bathlifts. Anything we do not have on display can always be ordered in for any persons individual needs after initial assessment. We offer exceptional service with compatible prices including free call outs. Our services cost £39 with a free pick up and return. All scooters, chairs and beds brought from us come with a free after care service. Not only do we accept

part exchange on scooters, chars and beds, we will also take away your old beds and chairs when we deliver your new one.

We are open Monday to Saturday 9am to 4pm so come and see us or call us on 01460 271172.

Tips for boosting vitality

DON'T fall for the myth that growing older automatically means you're not going to feel good anymore. It is true that aging involves physical changes, but it doesn't have to mean discomfort and disability. While not all illness or pain is avoidable, many of the physical challenges associated with aging can be overcome or drastically mitigated by eating right, exercising, and taking care of yourself.

It's never too late to start! No matter how old you are or how unhealthy you've been in the past, caring for your body has enormous benefits that will help you stay active, sharpen your memory, boost your immune system, manage health problems, and increase your energy. In fact, many older adults report feeling better than ever because they are making more of an effort to be healthy than they did when they were younger.

Absolute Care South West

ABSOLUTE Care SW is a family run domiciliary care agency based in Honiton. We also cover the rural areas including the Blackdown Hills. We offer all aspects of care including personal care, domestic help, cooking, shopping, pet care, transport, befriending, sleep ins and waking nights and help with budgeting and bills. In fact anything to enable a person to remain in their own home.

Our care can vary from an hour a week to full live in support.

We offer a service to any adult who requires it, short or long term. This covers post-hospital support. As well as domiciliary care this includes supported living for vulnerable adults.

Given the management qualifications and substantial experience in mental health, we are also interested in offering support for people with more complex conditions such as Alzheimer's disease and dementia.

Richard Read, BSc. (Hons), MA., Dip.SW
Joanna Read, MA (Hons), MA., Dip.SW, Ad.Dip.ASW

Top performances streaming to The Gateway

MAKING enthralling theatre out of one of Shakespeare's best-known titles is one thing. It's an achievement of an altogether higher order to take the austerely forbidding ***Coriolanus*** — an argumentative tragedy discussing the demands of politics and the power of the people - and turn it into a theatrical triumph.

But that's exactly what Donmar Warehouse and Josie Rourke has done.Thanks to an ideally dovetailed ensemble led by a scorching Tom Hiddleston, tension builds, fills the theatre and never flags throughout an all-consuming evening.

National Theatre Live will broadcast the Donmar Warehouse production of *Coriolanus*, with Tom Hiddleston in the title role and Mark Gatiss as Menenius, directed by Josie Rourke, live from their Covent Garden home to the Gateway big screen in Seaton, Devon.

The Gateway in Seaton will be screening National Theatre Live's *Coriolanus* on Thursday, January 30th. Doors open 6pm, with the performance starting 7pm. Tickets £12.50 in advance or £15.00 on the door.

A live Bolshoi ballet performance from Moscow of Alexei Ratmansky's stylised new adaptation of ***Lost Illusions***, Balzac's tale of ambition and thwarted love, will be streamed to the Gateway big screen.

Lucien, a young provincial and budding composer, sets out to conquer the Parisian scene in search of glory. His success soon blinds him, and he betrays his friends and his love.

Lost Illusions is a new ballet, created in Moscow in 2011 by Alexei Ratmansky with dramaturgical advice by French actor, writer and director Guillaume Gallienne. This stylised adaptation of Honoré de Balzac's novel features thwarted love, ambition and disillusionment, with 19th century Paris as its backdrop.

Lost Illusions will be streamed to The Gateway on Sunday, February 2nd. Doors open at 3pm for a 4pm performance. Tickets cost £15 in advance, and £17.50 on the door.

A live performance of Antonin Dvořák's Opera ***Rusalka*** by the Metropolitan Opera company of New York will be streamed to the Gateway big screen.

The water sprite Rusalka falls in love with a Prince and with the help of the witch Jezibaba becomes human so as she can marry him, but she must remain silent and when the Prince tires of her and proves unfaithful, a condition of her becoming human is violated and she dies together with the remorseful Prince.

The great Renée Fleming returns to one of her signature roles, singing the enchanting, "Song to the Moon" in Dvorák's soulful fairy-tale opera.

Tenor Piotr Beczala co-stars as the Prince, Dolora Zajick is Ježibaba, and dynamic young maestro Yannick Nézet-Séguin is on the podium.

Rusalka promises to be a spectacular visual and musical experience, and will be screened on Saturday, February 8th at The Gateway.

Doors open 5pm, with the performance from 6pm. Tickets £15 in advance or £17.50 on the door,

National Theatre Live will broadcast ***War Horse*** live from London's West End to the Gateway big screen, Seaton.

Since its first performance at the National Theatre in 2007, *War Horse* has become an international smash hit.

Based on Michael Morpurgo's novel and adapted for the stage by Nick Stafford, *War Horse* takes audiences on an extraordinary journey from the fields of rural Devon to the trenches of First World War France.

Filled with stirring music and songs, this powerfully moving and imaginative drama is a show of phenomenal inventiveness.

At its heart are astonishing lifesized puppets by South Africa's Handspring Puppet Company, who bring breathing, galloping, charging horses to thrilling life on stage.

Don't miss your chance to experience this landmark production at the Gateway big screen, Seaton.

Performances take place on Thursday, February 27th, doors open 6pm, performance 7pm.

Friday, February 28th (matinee showing), doors open 12noon, performance 1pm.

Wednesday, March 5th, doors 6pm, performance 7pm.

Tickets for each showing cost £12.50 in advance or £15 on the door. Please note that tickets are selling fast!

National Theatre Live
& Donmar Warehouse
CORIOLANUS
Thursday 30th January
Doors 6pm
Performance 7pm
£12.50 in advance
£15.00 on the door

Bolshoi Ballet
LOST ILLUSIONS
Sunday 2nd February
Doors 2pm
Performance 3pm
£15.00 in advance
£17.50 on the door

Metropolitan Opera
Dvořák's
RUSALKA
Sunday 8th February
Doors 5pm
Performance 6pm
£15.00 in advance
£17.50 on the door

THE GATEWAY
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www.seatongateway.co.uk

Cinema Listings

Friday, Jan 24th - Thursday, Jan 30th
ALL LISTINGS ARE SUBJECT TO CHANGE

LYME REGIS REGENT
Tel: 0871 230 3200
www.scottcinemas.co.uk

The Railway Man 15
Fri, Tue: 19.40, Sat & Sun: 16.40, 19.40, Mon, Thu: 16.00, Wed: 15.00, 19.40
Frozen PG Sat & Sun: 14.00
Giselle U Mon: 19.00
The Way, Way Back 12A Thu: 10.30

BRIDPORT ARTS CENTRE
Tel: 01308 424204
www.bridport-arts.com

Blue Jasmine 12A
Sun: 19.30
Sunshine on Leith PG
Thu: 13.00, 19.30

WEYMOUTH CINEWORLD
Tel: 0871 200 2000 • www.cineworld.co.uk

The Wolf Of Wall Street 18
Daily: 12.10, 15.50, 19.45
12 Years A Slave 15
Daily: 12.00, 14.30, 16.50, 19.30
American Hustle 15
Fri-Wed: 15.00, 20.30
The Hobbit - The Desolation of Smaug 12A Sat & Sun: 12.20
Devil's Due 15
Fri-Sun, Tue: 18.25, 20.55, Mon: 20.55
Frozen PG Fri, Mon-Thu: 16.00
Sat & Sun: 10.45, 13.30, 16.00
Gravity 12A
Fri, Mon: 12.00, Sat: 13.05, Sun: 11.25am
The Croods U Sat: 10.45, Sun: 10am
Cloudy With A Chance Of Meatballs 2 U Sat & Sun: 10.00am
The Railway Man 15
Fri, Mon, Tue: 13.05, 17.25
Sat & Sun: 17.25, Wed & Thu: 13.05
Delivery Man 12A
Fri, SatL 13.40, 21.05, Sun, Tue: 13.20, 20.50, Mon: 13.20, Wed: 13.20, 17.30
Last Vegas 12A
Fri-Wed: 12.05, 18.05, Thu: 12.05
Jack Ryan: Shadow Recruit 12A
Fri, Tue-Thu: 13.30, 16.00, 18.30, 20.40
Sat & Sun: 11.00, 13.30, 16.00, 18.30, 20.35
Mon: 14.15, 16.45, 18.30, 20.35
Inside Llewyn Davis 15
Daily: 12.00, 14.25, 15.45, 18.15, 20.20
Moshi Monsters U Sat & Sun: 10.00am
Mandela: Long Walk To Freedom 12A
Fri, Mon, Tue: 12.50
August: Osage County 15
Daily: 13.55, 15.40, 18.00, 20.00
Grudge Match 12A
Daily: 15.45, 18.20, 20.40
That Awkward Moment 15
Wed & Thu: 18.25, 20.40
Smurfs 2 U
Sat: 10.00, 11.15, Sun: 11.15
Walking With Dinosaurs U
Sat & Sun: 10.00am

DORCHESTER ODEON
Tel: 0871 22 44 007
www.odeon.co.uk
Contact cinema for up-to-date listings

DORCHESTER PLAZA
Tel: 01305 262488
www.plazadorchester.com

12 Years A Slave 15
Daily: 14.15, 17.15, 20.15
American Hustle 15
Fri, Mon-Thu: 13.45
August: Osage County 15
Fri, Tue, Wed: 13.55, 17.00, 20.00
Sat & Sun: 17.00, 20.00
Mon: 16.00, 20.25, Thu: 17.00, 20.25
Frozen U
Sat & Sun: 11.40, 14.00
Jack Ryan: Shadow Recruit 12A
Daily: 15.30, 18.00, 20.30
Moshi Monsters: The Movie U
Sat & Sun: 13.20
The Harry Hill Movie PG
Sat & Sun: 11.30am
The Hobbit: The Desolation of Smaug 2D 12A
Sat & Sun: 13.30
The Railway Man 15
Fri-Sun, Tue, Wed: 16.45, Mon & Thu: 14.00
The Wolf Of Wall Street 18
Fri-Sun, Tue, Wed: 19.30
Mon, Thu: 16.40

This week's new cinema releases

GRUDGE MATCH 12A
A PAIR of aging boxing rivals are coaxed out of retirement to fight one final bout -- 30 years after their last match.

Stars Robert De Niro, Sylvester Stallone and Kim Basinger.

INSIDE LLEWYN DAVIS 15
A WEEK in the life of a young singer as he navigates the Greenwich Village folk scene of 1961.

Stars Oscar Isaac, Carey Mulligan and John Goodman.

AUGUST: OSAGE COUNTY 15
A LOOK at the lives of the strong-willed women of the Weston family, whose paths have diverged until a family crisis brings them back to the Oklahoma house they grew up in, and to the dysfunctional woman who raised them.

Stars Meryl Streep, Dermot Mulroney and Julia Roberts.

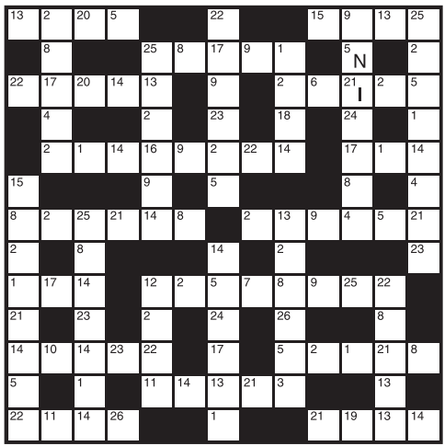
JACK RYAN: SHADOW RECRUIT 12A
JACK Ryan, as a young covert CIA analyst, uncovers a Russian plot to crash the U.S. economy with a terrorist attack.

Stars Chris Pine, Kevin Costner and Keira Knightley.

Brain Gym No.257

Codeword

Each number in the grid represents a different letter of the alphabet and every letter of the alphabet is used. Use the given letter(s) to the right of the main grid to start you off.



1	14
2	15
3	16
4	17
5 N	18
6	19
7	20
8	21 I
9	22
10	23
11	24
12	25
13	26

LAST WEEK'S SOLUTION:

1	2	3	4	5	6	7	8	9	10	11	12	13
T	U	J	C	K	Y	R	N	P	X	L	M	E
14	15	16	17	18	19	20	21	22	23	24	25	26
I	W	G	S	H	D	O	B	A	V	Z	Q	F

Double Crossword

Choose either quick or cryptic clues - both fit the same grid.

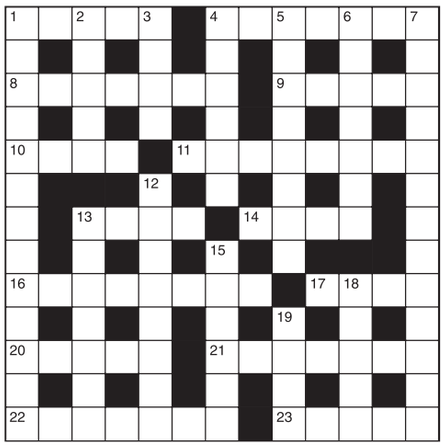
Cryptic Clues:

Across

1. Contemplates the patrons of the liberal arts (5)
4. Wanted: a title of respect in the legal paper (7)
8. Officially he's only a beginner (7)
9 & 15 Dn. This is used to keep the blades close to the ground (5-6)
10. Require a piece of fine edging (4)
11. Subordinate made to supply an inadequate crew (8)
13. In imprisonment I escaped the bonds (4)
14. A number of horses requiring endless mental application (4)
16. Plausibly deceptive speculation followed by debts (8)
17. Food and money for the journey required (4)
20. What friends do is correspond (5)
21. One among a variety of cattle perceptive to touch (7)
22. Goddess encountered among the stags (7)
23. In the tennis game he is like lightning! (5)

Down

1. Get the wrong message? (13)
2. Government to make an announcement... (5)
3. ...it's disturbed by eastern position (4)
4. Venturing to put up an advertisement near the arena (6)
5. Get mess put right around northern parts of the sphere (8)
6. Took warlike measures - provided with new members? (7)
7. Breaking off action, but Sid is returning to battle! (13)
12. One who's in a sorry state (8)
13. More confused after the mathematical proof (7)
15. See 9 Across
18. Chemical coming from a hole in the ground (5)
19. Dramatises part of the New Testament (4)



Quick Clues:

Across

1. Horrify (5)
4. Feign (7)
8. Sentinel (4-3)
9. Tartan (5)
10. Joy (4)
11. Clumsy (8)
13. Brought up (4)
14. Gentle (4)
16. Conducive to health (8)
17. Droop (4)
20. Nimble (5)
21. Outstanding (7)
22. Dulcify (7)
23. Clothe (5)

Down

1. Quarrelling (2,11)
2. Verify (5)
3. Plunder (4)
4. Powerful (6)
5. Clearly stated (8)
6. Made possible (7)
7. Crane-fly (5-4-4)
12. Forcible (8)
13. Deceive (7)
15. Repudiate (6)
18. Shelf (5)
19. Look after (4)

Sudoku

4		6			5	7		8
9		2			8		6	
			6					5
	8		3			2		
2				6	1			9
		1			2		4	
5	2				6			
		9	1			6		2
		8	5	2		4		7

Fill in the grid below so that every column, every row and each of the 3x3 boxes contains all the digits from 1 to 9.

LAST WEEK'S SOLUTIONS >

7	4	5	2	9	1	6	8	3
9	8	3	6	5	4	7	2	1
2	1	6	7	8	3	4	9	5
1	2	7	4	3	8	5	6	9
3	9	4	5	6	2	1	7	8
5	6	8	1	7	9	2	3	4
8	5	1	3	2	7	9	4	6
6	7	9	8	4	5	3	1	2
4	3	2	9	1	6	8	5	7

LAST WEEK'S CROSSWORD SOLUTIONS: CRYPTIC - Across: 3 Dramatist; 8 Date; 9 Masterful; 10 Cellar; 11 Cheat; 14 Tempo; 15 Note; 16 Reach; 18 Oath; 20 Overt; 21 Earth; 24 Strain; 25 Pin-points; 26 Scan; 27 Degrading. Down: 1 Education; 2 Stalemate; 4 Rear; 5 Match; 6 Tartan; 7 Soul; 9 Major; 11 Crash; 12 Tolerance; 13 Pertinent; 17 Hosts; 19 Hamper; 22 Tried; 23 Line; 24 Sten. QUICK - Across: 3 Qualified; 8 Nail; 9 Aggregate; 10 Obtuse; 11 Fears; 14 Range; 15 Echo; 16 Stiff; 18 Cues; 20 Ample; 21 Dandy; 24 Plaint; 25 Frivolous; 26 Hail; 27 Depressed. Down: 1 Incorrect; 2 Distended; 4 Urge; 5 Large; 6 Figure; 7 Eats; 9 Asses; 11 Fairy; 12 Sceptical; 13 Forestall; 17 Falls; 19 Salver; 22 Dulls; 23 Free; 24 Pure.

View Jobs

TO PLACE YOUR RECRUITMENT ADVERTISING call 01297 446151 email stephanie@pemedia.co.uk fax 01297 444981

HELP US SAVE LIVES AT SEA!

Lifeboats

The RNLI shop at the harbour in Lyme Regis has been breaking sales records every year for the past four years. The manager is retiring, and we now need a volunteer replacement to keep the shop at the top of the league.

Sales contribute hugely to the lifeboat charity, and the manager is supported by a large team of very friendly volunteer shop assistants.

Training will be given, so if you would like to help us save lives at sea please contact Julie Bawden on 07818 688611

School Cleaner Required

In Beaminster
3.30-pm-6.30pm £6.31p/h
Call Tina 07961 295594

CUSTOMER SERVICES ADVISOR

Due to company growth we need to expand our team!

Do you have the key skills & standards we are looking for??

Educated to GCSE standard with good telephone, communication & IT skills, Working within a 'call centre' type environment?
Clipper Contracting Group, works with a nationwide range of recruitment companies, processing weekly payments for temporary workers. Applicants should note that this is a call centre type environment.
Full training will be given and previous experience taken into consideration.
Working hours, 9-5.30 Monday to Friday.
Competitive salary and Bonus Scheme.
Please email us with your CV to pauline.pickering@clippercontracting.co.uk

TO ADVERTISE YOUR JOB VACANCY PLEASE CALL STEPH ON 01297 446151

drh supporting independence
www.drh-uk.org

193 ST ANDREWS ROAD, BRIDPORT

Registered Care Home for adults with learning disabilities and behaviour that challenges

INVESTOR IN PEOPLE

Various Support Worker Opportunities

1 x 28.5 hrs per week; Domiciliary Care **(nights); Job Ref: SC/07/01/14**
2 x 37.5 hrs per week; Domiciliary Care; **Job Ref: SC/08/01/13**
4 x 106.5 hrs per month; Domiciliary Care; **Job Ref: SC/09/01/14**
1 x 35 hrs per week; residential home **(nights);** based on two week rotation 4 nights one week and 3 nights the following week; **Job Ref: SC/10/01/14**

Please contact Rosie on 01308 868571 for information and to arrange a visit. Interviews will not be offered to candidates who have failed to visit the home.

Salary for all roles £13,140 – £14,790 p/a pro rata for part time plus enhancements. Experience of client group and full driving license desirable.

DRH offer a full induction and an on-going training programme & a generous leave entitlement.

For an application form (CV's not accepted) and job description, email: samantha.clark@drh.uk.com; telephone DRH on 01305 267483 or visit www.drh-org.uk to download a form directly.

Interviews for all posts will take place on 4th February 2014

All posts are subject to satisfactory Enhanced Disclosure, including Barred List check. This procedure is undertaken by the Disclosure & Barring Service

DRH is a not-for-profit provider of specialist care and support

View from Classified

VIEW FROM BRIDPORT, BEAMINSTER, LYME REGIS, DORCHESTER, WEYMOUTH & PORTLAND

Pre-payment form for classified advertising

Complete this form by writing one word in each box. The advertisement will then be inserted under the appropriate heading. Be sure to include your address and daytime telephone number. Prepaid advertising is 50p per word+VAT (Minimum 12 words) or up to 24 words for £10 inc VAT

4cm x 1col Box 50p per word+VAT

			£7.20 inc VAT (min)
			£10 inc VAT

Name .....

Address .....

.....

Telephone No .....

Number of issues required .....

Please send the form when completed along with a cheque for the appropriate amount to D.D & S series of newspapers, Unit 3, St Michael's Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB. All copy to be received by 12 noon on Mondays. Should you require the advertisement to appear for more than one week the cost should be multiplied accordingly by the number of issues. This excludes recruitment, motoring and leisure adverts.

ADVERTISE FREE*

HOUSEHOLD ITEMS FOR SALE - up to the value of £2,000!

Name .....

Address .....

.....

Telephone Number .....

Submit your FREE advert by post: Bridport I.F.S, Unit 3, St Michael's Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB. To submit by email please **marie@pemedia.co.uk with the subject as 'Items for sale Dorset'.**

Please note: we are unable to take advertisements by telephone or fax

Advertisements will appear in: *View From* Bridport, *View From* Dorchester, *View From* Beaminster, *View From* Lyme Regis, *View From* Weymouth and *View From* Portland

Deadline 12pm every Monday

*Household items only - offer excludes property, livestock, tobacco, alcohol, firearms and vehicles. Private sales only (no trade). We cannot accept liability for loss or error.

BEKO Fridge Freezer is in excellent condition. It's light & dark grey in colour.135cm h x 56cm w x 56cm d. Capacity: fridge 135 litres; freezer 72 litres. Being sold as surplus to requirements in new flat. £55. Buyer collects 01308 538099
SMALL dressing table and bedside cabinet £25 01297 489515
CONSOLE table W-42in D-18in H-31in £25 01297 489515
DESK, 3 drawers at side 1 at top £25 01297 489515
SUPER king size bed with mattress VGC unmarked non smoking house, buyer collects £225 01305 260888
SINGLE bed little used £20 01297 489515
BEACH-CASTER in 2, fishing rod (new unwanted gift) £25 01308 420694
PHILATELISTS 51 British Christmas stamp booklets, 1978, 1998 mint in album, dealers price approx £320, £240 ono 01305 833209
TWO dining room chairs, light wood, black vinyl £5 each 01305 757202
BURGUNDY / brown leather 3 seater settee VGC small, neat and comfortable £150 01297 445123
GOLD leather recliner / swivel relax chair with matching footstool VGC £95 01297 445123
SUMSUNG galaxy – new on O2 £10 credit boxed guarantee unused £35 01308 538402
WW2 video films, WW2 dvd films, all rare, not on DVD £40 ono, eve 01308 868645, day 07922 645105
ALLOY wheels radial tyres 205-55-R16, 4/6 months old £180 full set will separate 01305 871089
ALLOY five wheels and tyres 4 stud 225/50 ZR 16, 2 tyres, nearly new £220 ono 01305 813802 Weymouth
200 LITRES Domestic Heating Oil for sale @ 25p per Litre. Buyer collects. Mosterton area. 01308 868066
COLLECTORS item, solid pewter model starship enterprise franklin mint limited edition approx. 10"x 4.5 £100 01308 863947

CONDITIONS OF ADVERTISING ACCEPTANCE

Cancellation Deadline: The cancellation deadline for the ***View From*** series of newspapers is 4 pm on the Friday before the week of publication. No cancellations will be accepted for advertisements placed on a Monday or Tuesday. We will make every endeadvour to provide advertisers with a proof. For full conditions of advertising acceptance see About Us on the website **www.viewfromonline.co.uk**

KINGSIZE headboard 5ft, new Hampshire pine, excellent condition £20 01929 462852
SINGER sewing machine treadle type, table surround, fold down flat, vintage GWO £35 01929 462852
HP 22 colour cartridge boxed £8 07410 987533
CLASSIC car books 8 Jaguar 3 mixed £25 07410 987533
JAGUAR XJS head lamps with rims LHD VGC £150 07410 987533
CLASSIC car mags, 6 various, recent £5 07410 987533
TEAK W600 twin cassette deck high quality as new £35 07410 987533
GOLF clubs set Dunlop with bag and umbrella VGC £35 07410 987533
GOLF club putter, Mac Gregor rare scotch whiskey green head £35 07410 987533
BED, single Relyon with gold coloured padded headboard. VGC, can deliver. £30 Tel. 01308 868452
CARPET, Axminster with red and black large leaf design, 14'6"x11'4" Good condition for age £20 Tel. 01308 868452
HAUCK travel cot, 6 months to 2 years pink VGC £25 01308 867335
SMALL dressing table and bedside table with three drawers £25 Tel 01297 489515
CONSOLE table with 2 drawers, ht-31in, w-42in, d-18in £25 Tel 01297 489515
DESK with 4 drawers, ht-30in, w-42in, d-18in Tel 01297 489515
SINGLE bed £20 Tel 01297 489515
CLASSICAL LP records. approx. 200. offers invited. details 01935 891364
TWO Avanti swivel recliner chairs in dark brown leather with footstools. £75 each. 01305 267471
FRIDGEDAIRE Spinner 2800rpm very good condition bargain £30.00 tel 07527120613 any time.
TRAVELALL Dog Guard for Ford Fusion 2007 on excellent condition bargain £40.00 07527120613
CANON PowerShot A620 Digital Camera. 7.1 megapixels with Kamala Case VGC £50 01297 444321/ 07815 082043
COVER for iPad 2,3 or 4. TeckNet make, Black, pu Leather. VGC £5 01297 444321/ 07815 082043
HP 364 XL Photo Black Ink Cartridge, unused, still boxed. £10 01297 444321/ 07815 082043
ARMCHAIR good quality with feather seat and back cushions. £30 ono. 01308 422082

PLEASE NOTE FREE CLASSIFIED LISTINGS OF ITEMS FOR SALE ARE ACCEPTED BY EMAIL - marie@pemedia.co.uk OR POST ONLY

view from™ PropertyView

www.viewfromonline.co.uk FREE EVERY WEEK WITH VIEW FROM Wednesday, January 22 2014

Symonds and Sampson 'best team' award

JAMES Pellow, Partner of Symonds & Sampson is seen here presenting Jeremy Smith, Manager of the Beaminster office, with a bottle of champagne for winning the 'best team award' for 2013 at the recent Symonds & Sampson awards ceremony.

James commented "not only Jeremy, but also Erica, Kate, Jane and Denise have all produced an outstanding performance in 2013 and the change in fortunes in the Beaminster office in the last eighteen months is remarkable to say the least". Jeremy added "I am thrilled to accept this award on behalf of my sales team, 2013 proved to be an excellent year for us in Beaminster and we have sold large volumes of properties, not only within the town, but also within villages locally. We have started the year with a high level of property sales and therefore now need more homes in our property portfolio, so if you are considering selling or are on the market without success, please contact either myself or any of my sales team on 01308 863100 and book your free market appraisal".

Very well presented four bedroom property

JEREMY Smith, Manager of Beaminster estate agents Symonds & Sampson, has just brought to the market a very well presented property which lies in the always desirable village of Broadwindsor. Jeremy commented "The property lies in Redlands Lane which was built by high respected local developer C.G. Fry & Son, therefore we expect significant levels of interest in this home."

The property, which was initially designed as a four bedroom house, is arranged over two floors as follows:- Good size reception hall, sitting room, study/bedroom 4, kitchen/breakfast room, utility room. On the first floor is a master bedroom with ensuite shower room, two further bedrooms and a family bathroom.

Outside are pleasant gardens to the rear, extensive parking and a garage.

Symonds & Sampson are quoting an asking price of £299,950 for the freehold, but serious offers will be considered. Why not arrange a viewing by contacting the office on 01308 863100.

Symonds & Sampson

Property Wanted

long term 3-4 bedroom home for our family to grow up in, with garden & room to grow veg, shed/workshop, parking for 2 vehicles, nr the sea. any ideas or info pls call chris holland, outdoor educator & author on 01297 444936, 07980 601830 or visit www.wholeland.org.uk

WANTED

Large barn or house with land in rural area for with Wedding venue potential for a long term lease.

Contact Mr Moore on 07446 804465

URGENT

Lady desperately looking for (3 to 5 acres agriculture) land to buy and live with animals, can anyone help, own home sold

01305 816459

Property to let

Property To Let

Bridport West Street, Spacious One Bedroom Flat Lounge, Kitchen, Bathroom, Part Furnished No Children, Pets

£455 pcm Long Let

01297 631039

LET us help you

Do you have a property to sell or rent?

This space could be yours in all six of our West Dorset newspapers from as little as £10 per week

Call Rob

01297 445540

rob.cooke@personla.co.uk

www.viewfromonline.co.uk

Room to let

Large Room to Rent in Yawl Three miles from Lyme Regis

I'm looking for a dog friendly, professional person to share my house with.

- Shared living in detached house with gardens and parking off road
- Lovely countryside views
- On the main bus route A31 Lyme-Axminster

No DHSS, payment by standing order only.

Rent £380 per month all in plus one months deposit

Call Merry on 07872 177508

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Residential Lettings Professionals covering East Devon & West Dorset

Open Mon-Fri 9am to 5pm Sat 9am to 1pm

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fsbrentals@btconnect.com

1 Vintage Court, Seaton, Devon EX12 2QF

CHARMOUTH £650 PCM

GROUND FLOOR TWO BEDROOM APARTMENT ON OUTSKIRTS OF CHARMOUTH WITH VIEWS OVER LYME BAY. PROPERTY CONSIST: LOUNGE, KITCHEN, UTILITY, BATHROOM, NSH, GARDEN, PARKING, PETS & CHILDREN CONSIDERED, EPC RATING E

LYME REGIS £725 PCM

A THREE BEDROOM DETACHED WOOLWAY BUNGALOW IN QUIET LOCATION WITHIN LYME REGIS. THIS PROPERTY CONSISTS OF: NEWLY FITTED KITCHEN / DINER, LOUNGE WITH DOOR OUT INTO LARGE GARDEN, NEWLY REFURBISHED BATHROOM, THREE BEDROOMS, GCH, ONE PARKING SPACE. SORRY NO PETS. EPC RATING: C

LYME REGIS - £995 PCM

FURNISHED PERIOD COTTAGE SET IN THE HEART OF THE OLD TOWN OF LYME REGIS, CLOSE TO THE RIVER. AVAILABLE LONG TERM. PROPERTY BENEFITS FROM: KITCHEN / BREAKFAST ROOM, DINING ROOM, LOUNGE, 3 DOUBLE BEDROOMS, ONE SINGLE BEDROOM / STUDY, BATHROOM WITH BATH AND SHOWER, LOVELY TERRACED GARDEN, OUTSIDE LEAN-TO WITH TOILET, GCH, EPC RATING: F. SORRY, NO PETS.

LYME REGIS - £650 PCM

COMMANDING VIEWS OVER LYME REGIS FROM THIS TWO BEDROOM FIRST FLOOR PURPOSE BUILT FLAT WITH GARAGE AND PARKING SPACE. THE PROPERTY CONSISTS OF OPEN PLAN; KITCHEN / LOUNGE / DINER WITH PATIO DOOR ONTO LARGE BALCONY OVERLOOKING THE DORSET COAST, BATHROOM AND TWO BEDROOMS. EPC RATING: D

fsbrentals.co.uk

property sharing experts

The Letting Factory.com

Bridport, Beaminster & Dorchester 01308 458911

Lyme Regis, Seaton & Axminster 01297 600097

CHARMOUTH
£525 PCM
A very modern first floor one double bedroom apartment, close to the beach and shops, parking, communal garden and shed, available NOW!

BURTON BRADSTOCK
£475 PCM
A spacious one bedroom ground floor annex, tastefully furnished, large lounge, patio/ terrace, parking, stunning sea views, available NOW!

LITTON CHENEY
£750 PCM
A quaint, 3 bedroom cottage in this sought after village between Bridport and Dorchester, stripped floors, open fire, good size garden, available NOW!

BRIDPORT
£535 PCM
A modern one double bedroom house, recently refurbished with new kitchen and bathroom, quality recently fitted carpets, garden and parking.

MORCOMBELAKE
£575 PCM
A first floor 3 double bedroom very large flat, own entrance, neutral décor, stunning rural views, parking, GARAGE and garden. Available NOW!

URGENT!

We have had our busiest months so far, and have a queue of awaiting tenants.

WE NEED YOUR RENTAL PROPERTIES NOW!

In return, we will give you:

- The Best Letting Advice • Over 22 years experience
- Talk you through the letting process
- Give you an excellent service with competitive fees.

Call today for a FREE, no obligation Valuation

Email: info@thelettingfactory.com **www.thelettingfactory.com**

primelocation.com

Charmouth

Four Bedroom Spacious family home in a sought after village, in walking distance to local amenities, schools and beach, three reception rooms, kitchen with Rayburn, master with en-suite, family bathroom, balcony with sea views, garden surrounding, parking, unfurnished. No Smoking.

£1200 PCM • FEES MAY APPLY

EPC F (32)

Pymore

Three Bedroom Terraced Cottage, Spacious Living Room, Kitchen/Breakfast Room, Garden Room, Unfurnished, Off Road Parking, No smoking.

£750.00 PCM • FEES MAY APPLY

EPC D (71)

Axminster

Two Bedroom Flat with En-Suite, Security Entrance, Living Room, Kitchen, Bathroom, Unfurnished, Private Parking, No smoking, No pets.

£675.00 PCM • FEES MAY APPLY

EPC Commissioned

Bridport

Two Bedroom Terraced House, Living Room, Kitchen, Conservatory, Two Double Bedrooms, Unfurnished, Off Road Parking, No smoking, No pets.

£650.00 PCM • FEES MAY APPLY

EPC Commissioned

Lyme Regis

One Bedroom Flat, Sea Views, Living Room, Double Bedroom, Kitchen, Shower Room, Unfurnished/Part Furnished, No smoking, No pets.

£550.00 PCM (inc. all utilities) • FEES MAY APPLY

EPC Commissioned

Lyme Regis

Four Bedroom House in centre of Lyme Regis with one parking space.

£950.00 PCM • FEES MAY APPLY

EPC E (52)

Bridport

Two bedroom spacious flat, living room, kitchen, bathroom, unfurnished, water included, special introductory offer, no smoking, no pets

£565.00 PCM • FEES MAY APPLY

EPC C (71)

Lettings

Vicary & Co Ltd

12a South Street • Bridport • Dorset • DT6 3NQ

Tel: 01308 459 550
admin@bridportlettings.co.uk
www.bridportlettings.co.uk

Transparent Tenant Fees with Vicary & Co Ltd

£95.00 Per Adult Referencing • £150.00 Per Couple Referencing • £95.00 Administration • *No* Check In/Out Fees • *No* Extension Fees

For full details of our fees please see our website

RICS AFLA

Property Of The Week

PROPERTY
ADVERTISING
call 01297 446158

LYME REGIS - £418,500

OFFERED to the market is this well presented four bedroom house (master en-suite) which has undergone a program of extension and refurbishment during its current ownership.

The accommodation further includes two reception rooms, conservatory, kitchen/breakfast room and bathroom. Outside there is off road parking and an enclosed rear garden.

For more information please call Palmer Snell Lyme Regis on 01297 443556

PalmerSnell

LYME REGIS - £295,000

THIS two bedroom detached bungalow is located in a quiet residential area with views over the town and sea.

This two bedroom detached south facing bungalow is located in an elevated position within a quiet residential area with fine views across the town and sea. The property is in good order and briefly comprises: Lounge with dining area, two double bedrooms, family bathroom, kitchen, good sized gardens and garage. It benefits from photovoltaic panels and a solar water heating system. EPC band D.

Lyme Regis is famed for its many historic connections and character buildings, and of course, for its well-known Cobb Harbour. As a resort, it is considered quite unspoilt, but has most of the shops and amenities that one could require, in addition to which there are numerous leisure activities including both sailing and power boat clubs, a cliff top golf course and a bowling club. The whole coastline with Lyme Regis and Charmouth at its centre has recently been designated a World Heritage Site (and is commonly known as the Jurassic Coast), putting it in the same category as the Grand Canyon. It lies approximately 5 miles from the market town of Axminster, with its main line railway connections to Waterloo (Approx. 2 3/4 hours). The market town of Bridport is approximately 7 miles distant, with Taunton and Exeter within a radius of about 30 miles with access to the M5 motorway. The county town of Dorchester is within a similar distance.

A viewing is highly recommended to appreciate all this property has to offer. Please call Fortnam Smith & Banwell Estate Agents on 01297 - 445666 to arrange a viewing.

WEYMOUTH - £775PCM

SYMONDS and Sampson are delighted to offer this detached two bedroom bungalow located in Lanehouse, Weymouth.

It has an enclosed porch, hallway and lounge with gas fire, dining room, kitchen with fitted oven, hob and extractor, rear porch/utility and shower room.

There is an attached brick built shed, garden to the rear and paved parking to the front. GCH and double glazed.

Available from March.

Child and pets negotiable. regret no smokers or LHA.

For more information please call Symonds and Sampson Lettings Department on 01305 261008

Symonds &Sampson

CHARMOUTH - NOW £215,000

CHARMOUTH Fortnam Smith & Banwell have for sale a period whitewashed stone cottage well set back from the road on the brow of the hill.

This little cottage has been beautifully renovated by the current owner and has no forward chain.

Briefly: sitting room with open fire, large bathroom with white suite, fitted kitchen, dining room with large sliding doors overlooking garden and fields, further reception/bedroom, master bedroom with further smaller room, gch double glazing, rewired and scope for side extension.

The cottage gardens are a fabulous feature of the property - surrounding the house on three sides with a stone wall border. The open fields to the rear provide a panoramic pretty backdrop. EPC D.

Well worth seeing. Keenly priced at £215,000 Freehold.

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Axminster

£325,000

- Modern Detached Chalet Style Property
- Four/Five Bedrooms
- Three Reception Rooms
- Two Bathrooms
- Garden & Off Road Parking

Morcombelake

£520,000

- Attractive Detached Cottage
- Three Double Bedrooms
- Recently Fitted Conservatory
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Axminster

- Semi Detached Property
- Three Bedrooms
- Front & Rear Gardens
- Ideal Buy to Let
- Cul-de-Sac Location

£169,000

Hawkchurch

£435,000

- Detached Bungalow
- Three Bedrooms
- Wonderful Countryside Views
- Ample Parking & Garage

Axminster

- Ground Floor Flat
- Two Double Bedrooms
- Family Bathroom
- Town Centre Location
- Allocated Parking

£148,500

Axminster

£279,000

- Small Hamlet Location
- Four Bedrooms Arranged Over Three Floors
- Good Sized Garden
- Plot Extends Over 0.25 Acres

Axminster

£155,000

- Far Reaching Views
- Three Bedrooms
- Re-fitted Kitchen & Bathroom
- uPVC Double Glazing

Axminster

- One Bedroom Apartment
- Fitted Kitchen & Shower Room
- Balcony with Views
- Communal Lounge & Laundry
- Close to Axminster Town Centre

£139,950

Lyme Regis

£145,000

- Self Contained Flats
- Two Bedrooms
- Own Entrance
- Sitting Room with Balcony

Charmouth

- Good Size New Lodge
- Equipped to a High Specification
- Two Bedrooms, One En-Suite
- Decking Overlooking the River
- Viewing Recommended

£125,000

Fernhill

- Terraced Property
- Three Bedrooms
- Upgraded Fittings
- Use of Communal Facilities
- Excellent Holiday Let

£120,000

Castle Hill

- Two Bedroom First Floor Flat
- Communal Parking
- Close to the Town Centre
- Views Across Town & Countryside
- Over 55's Age Restriction

£79,950

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£250,000
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- Highly Adaptable
- Far Reaching Views
- Three Reception Rooms
- Two Kitchens & Large Garage

Bridport
£310,000
- Four Bedroom Detached Family Home
- Two Reception Rooms
- Garage & Parking
- Large Gardens

Salwayash
£249,950
- End Terraced Property
- Five Bedrooms
- Three Reception Rooms
- Off Road Parking & Countryside Views

West Bay
- One Bedroom Ground Floor Maisonette
- Panaramic Sea Views
- Gallery Style Fitted Kitchen
- Communal Gardens
- Resident Parking

£179,950

Bridport
- End Terraced Cottage
- Two Bedrooms
- Close to Local Amenities
- Front Garden
- Double Glazing

£155,000

Pymore
£265,000
- End Terraced Property
- Three Bedrooms
- Two Reception Rooms
- Off Road Parking

Chideock
£220,000
- Extended Semi Detached House
- Three Bedrooms
- Tasteful Loft Conversion
- Off Road Parking & Garden

Bridport
- Second Floor Flat
- Two Bedrooms
- Lounge/Dining Room
- Bathroom & Parking
- Walking Distance to Bridport Town

£110,000

Bridport
£215,000
- End Terraced Property
- Three Bedrooms
- Two Reception Rooms
- Two Bathrooms

Bridport
£73,000
- Retirement Apartment
- One Bedroom
- Town Centre Location
- No Chain

Bridport
- Retirement Apartment
- One Bedroom
- Communal Parking
- Central to Town Centre
- Good Access to Public Transport

£67,000

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Plush **POA**

This property comprises of a spacious, light and airy accommodation which includes four double bedrooms, three reception rooms, kitchen, utility and separate larder. Outside there is a garage, large garden and parking for several cars. Available early January. Oil fired central heating. EPC Band E. Available immediately.

Web Ref: DOL110009 **Dorchester 01305 261008**

Axminster **£570 pcm**

A well presented two bedroom semi detached property close to town centre and backing on to open country side. Benefiting from a brand new fitted kitchen and off road parking for two vehicles. Pets and children considered. EPC Band D. Available early January.

Web Ref: ACC110087 **Axminster 01297 32879**

South Chard **£650 pcm**

A charming and immaculately presented two bedroom cottage with off road parking, set in a quiet village location. Pets and children considered. EPC Band E. Available immediately.

Web Ref: AXM130396 **Axminster 01297 32879**

Membury **£700 pcm**

A stunning barn conversion recently renovated to a very high standard. Accommodation comprises open plan lounge/diner and fitted kitchen with integrated appliances, two doubles with en-suites and ample off road parking. EPC Band D. Available immediately.

Web Ref: AXM120294 **Axminster 01297 32879**

Axminster **£750 pcm**

A fairly new three bedroom town house with well appointed accommodation including kitchen/diner, lounge and master with en-suite and dressing area. Two allocated off road parking spaces and garden. EPC Band C. Available immediately. Small pets considered.

Web Ref: AXM130385 **Axminster 01297 32879**

Bridport **£525 pcm**

Newly refurbished one bedroom ground floor apartment presented to a high standard throughout, situated within walking distance of the town centre. EPC Band C. Available immediately.

Web Ref: BRI130344 **Bridport 01308 459565**

Charmouth **£550 pcm**

An exceptionally spacious one bedroom ground floor apartment situated in a desirable coastal location. Boasting many character features, communal garden and an allocated parking space. EPC Band E. Available immediately.

Web Ref: ACC070529 **Bridport 01308 459565**

Bridport **£775 pcm**

Modern three bedroom house offering deceptively spacious accommodation, front and rear gardens, single garage and off road parking, situated on the outskirts of Bridport. A pet considered. EPC Band D. Available immediately.

Web Ref: BRI140010 **Bridport 01308 459565**

Pilsdon **£900 pcm**

A character-rich detached four bedroom traditional farmhouse with many original features, in a rural setting backing on to open fields. EPC Band G. No pets. Not suitable for young children. Available immediately.

Web Ref: ACC120013 **Bridport 01308 459565**

Cattistock **£695 pcm**

A two bedroom period cottage located in this sought after village. Enclosed garden with shed. Mixture of heating to include night storage heaters, wood burner and Rayburn. EPC Band F. Available immediately.

Web Ref: DOL070019 **Dorchester 01305 261008**

Minterne Magna **£700 pcm**

In the popular village of Minterne Magna is this two bedroom semi-detached period cottage, with wood burning stove. Enclosed rear garden and covered parking. EPC Band F. Available immediately.

Web Ref: DOR120414 **Dorchester 01305 261008**

Dorchester **£725 pcm**

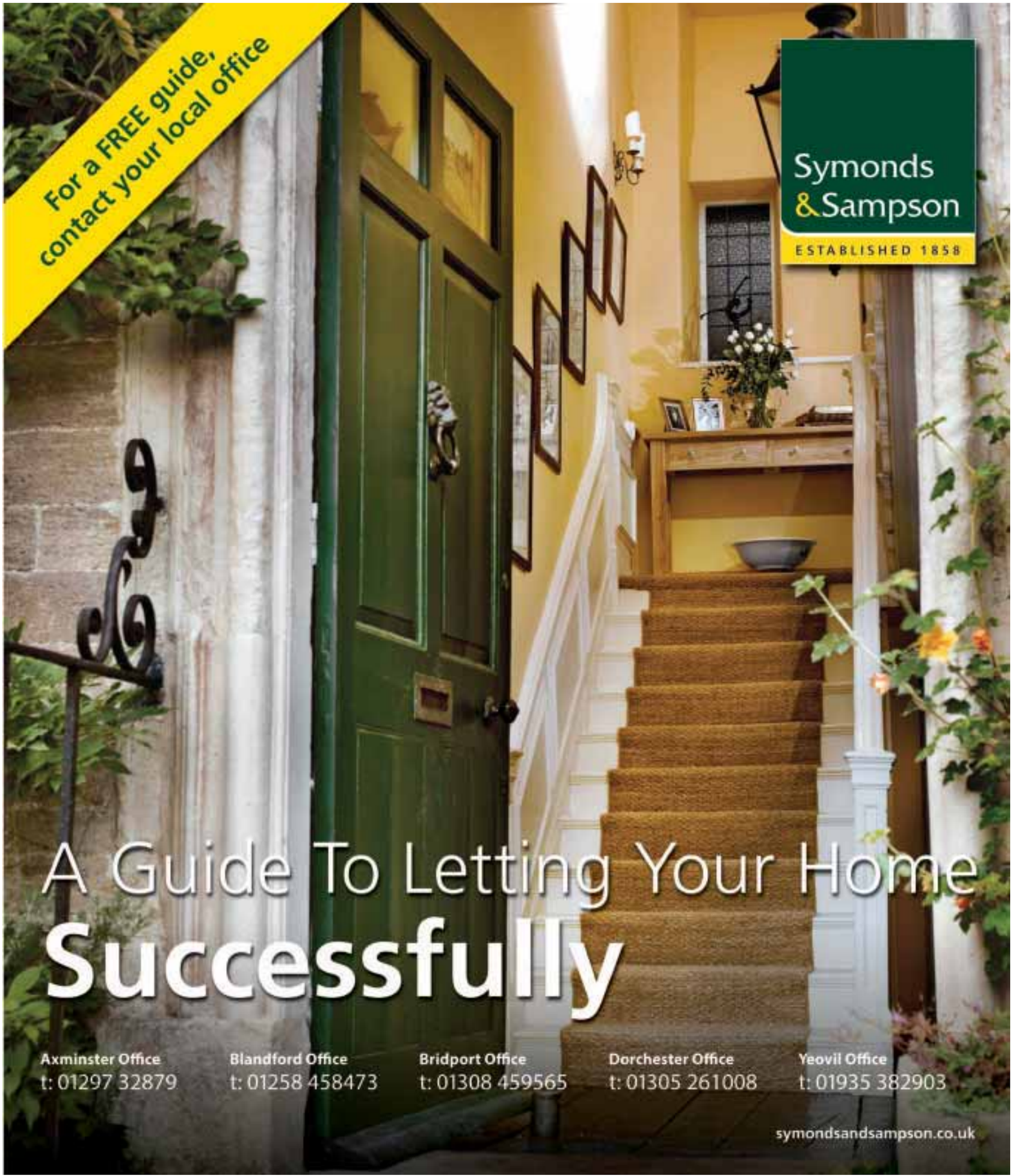
A well presented two bedroom house conveniently located for the town and Hospital. Enclosed rear garden and off road parking. EPC Band C. Available mid February.

Web Ref: DOR140001 **Dorchester 01305 261008**

Crossways **£775 pcm**

A well presented semi-detached house with two double bedrooms, enclosed rear garden and off road parking. Child welcome. EPC Band C. Available mid February.

Web Ref: DOR130536 **Dorchester 01305 261008**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MUSBURY - £285,000

With wonderful views across the Axe Valley, set on a country lane close to the Jurassic Coast in an area of outstanding natural beauty, this delightful three bedroom cottage has been beautifully renovated to provide a comfortable and cosy home or holiday retreat. The pretty village of Musbury with its pub and shop is a short walk away. EPC band D.

LYME REGIS - £275,000

Situated only a short walk away from the seafront and local amenities, in one of the most sought after areas in the very heart of Lyme Regis. This three bedroom grade II listed character cottage offers flexible accommodation with a lounge, open plan kichen/family room and a small enclosed garden to the rear. The property would make a fine home or an investment property. EPC exempt.

NEW INSTRUCTION – LYME REGIS

Situated close to the town and seafront is this development of self-contained apartments comprising: Studio: 1 & 2 bedroom units all requiring refurbishment.

Price's from £75,000 to £125,000.
Call now to book your appointment.

LYME REGIS - £145,000

A well- presented two bedroom apartment in the historic old town, having a fine outlook from the lounge balcony. EPC band E.

LYME REGIS - £295,000

This two bedroom detached south facing bungalow is located in an elevated position within a quiet residential area with fine views across the town and sea. The property is in good order and briefly comprises: Lounge with dining area, two double bedrooms, family bathroom, kitchen, good sized gardens, garage. EPC band D

SMALLRIDGE - £460,000

A spacious newly built three bedroom house with countryside views situated in the village of Smallridge, Nr Axminster and the coastal resorts of Lyme Regis and Seaton. The property occupies a good sized level plot with countryside views to the front and rear. A driveway provides parking and in turn leads to a garage with electric doors and an adjacent space suitable for a caravan or boat.

LYME REGIS - £124,500

Cloverdale Court is a development of 43 purpose built apartments. This purpose built two bedroom retirement apartment with kitchen, shower room, lounge, parking space, residents lounge, landscaped communal gardens is for the over 55's. EPC band C.

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CHARMOUTH - £230,000

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- Large Kitchen / Dining Room
- 3 Bedrooms
- Parking for 2 Cars
- Large Gardens
- EPC Pending

CHARMOUTH - OIEO £450,000

- Three Bedroom Bungalow
- Enclosed Garden
- Garage and Parking
- Magnificent Sea Views
- EPC - E

CHARMOUTH - £435,000

- 3 Bedroom Detached House
- Sea Views
- Garden and Garage
- EPC - D

CHARMOUTH - £355,000

- Victorian Mid Terrace House
- Grade II Listed
- Many original features
- Garden
- EPC - F

CHARMOUTH - £215,000

- 2 / 3 Cottage
- Mature cottage gardens
- EPC - E

CATHERSTON - £425,000

- 4 Bedroom House
- Spacious Accommodation
- Communal Gardens
- Garage and Parking

CHARMOUTH - £68,500

- End of Terrace Holiday Bungalow
- Studio / Apartment
- Parking
- EPC - F

CHARMOUTH - £235,000

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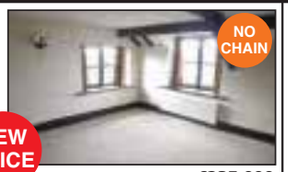
NEW PRICE

RAYMOND'S HILL **£325,000**

A fantastic detached home located on the very outskirts of Axminster, and sits between this, and the picturesque coastal town of Lyme Regis. It is conveniently situated close to the A35 and there are many country and coastal walks in the near vicinity.
EPC rating: C, Tenure: Freehold



NO CHAIN

NEW PRICE

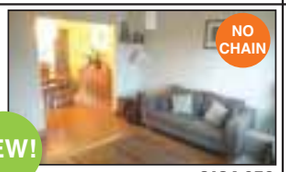
AXMINSTER **£235,000**

This unique and spacious barn conversion has a modern and contemporary twist whilst retaining many character features. Set over three floors, accommodation includes four bedrooms, a lounge/dining room and a large workshop to the side of the property, with a lawned garden to the front. EPC rating: F, Tenure: Freehold

NEW PRICE

AXMINSTER **£160,000**

A three bedroom family home well positioned to take advantage of the facilities within the market town of Axminster. Ideal for a family, the active retired or an investment purchaser, this property benefits by front and rear gardens, as well as driveway parking and a garage to one side. EPC rating: E, Tenure: Freehold



NO CHAIN

NEW!

AXMINSTER **£184,950**

A substantial home coming to the market after extensive modernisation by the current owners over the past 7 years. With 4 bedrooms, 3 reception rooms, parking, garden and the benefit of NO ONWARD CHAIN, this wonderful home would be perfectly suited to a growing family. EDDC restriction applies. EPC rating: C, Tenure: Freehold

NEW!

TYTHERLEIGH **£840,000**

An outstanding 8 bedroom farmhouse set just outside the small market town of Axminster. This family home has been used as a fantastic income generator for the last 24 years and includes nearly 11 acres, a 2 bedroom bungalow and a 1 bedroom self contained annexe. EPC rating: Exempt, Tenure: Freehold

NO CHAIN

NEW!

CHARDSTOCK **£375,000**

A substantial home coming to the market after extensive modernisation by the current owners over the past 7 years. With 4 bedrooms, 3 reception rooms, parking, garden and the benefit of NO ONWARD CHAIN, this wonderful home would be perfectly suited to a growing family. EDDC restriction applies. EPC rating: C, Tenure: Freehold

NO CHAIN

NEW!

AXMINSTER **£192,500**

A three bedroom, double fronted terraced home located within a select development towards the outer edge of Axminster. The property is presented in superb condition throughout, and benefits from carport parking and gardens to the rear, making it ideal as a family home or investment opportunity. EPC rating: C, Tenure: Freehold

NO CHAIN

AXMINSTER **£99,950**

A one bedroom first floor apartment located conveniently close to the to the town centre. Converted approximately 4 years ago, the property is completely self-contained with its own water, gas and electricity supplies. Benefits include off-street parking, and the bonus of NO ONWARD CHAIN. EPC rating: C, Tenure: Leasehold

AXMINSTER **£174,950**

This welcoming and well presented modern family home is situated within a popular area in the market town of Axminster. In addition to double glazing and gas fired central heating, the property also has the benefit of 2 allocated parking spaces and a south facing rear garden. EPC rating: C, Tenure: Freehold

NO CHAIN

AXMINSTER **£134,950**

A recently refurbished cottage conveniently located within walking distance of the facilities on offer in the heart of Axminster. Ideal as an investment, second home or as a first time purchase, this home also has the added benefit of NO ONWARD CHAIN.
STAMP DUTY INCENTIVE AVAILABLE. EPC rating: D, Tenure: Leasehold

NO CHAIN

NEW!

AXMINSTER **£210,000**

A charming double fronted cottage which has been modernised to a high standard by the current owners, offering a flavour of the past with the comforts of modern living. Situated within walking distance of the facilities in the town, this wonderful home comes to the market with NO ONWARD CHAIN. EPC rating: D, Tenure: Freehold

NO CHAIN

NEW PRICE

AXMINSTER **£139,950**

A one-bedroom luxury McCarthy & Stone retirement apartment located in the market town of Axminster. Situated on the Second floor, with careline facilities if required, lift and communal residents lounge. An ideal purchase for independent living with peace of mind, care, and security. EPC rating: B, Tenure: Leasehold

AXMINSTER **£289,950**

An extremely well presented detached bungalow situated on the southern edge of the market town of Axminster, with highlights including three bedrooms (two with en-suite shower rooms), a kitchen / dining room, garage and ample parking as well as level gardens to the side and rear. EPC rating: D, Tenure: Freehold

RAYMOND'S HILL **£384,950**

A detached three bedroom bungalow located in the sought after location of Raymond's Hill. The property has been modernised by the current owner to include a stylish new kitchen amongst other home improvements, and sits within grounds with a total plot size of circa 1/4 acre. Energy rating: E, Tenure: Freehold

AXMINSTER **£205,000**

Located in a small cul de sac amongst similar properties, is this semi detached three bedroom family home. Being offered in well presented order and with the addition of a sunroom, enabling enjoyment of the rear garden. With spacious accommodation throughout, a viewing is highly recommended. EPC rating: D, Tenure: Freehold

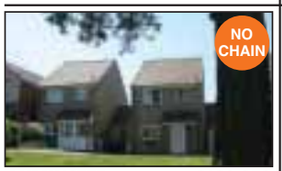
NO CHAIN

AXMINSTER **£189,950**

A detached bungalow in an elevated position, with convenient access to the facilities on offer in the market town of Axminster. In need of some updating, this property is available now with no onward chain. EPC rating: F, Tenure: Freehold

AXMINSTER **£285,000**

A three bedroom home within a select development on the outskirts of the small market town of Axminster. Offering the comforts of modern living and country lifestyle including flagstone floors, a woodburner for those chilly winter evenings, and a sun terrace for those warm summer nights! EPC rating: C, Tenure: Freehold



NO CHAIN

AXMINSTER **£189,950**

A well presented three bedroom house situated in a quiet residential location. Comprehensively fitted with all modern conveniences throughout, this stylish home is well placed to take advantage of the facilities on offer in the town and comes to the market with the benefit of NO ONWARD CHAIN. EPC rating: C, Tenure: Freehold

AXMINSTER **£174,950**

A rare opportunity to obtain a freehold two bedroom town house, hidden from view and occupying a spacious 107 m sq. With lovely gardens and off street parking, this well maintained home provides generous living accommodation with a south facing garden! EPC rating: E, Tenure: Freehold

AXMINSTER **£240,000**

A detached two bedroom bungalow located towards the outer edge of Axminster. This well presented home has a surprisingly private, pretty rear garden and benefits from a level plot as well as a huge amount of off road parking to the front. EPC rating: E, Tenure: Freehold

NO CHAIN

AXMINSTER **£279,950**

A light and spacious four bedroom home situated in an exclusive development on the southern edge of the market town of Axminster, designed and constructed by Highgrove Homes to a high specification with the benefit of remaining NHBC Buildmark Guarantee. EPC rating: C, Tenure: Freehold

AXMINSTER **£172,500**

A well presented three bedroom home positioned in a popular area on the southern edge of Axminster. This wonderful property offers good size accommodation that would make it ideal for a family, the active retired or an investment purchaser. EPC rating: D, Tenure: Freehold

NO CHAIN

AXMINSTER **£174,950**

A semi-detached two bedroom bungalow in a convenient location only a short walk from all the amenities of the market town of Axminster. The property has been recently redecorated and benefits from double glazing, gas central heating, garage and parking as well as an enclosed garden to the rear. EPC rating: D, Tenure: Freehold

NO CHAIN

AXMINSTER **£155,000**

A well presented Victorian cottage within walking distance of the town's amenities. Originally built as an archetypal "two up two down", this home has been extended and now offers a utility room and kitchen to the rear, as well as a well-proportioned attic room, currently used as a third bedroom. EPC rating: D, Tenure: Freehold

£

AXMINSTER **£177,500**

A three bedroom family home located within walking distance of the facilities on offer in the market town of Axminster, including local shops, schools, churches and hospital making this home one to view! Please note that an East Devon District Council housing restriction applies to this property.
EPC rating: C, Tenure: Freehold

£

AXMINSTER **£179,950**

A modern three bedroom house situated in a popular location in Axminster. Offering gas central heating and double glazing as well as a garage and parking, this property must be viewed to be fully appreciated.
EPC rating: C, Tenure: Freehold

£

AXMINSTER **£175,000**

A mid-terraced cottage believed to be dating to the 18th century, located within the heart of the market town of Axminster. Retaining many of it's original features, this charming home offers a flavour of the past with the comforts of modern living. Energy rating: E,
Tenure: Freehold

NO CHAIN

AXMINSTER **£135,000**

NOTICE OF OFFER - Property address: Sydlings, Lyme Road, Axminster, Devon EX13 5BG - We would like to advise that an offer has been made for the above property in the sum of £135,000. Any person wishing to increase on this offer should notify agents of their best offer prior to exchange of contracts. Fox & Sons, West Street, Axminster, Devon EX13 5NU 01297 32323. EPC rating: E, Tenure: Freehold

NO CHAIN

AXMINSTER **FIXED £335,000**

An extremely well presented bungalow in a cul-de-sac location. This property has been refurbished to an exceptionally high standard and offers high quality fixtures and fittings throughout, and in addition this wonderful home benefits from no onward chain. EPC rating: C, Tenure: Freehold

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New Nissan Qashqai: Designing The Next Crossover Icon

How do you redesign a car that created one of the most successful and popular segments in recent motoring history? With bold design and accessible technology at its heart, the new Qashqai is the end product of a remarkable development story - a journey that marks the start of the next generation of crossovers.

Replacing and improving on a design loved and admired by nearly two million owners is no easy task. Led by Nissan's chief creative officer Shiro Nakamura, the UK-based Nissan Design Europe team quickly established three core values for the new Qashqai.

"The inspiration was three-fold," explains Shiro Nakamura. "Athletic Agility, Smart Premium and In Control are themes that run through every element of the design. This car represents several years of dedicated work. We have created an all-new design that builds on the success of the first generation Qashqai and confirms Nissan's crossover leadership."

Athletic agility

Drawing on Nissan's crossover family DNA, new Qashqai features a bold, sporty stance that is instantly recognisable yet new and exciting.

One of the key elements of the Qashqai's design form is the relationship between the wheels and the rest of the body. "We opted to change the wheel arch volumes to accentuate the car's strength and confidence," explains Darryl Scriven, Design Excellence Manager, Nissan Design Europe. "By creating longer window lines we were able to add a little more mass around the wheels. We wanted to use the middle of the body as a connector to link the four corners and a shape that would be more athletic. A wheel-oriented design such as this shows more power and protection and suggests that the car has a proud, inner strength."

The relationship between the upper and lower sections of the bonnet was another area where Nissan's design team invested considerable time and expertise. "There's now a lot more movement in the lower part of the body with less of a contrast between the two sections," explains Darryl Scriven. "Take the rear bumper, for example. The first-generation car had a fairly simple overrider look while the new car has a more sophisticated diffuser-style design. We've given the protective parts a more premium feel."

Taisuke Nakamura, Design Director, Nissan Design Europe adds: "We've added more emotion to the car. There's more movement on the surfaces and a clearer definition of volumes.

"We wanted to make the new Qashqai more modern and I'm confident that we have achieved that goal. Look at the front quarter and you can see the contrast of dynamic volumes and very sharp graphics of the headlamps and radiator grille. The V motion grille leads into the bonnet sculpture to stretch the dynamic motion from the grille towards the A-pillar. This contrasts with the fluid body and dynamic shapes."

Even seemingly simple elements such as the roofline have undergone a complete redesign, as Darryl Scriven explains: "The new Qashqai has a 'faster' roofline than the first-generation car. It drops towards the rear of the car and we've extended the line with a long overhang. This enhances the feeling of speed and agility and gives the new Qashqai a more dynamic look."

Smart Premium

Nissan's philosophy of accessible technology can be seen and touched everywhere in the new Qashqai. From the interior materials and controls to the exterior details, every area has been designed to make full use of available technologies.

By establishing the available technologies and features at the very start of the design process, the team at NDE were able to integrate all the key features into the car. As a result, all the Qashqai's technologies are perfectly integrated into the finished design and work effortlessly with the rest of the car.

"Technology doesn't have a specific form or shape," explains Taisuke Nakamura. "To express technology in the exterior design was a big challenge for us. Everyone has a different impression about technology, so how do you this through styling?"

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Government announces nearly £7million extra for flood recovery

FURTHER funding package of £6.7 million for local authorities affected by recent flooding and severe weather.

Local Government Minister Brandon Lewis has today (17 January 2013) announced a further funding package of £6.7 million for local authorities affected by recent flooding and severe weather.

Since the east coast tidal surge in December, severe weather and flooding has caused a significant amount of damage to housing, businesses, agriculture and transport infrastructure across the country. This recovery funding will assist with such repairs.

This money builds on financial assistance already made available to councils. Last month (29 December 2013) the Bellwin scheme was activated. This scheme enables councils to apply for financial assistance depending on local circumstances.

Local authorities also received £3.4 billion from the Department for Transport between 2011 and 2015 for local highway maintenance including flood damage to roads. The government is also spending over £2.3 billion on tackling the risk of flooding and coastal erosion.

The costs of repairing flood defences damaged by the extreme weather are currently being assessed, by the Department for, Food and Rural Affairs and will be set out shortly.

Mr Lewis said:

I have been hugely impressed by the efforts of the emergency services, local authorities, voluntary organisations and communities through the recent severe weather and now we are helping areas to recover and see life return to normal.

This extra £7 million that can be used to help affected communities, will provide local authorities and their partner agencies additional resources they need to support recovery.

This will top up support councils can get under the Bellwin scheme to cover the costs of clearing up after severe weather and flooding, and the substantial funding councils already get for potholes.

Further information

Half the extra funding is from the Department for Communities and Local Government, which will be allocated to areas with properties affected by flooding and allocated through normal funding mechanisms.

The remainder from the Department for Transport will be available to repair infrastructure damaged by flooding and will be subject to a bidding process.

Further details of the package and how local authorities can apply will be announced shortly.

Councils, police, fire and national park authorities are eligible for certain clearing up costs under the Bellwin scheme when they have spent more than 0.2% of their calculated annual revenue budget on works that have been reported to the department as eligible for grant.

The Bellwin scheme compensates councils retrospectively for the exceptional costs incurred.

Ministers have said that they would look sympathetically on councils where they have costs as a result of the floods, and that they would reimburse councils eligible clearing-up expenditure under the Bellwin scheme.

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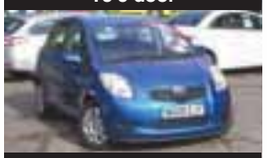

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West Dorset Youth Indoor Cricket League

Weymouth A and Dorchester crowned indoor champions

THE West Dorset Indoor League hosted by the Osprey Centre,Portland continued with the final three games in the under14s section which saw Weymouth A maintain their undefeated record to win the title, whilst Dorchester Under 16s comprehensive victory over Weymouth saw them crowned champions

Under 16's: Dorchester 159 -2 beat Weymouth 49 all out by 110 runs

ANOTHER classy display from Dorchester resulted in them maintaining their unbeaten record and lifting the under 16's title.

Dorchester produced a dominant display with the bat, George Foot leading the way with a fluent 31 not out. He was well supported by Will Caldwell (31no), Matt.Stevens (29no),Will Channon (27no) and Tom Blair (13). Weymouth never gave up and got two wickets via run outs as Dorchester looked to up the run rate with their overs coming to an end.

Weymouth's reply began well with 12 runs coming from the first five balls; a sublime pick up and throw of the sixth ball resulted in a run-out and Weymouth's backs were up against the wall. Stevens (2-0-14-2) struck with his second ball of the next over as Dorchester applied pressure with an excellent display in the field.

A battling 10 from Jack Sapsworth came to an end when he was clean bowled by Blair who finished with impressive figures of 2-1-2-2, who was left to finish the Weymouth innings with a fine one handed catch off the bowling of Caldwell (1.3-0-3-1) as Dorchester wrapped up victory with 3.3 overs to spare.

◆ **Portland U16s** were awarded victory over **Martinstown** who were unable to raise a team.

WEYMOUTH A sealed the under 14's title with a comprehensive victory over a plucky Martinstown.

Weymouth A 208-0 beat Martinstown 60 -4 by 148 runs.

BATTING first Weymouth's batsmen were quick to punish anything short or wayward as they amassed a formidable total of 208.

D Webb leading the way with a cultured 29 not out ,supported by fine knocks from Joe James (26no) R Emery (27no).

Martinstown found runs hard to come by as Weymouth's bowlers topped an excellent all round display with superb work in the field.

Portland U14 121-1 lost to Weymouth B 122 - 2 by 4 wickets

PORTLAND began slowly against some accurate bowling and lost opener Joe Adkins for 4 to a good caught and bowled from Owen Lovett.

This was to be their only success as Jacob Coombes (30 no) and Owen Harrison (22 no) batted with maturity and patience against some good bowling and fielding of the highest standard to set a target of 122 for victory.

Coombes struck with the third ball of Weymouth's reply removing Pete Sapsworth for a duck, but a fine stand between Luke Lovett(25 no) and Tom (27 no) kept them in the game.

With seven needed of the last over it came down to the penultimate ball; a scrambled three and Weymouth snatched victory in an absolute thriller.

This game was later awarded to Portland after Weymouth were found to have played an ineligible player.

Dorchester U14 147-0 beat Cerne Valley 104-4 by 43 runs

A DOMINANT display with the bat enabled Dorchester to ease to victory over a classy Cerne side in a game that produced all that is good in youth cricket.

Dorchester's batsman began slowly with only three runs coming from the first over. However Bradbury (28no), Peel (25no), Stevens (26no), Spencer (27no) and 17 not out from Scott helped post a challenging 148.

Cerne's reply got off to worst possible start with B Simpson being run-out for nought in the first over. Despite knocks of 27 from Batt and 26 not out from W Simpson, Cerne never got on top of the run-rate against an accurate Dorchester attack, with Stevens being the pick of the bowlers with figures of 3-0-17-2.

◆ **LEAGUE organiser Grant Neven praised all the players. "Once again the youth cricketers in West Dorset have done themselves proud.**

"The standard of play was once again outstanding, the sportsmanship second to none and the support for all players from coaches and parents phenomenal."

Dorchester Town FC: Sloppy defending puts paid to Magpies' hopes

Dorchester Town 0 Dover Athletic 4
Skrill South – att: 407

HAVING managed to restrict high-flying Dover Athletic to just a single goal during the first-half, the Magpies defence capitulated within the first six minutes of the restart and signalled game over.

The Whites led courtesy of a goal from new signing Jeff Goulding, but within two minutes of the restart the former Chelmsford City striker had bagged a second, before nodding home his hat-trick on 51 minutes

Dorchester Town desperate for any positive result included on-loan striker Warren Byerely in their ranks in a hope of scoring goals after two away defeats that has seen them concede eight goals without reply.

However despite the former Magpie, on a month's loan from Poole Town, taking pressure off his teammates, Dorchester only registered one worthy shot on goal.

Skipper Mark Jermyn was playing his 600th game for the Magpies and would have wished for a better team performance to celebrate such an occasion, but it only left the home supporters frustrated as to how, after such a workmanlike first half hour that matched their opponents, they finished in such disarray as Dover overran them.

Liam Bellamy looking suspiciously offside, had a chance to put the visitors ahead in the 7th minute when he ran on to a through ball, but his shot was comfortably dealt with by Alan Walker-Harris. The Dorchester keeper was called upon soon after to punch away a vicious cross shot from Tom Murphy.

Although Dorchester rarely called Whites keeper Mitchell Walker into action, as always they fought hard and Jamie Gleeson and Nick Crittenden worked hard in midfield, whilst Fraser Colmer showed the skills he has learned at AFC Bournemouth, hardly wasting a ball. When they could, they got the ball down and played, and onemove involving a slick sequence of a dozen passes ended with Colmer's cross being cleared.

Bellamy headed Murphy's cross over the top before Jake Smeeton headed Tom Wynter's dangerous cross away for a corner. From the resultant flag kick, James Rogers fired in a powerful 25 yard shot through a swarm of players which Walker-Harris brilliantly reacted to by beating it out, before Colmer cleared the danger.

However finally on the half hour Dover's power and Dorchester's resistance cracked. Goulding having collected the ball on the edge of the box, controlled it, Dorchester claimed illegally with his hand, before swivelling and firing a left foot shot across Walker-Harris and into the right hand corner.

Deflated, the Magpies lost concentration from the restart and Jermyn was forced to blatantly obstruct Golding 25 yards out to stop him breaking through, for which he received a caution. Fortunately Rogers curling free kick just drifted wide of the right hand post.

It looked like Dover had scored a very fortunate second five minutes later when Murphy's shot from Barry Cogan's cut back took a wicked deflection off Smeeton's boot as he tried to block the shot, and the ball looped over the stranded Walker-Harris, but Colmer was well placed to head the ball away from under the crossbar.

Dorchester's only one real opportunity of the first half saw Dan Munday put through to the byeline but he failed to find the inrushing Byerley from his cross and the ball was cleared.

With the ref's whistle in his mouth to close the first half, Walker-Harris turned Chris Kinnear's 30 yard low shot behind for a corner.

Despite problems in getting service to their front two who despite working hard were isolated for a lot of the time, Dorchester went in at the break with hope at having restricted a very good Dover side to a single goal.

However their aspirations of getting back into the game were shattered inside two minutes of the restart when Bellamy header 20 yards from goal caught Calvin Brooks on the wrong side of Golding who calmly picked his spot from six yards as Walker-Harris desperately tried to narrow the angle.

The Magpies could certainly see the White's eye's as they swarmed forward and on 51 minutes Rogers' cross from the byeline found Golding who completed his hat-trick with the easiest of headers.

Desperate to get back in the game, the Magpie's thought they had found it just before the hour.

Munday played in Byereley on the edge of the box who was immediately crowded out by Dover defenders. However the ball broke free to Munday who had continued his run, but Walker managed to get across a palm his shot for a corner.

Substitute Jack Twyford did win a tussle on the edge of the box soon after coming on midway through the half, but the ball didn't fall well for Byerley and his shot went wide, but apart from this it was one-way traffic.

Murphy took advantage of a slip by Smeeton on the now well chewed surface, and raced away to fire in a thumping 30 yard shot which Walker-Harris got down well to parry with his wrists, as Dorchester hung on.

However they conceded a fourth ten minutes from time when Cogan curled a peach of a free kick into top corner.

Table Tennis

Last eight

Weymouth & District League Handicap Cup Quarter-Final draw;
All Saints v Budmouth B;
Budmouth A v Springfield B/Preston C;
Budmouth D v Preston D;
Shipton Gorge A v Colliton C.
Matches to be played in the week commencing January 27th

Cricket

Triangle up and running

PORTLAND Red Triangle Cricket Club will begin their pre -season training with nets starting on Sunday, January 26th at the Osprey Leisure Centre from 11am to1pm, all members, new and old, will be welcome.

Triangle had a successful 2013, in particular their Sunday first team who won their league without suffering defeat in 18 matches and gained promotion to the top division.

The club have high hopes of more success this year and head coach Gary Randell is confident that the teams will be more than ready come the start of the league campaigns.

This year pre-season nets and training will be aimed on increasing the fitness and skill levels of all players of all ages.

The club has made big strides over the last couple of years both on and off the field and all at the club are committed to continuing this progress.

Several youngsters will be blooded into adult cricket this year and all will have to fight to win their place in a starting line up.

For more information about PRTCC visit their website at prtcc.com

Rowers seek sponsorship ahead of world championships

■ **LOOKING FOR SPONSORSHIP: Weymouth Rowing Club are hoping that local businesses will support their efforts in the world championships**

WEYMOUTH Rowing Club are seeking kit sponsorship ahead of the 25th anniversary World Gig Rowing Championships to be held in the Isles of Scilly.

More than 60 members of the club will be heading to the islands on the first Bank Holiday weekend in May to take part in the event involving over 70 clubs and 136 gigs including teams from The Nether lands and America.

Over 5,000 rowers will be living in a mini Olympic village on the beautiful island of St Mary's, and with various media in attendance and the rumour that the event will have its own showing on national television, the club are hopeful that some local sponsors will see it as a great opportunity to get national if not international exposure.

Lynn Reynolds, spokeswoman and ladies captain, said: "Weymouth's competitive section is getting stronger every year with rowers who self-fund to attend various regattas throughout the summer.

"Our trophy cabinet was the best yet in 2013 and, as we are representing the community of Weymouth and its surrounding areas at such a great event, I am keen to make sure our rowers feel good with what they are wearing.

"This really helps to deliver positive results, so I want to put out a request for any local businesses in the Weymouth area who would like to be involved and help us with sponsorship toward our kit, which will be just vests and T-shirts; the rowers will provide the rest.

"Whilst the current kit design is being revised, this is also a good time to add any sponsors logo that may come forward to help us.

During the summer months club members travel hundreds of miles every weekend to regattas held by other clubs in the east and south west of the UK continually promoting this wonderful sport."

Anyone interested in sponsoring can contact Lynn either via email: lynn.reynolds4@btinternet.com or mobile: 07795852346.

Lynn is keen to have funding in place by mid-February so an order can be placed.

Weymouth Rowing Club is always looking to recruit new rowers of all ages and abilities including juniors.

So whether you are competitive or would enjoy more relaxed social rowing taking in the Jurassic coastline then please visit weymouthrowingclub.co.uk where you can obtain information and contact details.

Weymouth basketball

Bandits struggle to find first win

Dorset Cavs 131 Weymouth Bandits 54

WITH only eight players able to make this Solent League Division 1 fixture, the Bandits looked like the underdogs against a fully benched and strong Poole-based team right from the start.

The Cavs took an early lead, ending the 1st quarter 27-16 and continued to dominate with their height advantage playing a huge part, finishing the half leading 55-30.

Although the Bandits had some impressive moments of play with the likes of MVP Richie Camp being strong on the offensive plays, the second-half followed a similar pattern and the Cavs continued to be more aggressive and strategic in finding the ring and making baskets.

The final score really didn't represent how well the Bandits played as they finished 131-72 with seven of the eight players making it on the score sheet.

Scorers/Roster: Richie Camp 16, Craig Sorrell 16, Jim de Bertrand 13, Ben Stokey 12, Jake Kinder 7, Josh Turner 5, Max Gilmartin 3, Steve Matthews.

◆ **MVP:** Richie Camp

Bridport Darts League

Division One	Pld	Pts
BSC	12	21
Robs Robbers	12	21
Nomads	12	17
All Stars	12	15
Times Up	12	15
Nags Head A	12	13
Young Guns	12	12
Hands of Time	12	11
Knapp Inn	12	10
Surely that's en'gh	12	6
Odd Bods	12	2
Dat Team	12	1

Most 180s: Mark Munro (All Stars), Terry Prowse (Rob's Robbers), Graham Knight (Nomads) Matt Brotherton (Rob's Robbers) all 4.
Win %: Graham Knight (Nomads) 100% (12/12)

Division Two	Pld	Pts
One for the Vikings	11	19
Odds or Us	12	18
Rubber Johns	12	17
Elders	11	14
Young Darters	12	12
Royal Hawks	12	10
Poachers	12	10
One Direction	12	10
The Surgeons	11	9
Bob's Boys	11	6
Broken Arrows	12	3

Most 180s: Mike Day (One for the Vikings), Kenny Poole (One Direction) both x3.
Win %: Nick Quinton (Odds or Us) 12/12, Dave Churchill (One for the Vikings) 11/11 - both 100%.

Division Three	Pld	Pts
Flashes Fives	11	19
Anchor Vale Viewers	11	16
Time Bombs	11	15
Anchor Five	10	13
Only Just	9	11
Inbetweeners	11	8
Mozzies Heroes	9	7
The Capercaillies	10	6
Odd & Sods	11	5
Midnight Runners	11	4

Most 180s: Paul Bearpark (Odds & Sods) x2.
Win %: Paul Bearpark and Paul Gumbrill (Inbetweeners) both 10/1 90.91%.

Division Four	Pld	Pts
Otter Rotters	12	17
Tip Top Odds	11	16
The Royal Nuts	11	14
Tiger Bees	10	13
Dodgers	11	12
All the Kings Men	11	12
Sorted Odds	11	11
Sue's Rebels	12	10
No Direction	12	7
Con Artists	11	5
Greyhound	10	5

Most 180s: Five players x1.
Win %: John Boyle (Otter Rotters) 12/12 100%

Ladies Div One	Pld	Pts
Tender Trap	11	20
Anchor Aces	11	18
Clocking On	11	18
Knight 'n' Gals	11	16
Queenies of the Cl	11	10
Sue's Rebels	11	10
Queen Bees	11	7
Kings Arrows	11	6
Next Door	11	5
Castaways	11	0

Most 180s: Sharon Poole (Clocking On) 1.
Win %: Sarah Chick (Tender Trap) 100% (11/11).

Ladies Div Two	Pld	Pts
Cliff Hangers	8	13
Against the Odds	9	12
Wildcats	8	11
Good Mates	9	9
Dougalls Dollies	9	7
Charlie's Angels	9	7
Anchors Aweigh	8	5
Tiger Stripes	8	4

Most 180s: None.
Win %: Brenda Bartlett (Anchors Aweigh) 100% (8/8).

Bridport Rugby

Good victory for mud lark Blues

Bridport 27 Westbury 0

STRONG scrummaging, confident line outs and good drives saw the Blues seal a clear victory against Westbury in their first Dorset & Wilts One (S) game of the year (writes Amy Van Zyl).

In the opening minutes both teams appeared evenly matched with most of the play on the halfway line. However a good break and a line-out took Bridport into the Westbury 22 with the first real chance of getting a score on the board after 10 minutes, and Mike Pibworth came through to score the first try which was well converted by Rory Greening.

The pitch which more resembled a mud bath caused Bridport to come under pressure after their initial success, and a couple of fumbled passes and a lost line-out allowed Westbury into Bridport territory.

However, the Blues seemed to regain momentum with consistently good drives and impressive inter-play by the loose forwards. A clear break from Tuck was interrupted by poor discipline from Westbury and Greening took it to posts.

Quick distribution then saw Gregor Grant score a try to give Bridport a 15-0 lead.

The Blues continued to react to Westbury pressure with strong defence and a quickly taken advantage allowed them to advance a further 20 metres.

Despite a controversial knock-on decision against Tony Herbert they still looked set to score but unfortunately couldn't capitalise on the opportunity.

The home team started the second-half confidently with strong scrummaging and dominating possession, and a break from Pibworth saw captain Dave Cutting come through with the try.

With a confident Bridport lead and with heavy ground underfoot, the pace of the game slowed. However Bridport's loose forwards found some reserves to approach the opponents 22, and good drives meant a string of impressive breaks from Robert Parker.

Pibworth added a second try converted by Greening as the game ended 27-0 to the Blues, a resounding yet ever so slightly muddy victory.

The Blue's host Warminster this Saturday (25th) at the Brewery Fields hoping to pull away from the bottom two and up the league.

■ **BLUES IN COMMAND:** Bridport U13s' Christian Hardy (left) prepares to challenge Ivel's Sol Withers

YOUTH TEAMS ROUND-UP

Bridport U13 43 Ivel Barbarians 5

THE young Blues secured their second win of this year with four tries from Toby Taylor, a brace for Guy Brazier and one for Alex Philips, Joe O'Hagan and Joe Elsworth converting two each.

Bridport won the toss and opted to play up the slope in the first half, a decision that was to pay dividends in the end.

The first 20 minutes did not reflect the final score as Ivel played with spirit and opened the scoring. However Bridport dug deep and started to play as they did against Sherborne the week before.

Forwards and backs combined well and Bridport's more physical approach paved the way for a well-earned victory.

Even having a man sin binned at the end of the first-half and the first few minutes of the second didn't upset the Blues who even managed to score with a man short.

Once back up to full strength they dictated the game and were worthy of victory.

Swanage & Wareham U11 14
Bridport 73

AFTER conceding an early try an outstanding tackle from Lewis Ali changed the momentum of this match.

Bridport were now switched on and hungry for the ball. A special mention is needed here to congratulate the forwards on their performance.

They descended down on the Swans players who were soon spilling the ball worried at what was coming towards them.

Standing out from this group of five was Bridport's man-of-the-match Calum Fowler, his dedication to tackling and ball carrying resulting in three tries was leadership quality.

Fowler scored three of Bridport's 11 tries with Ryan Phillips, Seth Furner, Oliver Wills and Reuben, who also converting nine, all scoring two apiece.

How do you single one boy out when the side are playing as such a strong team? They all worked so hard for each other and as coaches and parents we are very proud to support them.

A special mention and thanks from all the team to Taelor Hopgood, a player that has really improved this season and is an inspiration to the backs who has to leave for the rest of the season.

Swanage & Wareham U10 v Bridport

APRÈS le Deluge, a beautiful sunny day for good rugby, and Bridport certainly supplied it!

Loops, feed offs, balls down the line to the wings; a veritable feast of tries.

Billy Needham retaining the ball till support arrived, made three for the pacemen, whilst fly-half Jack Handford began to make tries for his backs with astute passes, and receiving the ball in turn, scored a number himself.

Rotating positions; we don't want ' glory boy backs' not knowing what it's like at the coal-face of the scrum; the tries still came! Tegan Furner, Archie Smith and Will Smith, George Found and Jack Tozer all put their name on the score sheet.

Wareham did cross teh Bridportline with tries which came from open play because Bridport failed to make their tackles.

The team cannot expect Furner and Handford to do all their leg tackling for them. Tackling is set to be the focus of the next training session!

Swanage & Wareham U9 v Bridport

THE under 9s were low on numbers travelling to Wareham this week, so joined in amongst the Wareham players to create two mixed teams.

The Bridport boys showed great sportsmanship, getting stuck in from the start with a display of talent, despite not knowing the majority of their team mates.

Six tries from Jude Wright and four from Cosmo Slight were a result of their great skills and strong attacking play.

Player-of-the-match awards went to Wright for the best tackle of the match, and to Dillon Pirus for the best offload.

Blake looking forward to 400m challenge in Rio

WORLD champion Paul Blake is disappointed that the International Paralympic Committee (IPC) has cut the 800m event together with the 1500m from the 2016 Paralympics in Rio **WRITES STUART BROOM**

But Blake has vowed to change his mind set to try and win gold in the shorter 400m event.

The Charlton Down athlete (24) has already had great success in the one lap event having won gold in the IPC World Championships in Christchurch, New Zealand in 2011, and silver in the London 2012 Olympics and two more last year when runner-up in the World and European Championships in Lyon and Stadskanaal.

However he has always considered that the longer 800m and 1500m events suit him best.

"I'm a middle distance runner at heart not a sprinter. Getting rid of the two longer races in Rio is a real nuisance."

Blake is back in training for his first events of the year starting next month; when he competes in the T36 200m at the Birmingham Indoor Games (15th/16th February, before flying to Dubai for the first Grand Prix event of the season, the 6th FAZAA International where he will run both the T36 200m and 400m where he will be looking to obtain the qualifying time for his main goal this season, the European Championships to be held in Swansea in August.

He then returns to Berlin in June for the German Championships.

"It's not too busy this year to be honest, and although they are keeping the 800m and 1500m in the European's, I am following the Rio programme, which means I won't be competing in those. Fortunately it doesn't affect my funding which means I can concentrate on the shorter race.

"Training has been going really well. I've been injury free and am just gearing up for competition mode."

Blake will still be running against some of his fiercest rivals in Roman Pavlyk, the 30-year-old Ukranian, who won the 400m gold in the 2008 Beijing Paralympics, and Russian triple gold London 2012 medallist Evgenii Shvetcov who beat Blake into second place in the 400m with a world record time of 53.31 secs.

"There is also a Chinese runner So Wa Wai from Hong Kong who as yet has not posted a time this season but finished second in the London 2012 200m event won by Pavlyk; he will be at Birmingham."

Despite his disappointment, Blake who trains at Bath University, is still quite quick over one lap and has a great chance of clinching the elusive gold medla at the Paralympics.

"I like to think I have a chance, but I am still learning with every race I'm doing. It's a completely different race, you get a little bit more time to think tactically in the 800m.

"All the training stays the same. It's a lot less volume with the 400m, so I do get a bit more rest between the reps.

"Tactically of course it's a different mentality, and you can try and go through a set split, but you have to have run a lot of races to do that; I guess my aim initially would be 200m in 25 seconds."

■ **HOPEFUL:** Paul Blake

Hockey

WITH STUART BROOM

Davies completes remarkable comeback for Hawks

Bridgwater A 3 West Dorset Hawks 4

TRAILING 3-0 midway through the first-half, it looked as if the Bridport based Hawks recent run of good form and challenge for promotion from South East 1 had hit the buffers.

The hosts, smarting from their top of the table home defeat by Yeovil and Sherborne A last week which would have seen them go top if they had won, started well and had soon built up a 3-0 lead on fourth placed Hawks who were under extreme pressure as they looked to stay in the game.

However Robin Goodfellow gave the visitors a lifeline, and then added a second before the interval to reduce the difference to a single goal.

Remarkably the Hawks drew level after the break when Dan Wyatt scored from a short corner, and they seized the initiative as Bridgwater fell apart psychologically, arguing amongst themselves.

Alex Davies completed a superb turnaround for the Hawks with a wonder goal in the final seconds, beating two defenders before thumping the ball into the roof of the net.

The win keeps the Hawks firmly in the promotion race; now just two points behind Bridgwater in fourth place with a game in hand.

Late Marshall goal keeps West Dorset A in promotion race

WEST DORSET A 1 EAST DEVON C 1

WEST Dorset A were disappointed to drop two points in their 1-1 draw with mid-table East Devon C in South East 3 at The Sir John Colfox School on Saturday.

With both Bridgwater C and ECV Hornets winning they slipped up in theirn promotion bid, but were lucky to salvage something as they left it late to cancel out the visitors' first-half goal when George Marshall equalised two minutes from time.

◆ ***Beaminster Ladies*** picked up an easy three points when Wimborne Wayfarers cancelled their Channel Division 1 game when they were unable to raise a team, earning the Bridport-based team a regulation 5-0 win.

Bridport skittles League

CUP fixtures for week beginning Monday, January 27th

Mixed Pairs

1st Round (no byes – 4 winners each alley)

MONDAY, JANUARY 27TH

Ilchester: M & N Powell; R & S Tompkins; D & C Horton; T & S Luter; B & C Clare; S Lee & L Hart; M Huxter & C Huxter; M & E Hooper; G Brooks & J Brooks.

TUESDAY, JANUARY 28TH

Loders Arms: H & S Yeatman; S Beal & J Cake; S Smith & J Doble; A Paulley & M Doble; R Lister & C Lister; M & G Legg; R Paulley & M Paulley; M Willcox & L Powls.

WEDNESDAY, JANUARY 29TH

Bridport Football Club: K & L Groves; V & W Symonds; L & S McErlean; A & J Huxter; D & L Cowburn; N Pye & L Bowditch; R Norman & P Weekes; J Symes & N Paulley; N & Z Baggs .

THURSDAY, JANUARY 30TH

Bull: M Horton & M Hansford; P & C Cross; C Willcox & T Cornish; M Gudge & S Newman; C Hopkins & C Lambert; S Creed & L Hopkins; S Gale & N Broad; A & K Way.

Division A	Pld	Pts
Wanderers	8	16
Masters	10	12
Rockets	10	12
Shipfaced	8	12
Slingers	10	12
Broadoak	10	10
Denhay Farm	10	10
Rejects	10	10
Rough Eight	10	8
Smithys Boys	10	6
The Dingles	9	4
Nelson Nobblers	9	2

Division B	Pld	Pts
Lively Lads	9	14
Outsiders	8	12
Gerryatrics	9	11
Miss the Ball	9	10
Bangers	9	8
NBC	8	8
U Know the Blokes	7	8
Crazy Gang	8	6
Dingbats	9	6
W.Dorset Panthers	9	6
7" Clock	9	5

Division C	Pld	Pts
Mean Machine	8	12
Originals	8	12
Swimming Club	9	12
AFAR	8	8
Aussies Lot	8	8
Bulldogs	8	8
Strawpeedoes	8	6
Groundhogs	8	5
LHS	7	5
Castouts	8	4

Division D	Pld	Pts
Unknowns	9	14
Pioneers	8	10
Survivors	9	10
Countrymen	8	8
Featherbeds	8	8
Alcoholics	7	6
Let em Roll	7	6
Rob's Rebels	7	6
Whisky Chasers	7	6
Offcuts	8	4

Highest individual score: N.Pye (90 x2).

Ladies Division	Pld	Pts
Brandy Snaps	7	12
Hidden Talent	6	10
Pinbashers	7	8
Yo Yo's	6	8
Alleycats	6	6
Bad Girls	5	2
Tiger Lilies	6	2
No Problem	5	0

Highest individual score: S.Yeatman (Brandy Snaps) 82.

Bucker stable on a run

AFTER a frustrating season that was finally broken by **The Happy Warrior**'s success just before New Year and his second place a few days into 2014, there was more success for the Henley yard last week with two more horses placed.

Ballyegan who had a wretched time last season looks like he may be coming back into the form that had seen him placed in half of his 14 starts before his poor run; he was particularly hit by the virus that swept through the yard early last year.

His third place in the 3m 32Red Handicap Chase at Exeter came almost two years to the day since his last placing, and but for a bad mistake four from home he might have finished second.

Up with the leaders, he made a bad mistake four from home that sent jockey Gerald Tumelty who managed to land back in the saddle but lost his irons.

Both horse and jockey lost their momentum and about five lengths on their opponents. However he ran on well and without the mistake could have easily taken second spot.

Buckler said: "He was looking good and running well, but the mistake took his toll.

"He wouldn't have won the race, but he might have got second, and looks like he is coming back into form after a difficult period."

Tinker Time followed up in the next race, the 32Red.com Maiden Hurdle over 2m3f, and came back over the last 50 yards to snatch second place.

Having gone second five out to winner Royal Player, he was caught by the fast finishing Major Milborne who junped past him at the last.

late fightback

However, the six-year-old who has been fairly consistent in his previous five runs fought back to grab second by a nose in the last 50 yards.

Buckler was delighted by both horses, and was pleased they and Happy Warrior had justified his training methods, meaning four top three finishers in the last four races.

"As I have said, we have done nothing different this season than we did before which brought us a lot of success.

"It is disappointing; the elements have been so variable and so extreme, that there has not even been any middle ground.

As a result the conditions have meant we have not been able to run many horses because of the going which is frustrating for everyone, horses included."

Unfortunately the run of success was broken on Saturday when **Saint Peray** was pulled up after jumping the fourth last in the 2m7f Bathwick Tyres Bath Novices' Handicap Chase at Taunton.

Torrential rain made the conditions very heavy and Buckler was amazed that the meeting was on as they battled flooded roads and horrific conditions on the way to the course.

"He jumped well enough but the ground got to him as he likes fast conditions."

The weather continues to frustrate Buckler who doesn't expect any more runners for the next week or so because of the ground.

Bessford wins first match of the year

■ **LANDED:** From left to right Tony Bessford with his 1st place Flounder, Matt Parsons with his 2nd place Flounder and Oliver Male with his flounder that took 3rd.

LYME Regis Sea Angling Club held its first shore match of 2014 on Saturday and despite the torrential rain and near gale-force winds, 18 members turned out to fish the competition.

The target for the match fished at Lyme to catch the most number of species including mini-species.

The majority of anglers chose to fish from the more sheltered harbour walls, and although the fishing was hard and the conditions rough, the club still managed to catch over twenty flounder, lots of five-bearded rockling, plenty of pout, a plaice, bass, eels, whiting, and even a greedy shanny that decided it could swallow a size 4 hook!

The match was won by Tony Bessford, who also weighed in the best flounder so far this year.

Second place went to new club member Matt Parsons and Oliver Male took third place.

Football tables

Skrill South (bottom)	Pld	GD	Pts
Havant & W'ville (14th)	19	6	27
Chelmsford City	23	-18	27
Boreham Wood	22	0	24
Farnborough	22	-11	24
Whitehawk	23	-13	22
Maidenhead Utd	20	-6	21
Tonbridge Angels	19	-12	21
Gosport Borough	18	-12	15
DORCHESTER TOWN	**22**	**-34**	**15**

Calor Prem (bottom)	Pld	GD	Pts
Banbury United (9th)	25	2	37
Burnham	26	-7	37
Biggleswade Town	25	13	36
WEYMOUTH	**23**	**-4**	**36**
Hungerford Town	22	14	35
Hitchin Town	25	6	34
Redditch Utd	27	-22	34
Corby Town	22	-1	32
Truro City	26	-17	29
Frome Town	26	-22	26
St Neots Town	26	-12	22
Chippenham Town	25	-26	22
Bedford Town	27	-46	14
AFC Totten	25	-50	12
Bashley	22	-48	8

Toolstation Premier	Pld	GD	Pts
Larkhall Athletic	21	50	61
Gillingham Town	25	38	57
Bristol Manor Farm	25	43	55
Street	25	12	47
Willand Rovers	23	10	39
Odd Down	21	12	36
Cadbury Heath	23	6	36
Hallen	20	5	32
Bitton	22	1	32
Melksham Town	23	-6	32
BRIDPORT	***23***	***-1***	***27***
Brislington	20	-3	27
Buckland Athletic	22	-2	25
Longwell Green	20	-8	25
Winterbourne Utd	24	-14	23
Slimbridge	23	-15	22
Radstock Town*	23	-21	19
Sherborne Town	20	-12	17
Ilfracombe Town	19	-26	17
Hengrove Athletic	22	-25	15
Bishop Sutton	24	-44	12

Dorset Premier	Pld	GD	Pts
Merley Cobham	19	22	39
PORTLAND UNITED	***17***	***39***	***38***
Hamworthy Rec	19	38	38
WEYMOUTH RES	***20***	***26***	***38***
BRIDPORT RES	***19***	***16***	***31***
Mere Town	18	14	29
Blandford United	19	-4	27
Holt United	23	-14	27
Wareham Rangers	18	1	24
Shaftesbury Town*	22	-19	23
Swanage & Herston*	19	0	22
Tintinhull	17	-5	22
Cranborne	20	-36	20
Hamworthy Utd Res*	18	-20	18
Parley Sports	21	-25	18
Sherborne Town Res	19	-9	17
Poole Borough	20	-24	15

Senior League	Pld	GD	Pts
Chickerell Utd	12	18	29
Westland Sports	11	28	26
Sturm Marshall	10	17	24
Upwey & Broadwey	12	8	23
Corfe Mullen Utd	11	20	20
Portland Utd Res	12	1	20
Gillingham Res	12	-3	18
Witchampton Utd	11	7	17
Blandford Utd Res	12	-3	15
South Cheriton	11	-5	14
Piddlehinton Utd	15	-16	12
Sturm Newton Utd	12	-2	10
Kingston Lacy	13	-36	5
Okeford Utd	12	-34	3

Dorset Div 1	Pld	GD	Pts
Balti House	13	11	31
Milborne Sports	13	27	28
Dorchester Sports	14	18	27
Kangaroos	12	9	22
Poundbury Rovers	13	7	22
Weymouth Spartans	13	-3	22
Wincanton Town Res	11	7	19
Poole Borough Res	10	0	13
Swanage & Herst Res	13	-9	13
Bridport 3rds	12	-7	11
AFC Cobham	12	-15	11
Stourpaine	13	-15	8
Bere Regis	13	-30	4

Dorset Div 2	Pld	GD	Pts
Lytchett RT	13	47	36
Parley Sports Res	13	20	25
Portland Town	14	11	25
Portesham Utd	10	8	23
Wyke Regis SC	15	0	23
Shaftesbury Town Res	11	5	20
Corfe Castle	13	4	19
Gillingham Town A	13	0	16
Chickerell Utd Res	11	-2	15
Redlands FC	12	-2	14
Wareham Rangers Res	12	-11	11
Piddlehinton Utd	14	-21	9
Ship Inn, Wool	15	-30	10
Sturm Newton Res	11	-29	6

Dorset Div 3	Pld	GD	Pts
Stickland Utd	14	32	32
Broadstone	13	43	27
Henstridge Utd	12	7	25
Mere Town Res	12	18	21
AFC Blandford	8	18	20
Handley Sports	13	3	19
Maiden Newton & Catt	8	13	16
Stalbridge	11	-6	16
Sturm Marshall Res	12	-14	11
Bere Regis Res	10	-29	6
Portland Town Res	14	-38	6
Donhead Utd	13	-47	3

Dorset Div 4	Pld	GD	Pts
Puddletown	11	28	29
Milborne Sports Res	12	15	25
Owermoigne	11	8	21
Weymouth Spart Res	12	-3	20
Pimperne SS	13	7	19
Portland Town A	12	-2	19
AFC Cobham Res	9	2	15
UFC Poundbury	13	-5	14
Kangaroos Res	14	-14	12
Cranborne Res	11	-9	10
Corfe Mullen Utd Res	11	-12	8
South Cheriton Res	11	-15	7

Dorset Div 5	Pld	GD	Pts
Portland Utd Youth	13	29	31
Lytchett RT Youth	13	23	28
Corfe Castle Res	13	7	21
Wool & Winfrith	9	9	18
Broadstone Res	9	7	16
Marnhull	11	5	16
Portland Town B	15	-32	16
Handley Sports Res	10	6	13
Piddletrenthide Res*	11	-8	10
Okeford Utd Res	12	-25	8
Maiden Newt & C Res*	8	-21	3

Bowls

Moonfleet humbled by Rumble's trio

Bridport Indoor Bowls

PHIL Hedges, Keith Gentry and Brian Rumble gave the performance of the season in the Purbeck Trophy League as they destroyed a class Moonfleet trio 26-7.

On the other rink Peter Hunt, Bob Taylor and Ivor Parker were taking a pasting as they trailed 2-26 after 13 ends, but they fought like tigers over the last five to score ten shots for a final 12-26 scoreline, giving Bridport the four extra points for an overall win 38-33.

Moonfleet were again put to the sword in the over 60s league.

Captain Mel Griffiths led his side to their first win of the season as along with Brian Pratt and Brian Legg a 2,1,1,2,2,1 finish clinched a 14-10 victory.

Mel Hargett, Norman Eccles and Keith Jenkins secured maximum points, winning 13-11.

Lyn Craddock, Ann Parkins, John Davies and Martin Wilton took top rink award against the South Dorset Bowls Association winning 25-13.

Penny Pither, Mel Hargett, Rosie Wilton and Brian Baker finished with a three count to win 17-16, but with Brian Parker, Robin Pither, Gill Hunt and Mary Corfield, and Rose and Chris Everest, Sue Gentry and Mike Fletcher losing 5-26 and 10-23 respectively Bridport went down 57-78 overall.

◆ *BRIDPORT Bowling Club are holding a quiz night and fish and chip supper at the clubhouse in Priory Lane on Friday, January 31st.*

The cost is £8 per head for a team of four.

Doors and bar open at 7pm for a 7.30pm start.

Dorset League football

RESULTS - Janury 18th
DORSET PREMIER LEAGUE
Weymouth Reserves 2-0 Shaftesbury Town
LEAGUE CUP
Cranborne 0-4 Hamworthy Recreation
Mere Town 4-1 Poole Borough
DORSET LEAGUE DIVISION TWO
Portland Town 0-0 Piddlehinton United
Redlands FC 2-3 Wareham Rangers Res
DORSET LEAGUE DIVISION THREE
Handley Sports 3-1 Portland Town Res
DORSET LEAGUE DIVISION FOUR
Puddletown 8-0 Cranborne Res
Kangaroos Res 3-3 Milborne Sports Res
DORSET LEAGUE DIVISION FIVE
Portland Town B 0-2 Corfe Castle Res
Portland United Youth 3-0 Marhull
(all other games postponed)

FIXTURES- January 25th
FA Inter league Cup Dorset v Jersey
(at Weymouth FC - 2pm ko)
PREMIER
Blandford Utd v Shaftesbury Town
Cranborne v Bridport Res
Holt Utd v Warehame Rangers
Swanage & Herstob v Mere Town
SENIOR LEAGUE
Gillingham Town Res v Okeford United
Kingston Lacy v Sturminster Newton Utd
Piddletrenthide Utd v Witchampton Utd
Portland Utd Res v Chickerell Utd Res
South Cheriton Utd v Corfe Mullen Utd
Upwey & Broadwey v Sturminster Marshall
Westland Sports v Blandford Utd Res
DIVISION ONE
Bridport 3rds v Swanage & H Res
Stourpaine v AFC Cobham
Kangaroos v Poundbury Rovers
Milborne Sports v Weymouth Spartans
Poole Borough Res v Dorchester Sports
Balti House v Bere Regis
DIVISION TWO
Chickerell Utd Res v Corfe Castle
Parley Sports v Gillinhgham Town A
Piddlehinton Utd v The Ship Inn, Wool
Redlands FC v Portesham Utd
Shaftesbury Res v Portland Town
Sturm Newton Utd Res v Wyke Regis SC
Wareham Rangers Res v Lytchett RT
DIVISION THREE
Bere Regis Res v Stickland Utd
Maiden Newton & Catt v Hensridge Utd
Mere Town Res v Donhead Utd
Portland Town Res v AFC Blandford
Stalbridge v Handley Sports
Sturm Marshall Res v Broadstone
DIVISION FOUR
AFC Cobham Res v South Cheriton Res
Corfe Mullen Utd Res v Milborne Sports Reserves
Kangaroos Res v Weymouth Spartans
Owermoigne v Cranborne Res
Pimperne Sports v Puddletown
UFC Poundbury v Portland Town A
DIVISION FIVE
Broadstone Res v Wool & Winfrith
Handley Sports Res v Marnhull
Lytchett RT Youth v Piddletrenthide Utd Res
Portland Town B v Okeford Utd Res

DFL name squad for Jersey

DORSET Football League manager Matt Morris has named four Portland United players in his squad of 16 to play the Jersey Football Combination League in the FA Inter League Cup at the Bob Lucas Stadium, Weymouth this Saturday (ko 2pm).

The full squad is: Lewis Whyton, Adam Linaker, Alex Halloran, Ashley Smith (all Portland Und), Simon Bleazard, Aaron Sheard, George Mapletoft (all Tintinhull), Connor Jevon (Poole Borough), Tom Willis, Phil Ross, Kane Andrews, Richard Sands, Joe Wood, Luke Stone, Andy Knights (all Hamworthy Rec), Grant Cormack (Merley CS).

Bridport in semi's after shoot-out

Kingswood U14 2 Bridport Youth 2
(Bridport win 4-1 on pens aet)

BRIDPORT Youth overcame Bournemouth League club Kingswood in a tense Dorset County Cup tie, winning on penalties after the two sides had been locked at 2-2 after extra-time.

Having disposed of the other Bridport team in the previous round, Kingswood were favourites, but couldn't shake off their west Dorset opponents as Bridport came from behind twice to equalise in the last minute of each half.

In a typical good old-fashioned cup-tie, the hosts took the lead in the first-half, before Callan Laydon equalised with a great finish on the stroke of half-time.

Kingswood regained the lead in the second-half but were once again pegged back in the last minute of normal time when Laydon was brought down by the keeper when in on goal. Callum Middleton held his nerve to equalise from the penalty spot.

Both sides had their chances in extra-time before Bridport Youth won the penalty shoot-out 4-1 to earn a place in the semi-final against Portland at St Mary's on Sunday, February 9th.

Correction

WE inadvertently reported that Rosie Hart had finished second in the recent West Dorset Primary Schools Cross Country Championships race held at The Sir John Colfox School.

It should have read **Rosie Howell** of Loders School. Sorry Rosie, and well done!

Blank day for Bridport footballers

RAIN washed out all three Bridport team's fixtures on Saturday *writes Stuart Broom.*

The first team were due to travel to Odd Down, whilst the reserves were expecting to host Portland United in the quarter-final of the Dorset Premier League Cup at St Mary's.

Bridport A's Dorset League Division One clash with top of the table Balti House on the adjoining St Mary's Playing Field was similarly affected by a waterlogged pitch.

All three will be hoping to get back to business this Saturday when the first team who have yet to play this year; their last game was a 2-3 defeat at home to Gillingham Town; host another of the top sides, Bristol Manor Farm who are currently third.

With four of the Islanders named in the DFL squad to face the Jersey Football Combination League at Weymouth on Saturday, their DPL Cup match with Bridport Reserves will have to be rescheduled, which means the Bees travel to Cranborne, whilst Bridport A host Swanage Town & Herston Reserves.

Dorset football decimated by weather

ONLY seven games survived in the Dorset League. Wareham Rangers moved out of the bottom two in Division Two with a 3-2 win on the 3G pitch at Redlands Will Sonner and Sam Hurlestone scored the consolations while Portland Town and Piddlehinton United played out a 0-0 draw.

The only game to survive in Division Three saw Handley Sports defeat their visitors Portland Town Res 3-1. JohnMcKenzie was on target for Portland.

Puddletown increased their lead at the top of Division Four with an 8-0 thrashing of Cranborne Reserves; Matt Moors (2), Derek Puckett (2), Chris Read (2), Dan Belt and Matt Rimmer netted.

Milborne Sports drew 3-3 draw at Kangaroos whose goals came from Richard Beasley with a brace and one for Martin Hillier. Division Five

Portland United Youth maintained their pole position after their 3-0 win against Marnhull with goals from Luke Braund, Adam Skelton and Sam Peterson. Corfe Castle Res won 2-0 at Portland Town B.

Mollie aiming for UK squad

MOLLIE Hansford has recently been short listed for the United Kingdom Tetrathlon team.

Mollie, 17, has competed for the Cotley Pony Club since the age of 8 and had her first taste of International success last summer when selected for the England team to compete at two home internationals.

Following an individual 2nd and 5th at these events, plus a 2nd place at the National Triathlon earlier in the year, Mollie's name was put forward to the Long List and now has been short listed for a tour to Western Australia this summer.

Tetrathlon is a multi-event sport compromising pistol shooting, swimming, running and cross country riding requiring dedication and many hours of training each week which Mollie fits in alongside A Level studies at The Woodroffe School.

Mollie has recently taken up fencing with the aim to progress to Modern Pentathlon.

If she is lucky enough to be selected, Mollie will follow in the footsteps of her mum, Claire, who represented the UK at the same sport in America and Canada as a member of the winning team on both occasions.

Mollie attends a training course in April when the final decision will be made.

■ **GREAT POTENTIAL:** Mollie Hansford on her horse 'The Beeker'.

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INSIDE: Local sport round up

Terras claim points after fright - But Tivvy end cup run

by Stuart Broom
stuart@pemedia.co.uk

Arlesey Town 2 Weymouth 3
Calor Premier - att: 172

TWO goals up at the break and seemingly coasting, Weymouth had to survive an Arlesey fightback before securing three points against a side who have only tasted defeat once in their previous nine games.

Weymouth made the better start and created three or four reasonable chances, the best a Scott Walker header that just went wide, before Arseley got into the game and James Hatch brough a save from Jason Matthews..

Weymouth finally took the lead on s when Michael walker was on hand to snap up the rebound after Stuart Yetton's shot had come back off the bar.

Arseley replied with efforts from Luis Medina which was saved by Matthews, and Hatch who should have done better.

It was Weymouth who increased their lead however two minutes before the brake when Yetton thumped home a header from George Riggs' cross.

The Terras held firm at the start of the second-half as the hosts looked to get back into the game, but eventually they were breached just before the hour when Jonny MacNamara pounced to score after Jason N'Guessen's shot had rebounded to him.

Tails up the Blues went looking for an equaliser and they were rewarded ten minutes later with a spectacular scissor-kick effort from substitute Jaun Mouko Nsue on his debut.

Matthews had to be on his mettle saving from Rohdell Gordon and Kevin M'Bala as Arlesey went for victory,

But they were stunned when Weymouth were awarded a penalty just 12 minutes from time when Harold Joseph tripped Yetton, and Walker fired home the spot kick for a very useful three points.

comings and goings

◆ **Danny Clay**, who was an unused substitute, has left the club after agreeing to terminate his contract, whilst **Matt Cafer** has also left the Bob Lucas Stadium after signing a professional contract with Gibraltar Europa College in Spain.

But the ranks have been boosted by the arrival of ex-Tiverton Town, Bashley, Truro and Poole Town midfielder **Adam Kelly**.

Weymouth 1 Tiverton Town 2
Red Insure League cup R3 – att: 203

A JAMES Richards cracker saw Tiverton Town rightly progress to the fourth round of the Red Insure Cup last Tuesday.

Although Weymouth struck first, Tivvy responded to take the lead by the break and never really looked like they would surrender it.

Manager Jason Matthews shuffled his side with seven changes from the victory over Corby, but they got off to flier with a goal in two minutes, Scott Walker firing home a superb 30 yard free kick into the far top corner past stunned keeper Neil Montano.

Tiverton finally found their feet on a treacherous surface made worse by driving rain and almost equalised but Matt Cafer, replacing Matthews in goal, managed to reach Josh Concanon's angled cross and tip the ball away.

They equalised on 36 minutes when new signing George Rigg was dispossessed on the halfway line and the ball eventually found former Terras Sam Malsom.

His 16-yard shot straight at Cafer seemed fairly innocuous, but the ball slipped from his hands and another former Weymouth player Dan Smith had an easy tap-in at the far post.

Cafer redeemed himself with half-time approaching with a great save to deny Smith, but from the resultant corner the ball ran to Richards 30-yards from goal who smashed a tremendous low shot back through a crowd of players and inside Cafer's right hand post.

Tiverton comfortably stifled Weymouth's efforts to get back level in the second-half, and it needed another good Cafer save to stop them extending the lead.

■ NEW FACE: Adam Kelly

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